

**State of Alaska  
FY2003 Governor's Operating Budget**

**Department of Health and Social Services  
Healthy Families  
Component Budget Summary**

## **Component: Healthy Families**

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### **Component Mission**

To reduce the incidence and severity of the abuse and neglect experience by the target children and families enrolled in the program. Additionally, the program seeks to assist families in resolving the problems and issues, such as unemployment, homeless and substance abuse, that creates stress in family's lives. We seek to increase capacity of caregivers to more successfully parent their children.

### **Component Services Provided**

This is a child abuse/neglect prevention grant program currently serving seven communities/target groups (two in Anchorage) state-wide. One additional site, the Kenai Parent Support Program, is administered through the Section of Public Health Nursing. The programs screen all births in their designated service area; those families with positive screens are offered an assessment of eligibility for voluntary home visiting services. Paraprofessional home visitors, from the community in which the program is located, offer families of pregnant women and newborns who have significant life stressors, intensive services designed to enhance the parent's ability to provide a safe and nurturing environment for the infant(s). Services are provided for up to 3-5 years. Initially services are offered at least once a week; as families stabilize, service frequency decreases.

### **Component Goals and Strategies**

Healthy Families Alaska is a home visiting program for pregnant women/families of newborns with life stressors that place their infants at risk for child abuse and neglect and other poor childhood outcomes. Services, offered intensively and over the long term (three to five years), are designed to promote infant-parent bonding, child health and development, supportive parenting, and family self-sufficiency. Programs screen and assess all pregnant women/parents of newborns in the geographic area served by the program; those with significant stressors are offered voluntary home visiting services. Examination of data from February 1998 reveals that the program is targeting high-risk parents. Of approximately 350 families enrolled in the program for greater than 90 days: 37% were on the Alaska Temporary Assistance Program (ATAP); 17% had domestic violence concerns; 38% were experiencing social isolation; 32% had mental health issues as a concern; 36% had not completed a GED or high school education; 68% were unemployed; 61% were on Medicaid; 15% were experiencing substance abuse.

Forty-six percent of the families enrolled in the HFAK program have been receiving services for greater than 12 months. The following promising outcomes have been achieved: 23% of primary care givers (usually mothers) have become employed or started school; 26% have graduated from ATAP; 31% of those who felt isolated, are no longer experiencing isolation; 15% had stabilized their mental health issues; and 10% had completed their GED or graduated from high school.

MCFH has issued a contract with Johns Hopkins University to perform a control group study of the program and demonstrate program efficiency.

### **Key Component Issues for FY2002 – 2003**

The John Hopkins randomized control study will continue to study the effectiveness of the Healthy Family model against a control group and information generated will assist staff in improving services.

Continue to pursue long term, sustainable program funding.

### **Major Component Accomplishments in 2001**

Have seven highly functioning programs located throughout the state.

The Hopkins control study has enrolled 100% of the case and control group and are collecting data from both groups.

**Statutory and Regulatory Authority**

AS 18.05.010-070

Administration of Public Health and Related Laws

## Healthy Families

### Component Financial Summary

All dollars in thousands

	FY2001 Actuals	FY2002 Authorized	FY2003 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	221.9	221.3	261.3
72000 Travel	0.0	0.0	0.0
73000 Contractual	100.0	100.0	100.0
74000 Supplies	0.0	0.0	0.0
75000 Equipment	0.0	0.0	0.0
76000 Land/Buildings	0.0	0.0	0.0
77000 Grants, Claims	907.1	979.3	979.3
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>1,229.0</b>	<b>1,300.6</b>	<b>1,340.6</b>
<b>Funding Sources:</b>			
1002 Federal Receipts	0.0	0.0	33.1
1004 General Fund Receipts	1.8	1.8	1.8
1007 Inter-Agency Receipts	1,123.0	1,198.8	1,205.7
1053 Investment Loss Trust Fund	1.5	0.0	0.0
1092 Mental Health Trust Authority Authorized Receipts	100.0	100.0	100.0
1108 Statutory Designated Program Receipts	2.7	0.0	0.0
<b>Funding Totals</b>	<b>1,229.0</b>	<b>1,300.6</b>	<b>1,340.6</b>

### Estimated Revenue Collections

Description	Master Revenue Account	FY2001 Actuals	FY2002 Authorized	FY2002 Cash Estimate	FY2003 Governor	FY2004 Forecast
<b>Unrestricted Revenues</b>						
None.		0.0	0.0	0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>						
Federal Receipts	51010	0.0	0.0	0.0	33.1	33.1
Interagency Receipts	51015	1,123.0	1,198.8	1,123.0	1,205.7	1,205.7
Statutory Designated Program Receipts	51063	2.7	0.0	0.0	0.0	0.0
Investment Loss Trust Fund	51393	1.5	0.0	0.0	0.0	0.0
Mental Health Trust Authority Auth.Rec.	51410	100.0	100.0	100.0	100.0	100.0
<b>Restricted Total</b>		<b>1,227.2</b>	<b>1,298.8</b>	<b>1,223.0</b>	<b>1,338.8</b>	<b>1,338.8</b>
<b>Total Estimated Revenues</b>		<b>1,227.2</b>	<b>1,298.8</b>	<b>1,223.0</b>	<b>1,338.8</b>	<b>1,338.8</b>

## Healthy Families

### Proposed Changes in Levels of Service for FY2003

No service changes.

### Summary of Component Budget Changes From FY2002 Authorized to FY2003 Governor

*All dollars in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2002 Authorized</b>	<b>1.8</b>	<b>0.0</b>	<b>1,298.8</b>	<b>1,300.6</b>
<b>Adjustments which will continue current level of service:</b>				
-Year 3 Labor Costs - Net Change from FY2002	0.0	1.1	6.9	8.0
-Federal authority in from Community Health/Emergency Medical Services ADN 0620002	0.0	32.0	0.0	32.0
<b>FY2003 Governor</b>	<b>1.8</b>	<b>33.1</b>	<b>1,305.7</b>	<b>1,340.6</b>

## Healthy Families

### Personal Services Information

	Authorized Positions		Personal Services Costs	
	<u>FY2002</u> <u>Authorized</u>	<u>FY2003</u> <u>Governor</u>		
Full-time	5	5	Annual Salaries	189,026
Part-time	0	0	COLA	3,972
Nonpermanent	0	0	Premium Pay	0
			Annual Benefits	76,252
			<i>Less 2.95% Vacancy Factor</i>	(7,950)
			Lump Sum Premium Pay	0
<b>Totals</b>	<b>5</b>	<b>5</b>	<b>Total Personal Services</b>	<b>261,300</b>

### Position Classification Summary

Job Class Title	Anchorage	Fairbanks	Juneau	Others	Total
Administrative Clerk II	1	0	0	0	1
Public Health Nurse Aide	0	0	0	3	3
Public Health Nurse II	0	0	0	1	1
<b>Totals</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>5</b>