

# **State of Alaska FY2002 Governor's Operating Budget**

Department of Health and Social Services  
Community Mental Health Grants  
Budget Request Unit

## **Community Mental Health Grants Budget Request Unit**

**Contact: Janet Clarke, Director, Administrative Services**

**Tel:** (907) 465-1630 **Fax:** (907) 465-2499 **E-mail:** Janet\_Clarke@health.state.ak.us

### **BRU Mission**

The mission of the Division is to plan with and provide appropriate prevention, treatment and support for families impacted by mental disorders or developmental disabilities, while maximizing self-determination.

### **BRU Services Provided**

The Alaska community mental health program, through competitive grant funding to local, nonprofit health organizations, provides Alaskans with a statewide comprehensive array of outpatient, residential, and locally provided inpatient mental health services. Annually, these services benefit in excess of 20,000 persons suffering from mental illness or severe emotional dysfunction in Alaska.

The Community Mental Health Grants BRU has five components - General Community Health Grants, Psychiatric Emergency Services, Designated Evaluation and Treatment, Services to the Chronically Mentally Ill, and Services for Seriously Emotionally Disturbed Youth. The five component budget structure is the primary way the program assures that mental health services are provided to the most severely disabled priority populations. Each component provides funding for an identified population or program.

### **BRU Goals and Strategies**

- 1) PROVIDE AN ARRAY OF COST-EFFECTIVE COMMUNITY MENTAL HEALTH SERVICES THROUGHOUT THE STATE.
  - Provide assistance to local communities to help plan, develop and maintain services.
  - Provide oversight of the quality and quantity of services provided.
- 2) PROVIDE FOR CONSUMER INPUT IN THE PLANNING, DEVELOPMENT, OPERATION, AND MONITORING OF THE COMMUNITY MENTAL HEALTH SERVICES.
  - Involve consumers in all phases of program planning and implementation.
  - Involve consumers in the grant award process as active Proposal Evaluation Committee members.
  - Involve consumers in the monitoring or investigation of the quality of services provided.

### **Key BRU Issues for FY2001 – 2002**

The Division will be seeking new mental health legislation on four fronts.

- We are pursuing expansion of the categories of mental health professionals allowed to provide ex-parte psychiatric evaluations under AS 47.30 to include licensed marriage and family therapists, and licensed professional counselors. This practical measure is necessary because in most areas of the state, particularly during off hours, a psychiatrist or clinical psychologist may not be available to complete the assessment. In rural areas, a clinician of that level may not be available at all.
- The Division seeks enactment of legislation establishing standards for Assisted Living Home (ALH) facilities, and requiring that all ALHs seeking State funding be licensed and regulated by the State.
- The current DET statutes include a sunset clause which will become effective June 30, 2001. Rather than lose the program, the Division will seek removal of this clause.
- Finally, the Division hopes to alter the current confidentiality statutes to require Division notification by provider agencies if a consumer is known to be missing, seriously injured, or deceased. We will also pursue language that clarifies the legality of providers' submission of mental health consumer client data.

Committees of stakeholders are developing new service requirements and standards for the Services to the Chronically Mentally Ill and Services to the Severely Emotionally Disturbed Youth components for FY02 and 03. These standards will be included in the FY02 - 03 RFP as requirements to receive a grant from either program.

As a part of the Department's grants re-engineering/improvement process, the Alaska Youth Initiative (AYI) program will initiate a fee-for-service pilot beginning July 1, 2001. There is an increment request for increased funding for the 13 smallest CMHC's. These funds will provide a basic infrastructure of two clinicians, travel and necessary support.

### Major BRU Accomplishments for FY2000

In FY 2000, mental health services were provided to over 20,000 people in Alaska suffering from mental illness or severe emotional dysfunction. Services were provided through 60+ grantee agencies and an array of for-profit physicians, hospitals and transportation services. The 20,000 figure includes some clients who were provided services through more than one of the components listed below, and is an estimated unduplicated head count.

### Key Performance Measures for FY2002

**Measure: Increase the percentage of mental health consumers receiving services who show improved functioning as a result of the services. (SB 281, modified)**

*(Developed jointly with Legislature in FY2000.)*

**Current Status:**

In FY00, 20% of those consumers sampled showed improved functioning (higher GAF score) between initial intake and final contact. Given the serious nature of chronic mental illness, a great deal of improvement is not expected. Instead the focus of treatment is to maintain consumers' current level of functioning and to avoid the need for inpatient treatment.

**Benchmark:**

FY99 benchmark was 0% showing improved functioning (higher GAF score) as a result of services. Percentage is not necessarily a reflection on services but more probably related to the very small sample size; the Division struggled with grantee data submission issues.

### Status of FY2001 Performance Measures

	<i>Achieved</i>	<i>On track</i>	<i>Too soon to tell</i>	<i>Not likely to achieve</i>	<i>Needs modification</i>
<ul style="list-style-type: none"> <li>Increase the percentage of mental health consumers receiving services who show improved functioning as a result of the services. (SB 281, modified)</li> </ul>		X			

**Community Mental Health Grants  
BRU Financial Summary by Component**

*All dollars in thousands*

	FY2000 Actuals				FY2001 Authorized				FY2002 Governor			
	General Funds	Federal Funds	Other Funds	Total Funds	General Funds	Federal Funds	Other Funds	Total Funds	General Funds	Federal Funds	Other Funds	Total Funds
<b>Formula Expenditures</b> None.												
<b>Non-Formula Expenditures</b>												
General Comm Mental Hlth Grnts	780.8	0.0	233.6	1,014.4	1,236.5	0.0	909.0	2,145.5	773.8	64.0	550.0	1,387.8
Psychiatric Emergency Svcs	5,976.9	124.9	0.0	6,101.8	5,455.1	1,554.5	250.0	7,259.6	6,525.6	1,554.5	250.0	8,330.1
Svcs/Chronically Mentally Ill	10,868.6	308.5	371.3	11,548.4	10,801.4	394.5	628.3	11,824.2	12,324.9	1,972.8	1,414.8	15,712.5
Designated Eval & Treatment Svcs/Seriously Emotion Dst Yth	1,119.3	782.2	0.0	1,901.5	1,046.3	1,279.7	0.0	2,326.0	1,146.3	724.9	200.0	2,071.2
	5,841.1	0.0	1,209.8	7,050.9	6,219.4	0.0	1,337.0	7,556.4	6,219.4	57.7	1,137.0	7,414.1
<b>Totals</b>	<b>24,586.7</b>	<b>1,215.6</b>	<b>1,814.7</b>	<b>27,617.0</b>	<b>24,758.7</b>	<b>3,228.7</b>	<b>3,124.3</b>	<b>31,111.7</b>	<b>26,990.0</b>	<b>4,373.9</b>	<b>3,551.8</b>	<b>34,915.7</b>

**Community Mental Health Grants**

**Proposed Changes in Levels of Service for FY2002**

- 1) There will be increased service capacity in the 13 smallest CMHC's.
- 2) There will be a single point of entry established in Anchorage.

**Community Mental Health Grants**

**Summary of BRU Budget Changes by Component**

**From FY2001 Authorized to FY2002 Governor**

*All dollars in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2001 Authorized</b>	<b>24,758.7</b>	<b>3,228.7</b>	<b>3,124.3</b>	<b>31,111.7</b>
<b>Adjustments which will continue current level of service:</b>				
-General Comm Mental Hlth Grnts	-462.7	64.0	-459.0	-857.7
-Psychiatric Emergency Svcs	765.0	0.0	0.0	765.0
-Svcs/Chronically Mentally Ill	857.2	1,578.3	459.0	2,894.5
-Designated Eval & Treatment	0.0	-554.8	0.0	-554.8
-Svcs/Seriously Emotion Dst Yth	0.0	57.7	0.0	57.7
<b>Proposed budget decreases:</b>				
-Svcs/Seriously Emotion Dst Yth	0.0	0.0	-200.0	-200.0
<b>Proposed budget increases:</b>				
-General Comm Mental Hlth Grnts	0.0	0.0	100.0	100.0
-Psychiatric Emergency Svcs	305.5	0.0	0.0	305.5
-Svcs/Chronically Mentally Ill	666.3	0.0	327.5	993.8
-Designated Eval & Treatment	100.0	0.0	200.0	300.0
<b>FY2002 Governor</b>	<b>26,990.0</b>	<b>4,373.9</b>	<b>3,551.8</b>	<b>34,915.7</b>