

State of Alaska FY2002 Governor's Operating Budget

Department of Health and Social Services
Residential Child Care
Component

Component: Residential Child Care

Contact: Janet Clarke, Director, Administrative Services
Tel: (907) 465-1630 **Fax:** (907) 465-2499 **E-mail:** janet_clarke@health.state.ak.us

Component Mission

The mission of the Division of Family and Youth Services is to protect children who are abused and neglected or at risk of abuse and neglect.

Component Services Provided

Services in this component are directed at providing 24-hour care for children in the custody of the Department who are not able to remain in their own home or who need more structure and treatment than can be provided in foster care. The Department provides a continuum of six levels of residential treatment ranging from day treatment to intensive residential diagnostic treatment center services. Children and youth placed in residential care often present severe and complex treatment problems such as sexual abuse, sexually aggressive behavior, substance abuse, severe emotional disorders, delinquent behavior, and other dysfunctional behavior.

Residential care services are purchased from private providers throughout the state via a competitive grant process described in AS 47.40.011. Services include day treatment, emergency shelter, group home care, intensive residential treatment centers, residential psychiatric treatment centers and residential diagnostic treatment centers. Increments are also provided to residential centers that provide specialization such as sex offender treatment. Additional services, which are funded out of this component, include medical care, dental care, additional staffing, and client staffing.

When the necessary level of care is not available within the state, services are purchased from out-of-state providers. Out-of-state providers are approved Alaska Medicaid providers of residential psychiatric treatment in both secure and non-secure settings.

Component Goals and Strategies

1) **PROVIDE SAFE AND APPROPRIATE 24-HOUR RESIDENTIAL AND GROUP HOME CARE FOR ABUSED AND NEGLECTED CHILDREN IN STATE CUSTODY IN ACCORDANCE WITH STATE LAW:**

- The Department is mandated by State law (AS 47.14.100) to provide for the "...care of every child committed to its custody by placing the child in a foster home or in the care of an agency or institution providing care for children inside or outside the state."
- The Department, through the Division of Family & Youth Services issues Residential Care grants to non-profit agencies on a competitive basis to provide high quality, time limited residential treatment services for abused, neglected, and delinquent children. These children have complex treatment issues which require specialized professional treatment and 24-hour adult supervision that cannot be provided by the child's parents, relatives, or through foster care.
- The goal for children in residential care is to develop the ability to cope with their abuse histories and develop social skills, which will enable them to succeed in either kinship care or some other less restrictive alternative such as foster care.
- Guide abused children through the use of various behavioral modification techniques, positive peer relationships, and trust development in order to reduce the level of anger that is indicated in most cases, and reduce the number of abused children who commit delinquent acts and consequently are transferred to the juvenile corrections system.
- For the population of children who are adjudicated delinquent, the residential child care goal is two-pronged. The first goal is to identify past abuse, which exists in many delinquent cases, and to develop an individualized plan of care to address those issues. The second goal is to hold the juvenile offender accountable for his/her conduct and equip the

juvenile with the skills needed to live responsibly within the community. The overall goal is to ensure success in this level of care in order to avoid further violations of criminal law and placement in a long-term correctional center.

- Residential care providers are located throughout the State, and the Department makes every effort possible to provide residential child care services as close to a child's home community as possible so that the child's parents and significant others can be involved in the treatment process.
- The Department contracts with out-of-state residential psychiatric treatment facilities to provide treatment for children in State custody when treatment is unavailable in Alaska.

Key Component Issues for FY2001 – 2002

The Department is currently in the process, through DFYS, of generating regulations for psychiatric residential care in both secure and semi-secure settings. The public comment period for the proposed regulations has ended and the Department is in the process of reviewing those comments in light of potential revisions to the drafted regulations. It is anticipated that these regulations will take effect sometime early in calendar year 2001. The potential of being able to provide secure residential care within the state may have future impact on the number of out-of-state placements that are currently occurring.

Residential Care Bed Capacity: For FY2001, the Department has purchased approximately 256 treatment beds providing a continuum of six levels of residential treatment ranging from day treatment to intensive residential diagnostic treatment center services. The current foster care system is overcrowded, with many foster care children that experience severe emotional and behavioral problems. These children often fail in foster home settings, resulting in multiple placements for children and often the loss of foster homes. For many of these children, group care, a treatment environment with 24-hour professional staff, is a more appropriate placement.

Major Component Accomplishments for FY2000

1) THE DEPARTMENT PROVIDED SIX LEVELS OF RESIDENTIAL CARE:

The Department's Residential Child Care programs provided a continuum of 6 levels of care based on the assessed need of the individual child and the availability of bed space.

Category I Day/Early Evening Treatment Programs: The Department purchased 23 Category I day/early evening treatment beds, located in Anchorage and Kodiak, for FY2001. Category I provides an intensive late afternoon and early evening program of structured, supervised, rehabilitative activities for children and youth with behavioral and emotional problems who, with coordinated services to them and their families, can be maintained in their own homes or in foster care, either as an alternative to out-of-home placement, or as part of an aftercare plan for children and youth currently in placement.

Category II Emergency Shelter: The Department purchased 91 Category II Emergency Shelter treatment beds, located throughout the state, for FY2000. Category II Emergency Shelter treatment provides temporary residential care for children who are in immediate danger in their present environment or for those children who are not committable to Alaska Psychiatric Institute or a detention facility and for whom no other satisfactory plan can be found immediately. Emergency shelter projects are generally for children ages 12 to 18 in crisis due to recent abuse, neglect, or delinquency and have recently been removed from their family home or other placement. The emergency shelter assists in resolving the crisis, stabilizes the child, and assists in the planning for the child's return home or placement in alternative care.

Category III Specialized Residential Care: The Department purchased 80 Category III Specialized Residential Care treatment beds, located throughout the state, for FY2000. Specialized residential care comprises a range of services from basic residential child care to residential child care for children with specialized service needs such as emotional disturbance, behavioral dysfunction, sexual offending, and preparation for emancipation. Category III provides children with a variety of treatment options and special services such as sex offender treatment, programs for emotionally disturbed children, and programs for children exhibiting dysfunctional behavior.

Category IV Intensive Residential Treatment: The Department purchased 20 Category IV Intensive Residential Treatment beds, located in Juneau and Anchorage, for FY2000. Category IV programs provide 24 hour treatment for children with emotional and behavioral disorders that cause them to be a danger to themselves or others. Children typically will have a clinical history of conduct disorder, oppositional defiant, Fetal Alcohol Syndrome, or Fetal Alcohol Effected. Services are provided in a facility which includes an on-ground certified school and a highly structured, staff intensive program. This level of service is provided for children who are in need of and are able to respond to psychotherapeutic intervention and who cannot be treated effectively in their own family, a foster home, or in a less restrictive and structured setting.

Category V Residential Psychiatric Treatment Center Services: The Department purchased 36 Category V Residential Psychiatric Treatment Center Services treatment beds, located in Anchorage, for FY2001. Residential Psychiatric Treatment Center Programs provide 24 hour interdisciplinary, psychotherapeutic treatment for children with severe emotional or behavioral disorders.

Category VI: Residential Diagnostic Treatment Center Services: The Department purchased 6 Category VI Residential Treatment Center Services beds, located in Anchorage, for FY2001. This program provides structured supervision 24-hours per day, seven days per week by professional staff. Treatment services include: crisis intervention; diagnosis (i.e. behavioral, health, mental health, substance abuse, etc.); identifying the child's risk level (i.e. chronic, episodic or manageable); behavioral stabilization and management; comprehensive treatment planning focused on aftercare and the child's long-term needs; and short term (3-6 months) residential care.

2) THE DEPARTMENT HAS ESTABLISHED A UNIFORM STATEWIDE PROTOCOL FOR OPERATION OF DEPARTMENTAL REGIONAL RESIDENTIAL PLACEMENT COMMITTEES:

The Department has established a uniform statewide protocol for operation of Departmental Regional Residential Placement Committees to assure necessary expertise and resources are devoted to planning and providing appropriate services for children in Department custody who require residential treatment. Establishment of these Residential Placement Committees assures the best utilization of available residential treatment resources to meet the needs of children in State custody. This process also establishes concrete steps for continued development of a seamless and integrated system of care for children in State custody, focusing especially on those who require residential treatment and on planning systematically to assure limited resources are focused to effectively meet the needs of those children.

3) PSYCHIATRIC NURSE PROGRAM:

The Division of Family and Youth Services has four Psychiatric Nurses, one assigned to each region. The Psychiatric Nurses serve as chair of the Regional Placement Committee in order to determine if medical necessity for psychiatric residential services is met. They receive and review referral packets from Social Workers and Juvenile Probation Officers for all referrals to the Regional Placement Committee. The nurses assist each child's worker in monitoring the progress of children from the region placed in out of state facilities and monitor these placements by conducting site reviews and reviewing children's treatment goals, discharge plans and medication management. They also assist the worker, child, and child's family with transition back to the community.

Statutory and Regulatory Authority

AS 47.05	Administration of Welfare, Social Services, and Institutions.
AS 47.10	Children in Need of Aid.
AS 47.17	Child Protection.
AS 47.30	Mental Health Trust Authority
AS 47.40	Purchase of Services.
7 AAC 53 Article 1	Child Care Foster Care Payments.
7 AAC 53 Article 3	Children in Custody or Under Supervision : Needs and Income.
7 AAC 43.500-43.599	Medical Transportation Services; Inpatient Psychiatric Services
7 AAC 50	Family and Youth Services
7 AAC 78	Grant Programs
Titles IV-E, IV-B, IV-D and XIX of the Social Security Act	

Key Performance Measures for FY2002

Measure: The performance measure for this component is set up at the BRU level. Please see the performance measures under the Purchased Services BRU.
(Not yet addressed by Legislature.)

Status of FY2001 Performance Measures

	<i>Achieved</i>	<i>On track</i>	<i>Too soon to tell</i>	<i>Not likely to achieve</i>	<i>Needs modification</i>
<ul style="list-style-type: none">The performance measure for this component is set up at the BRU level. Please see the performance measures under the Purchased Services BRU.			X		

Residential Child Care
Component Financial Summary

All dollars in thousands

	FY2000 Actuals	FY2001 Authorized	FY2002 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Contractual	216.5	206.3	106.3
74000 Supplies	0.0	0.0	0.0
75000 Equipment	0.0	0.0	0.0
76000 Land/Buildings	0.0	0.0	0.0
77000 Grants, Claims	12,044.2	12,141.6	13,016.6
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	12,260.7	12,347.9	13,122.9
Funding Sources:			
1002 Federal Receipts	424.9	625.0	625.0
1003 General Fund Match	571.9	580.2	580.2
1004 General Fund Receipts	6,111.2	7,086.4	7,086.4
1007 Inter-Agency Receipts	625.0	0.0	775.0
1037 General Fund / Mental Health	3,800.9	3,956.3	3,956.3
1092 Mental Health Trust Authority Authorized Receipts	236.9	100.0	100.0
1119 Tobacco Settlement	489.9	0.0	0.0
Funding Totals	12,260.7	12,347.9	13,122.9

Estimated Revenue Collections

Description	Master Revenue Account	FY2000 Actuals	FY2001 Authorized	FY2001 Cash Estimate	FY2002 Governor	FY2003 Forecast
Unrestricted Revenues						
None.		0.0	0.0	0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0	0.0	0.0
Restricted Revenues						
Federal Receipts	51010	424.9	625.0	625.0	625.0	625.0
Interagency Receipts	51015	625.0	0.0	0.0	775.0	275.0
Mental Health Trust Authority Auth.Recs.	51410	236.9	100.0	100.0	100.0	100.0
Restricted Total		1,286.8	725.0	725.0	1,500.0	1,000.0
Total Estimated Revenues		1,286.8	725.0	725.0	1,500.0	1,000.0

Residential Child Care

Proposed Changes in Levels of Service for FY2002

The Department, through the Division of Family and Youth Services and in coordination with current residential care providers, determined that the current categorical definitions of residential care needed to be reexamined. Through this collaborative effort, proposed changes to the levels of care are under review. It is anticipated these changes will go into effect in FY2002.

A residential care grant has been awarded to Family Centered Services of Alaska to provide Residential Diagnostic Treatment services to children and youth in Fairbanks. The program will begin in FY2002 upon completion of building modifications that must be made to the facility.

No other significant service changes have occurred in this component.

Summary of Component Budget Changes

From FY2001 Authorized to FY2002 Governor

All dollars in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2001 Authorized	11,622.9	625.0	100.0	12,347.9
Proposed budget decreases:				
-MHTAAR reduction to reflect end of project funding for the Fairbanks RDT	0.0	0.0	-100.0	-100.0
Proposed budget increases:				
-Establish Five-Bed Mental Health Stabilization Home	0.0	0.0	375.0	375.0
-Increase I/A receipts for education costs for children in out-of-state residential treatment.	0.0	0.0	500.0	500.0
FY2002 Governor	11,622.9	625.0	875.0	13,122.9