

# **State of Alaska FY2006 Governor's Operating Budget**

## **Department of Health and Social Services Services for Severely Emotionally Disturbed Youth Component Budget Summary**

**Component: Services for Severely Emotionally Disturbed Youth**

**Contribution to Department's Mission**

To protect and improve the quality of life for consumers impacted by mental disorders or illness.

**Core Services**

The Services for Severely Emotionally Disturbed Youth component provides competitive grant funding to community mental health agencies for a range of services for severely emotionally disturbed youth and their families, and for those youth who are at risk of becoming severely emotionally disturbed. The core services provided are assessment, psychotherapy, chemotherapy, case management and rehabilitation. Specialized services include individual skill building, day treatment, home-based therapy and residential services.

**FY2006 Resources Allocated to Achieve Results**

<b>FY2006 Component Budget: \$6,895,400</b>	<b>Personnel:</b>	
	Full time	0
	Part time	0
	<b>Total</b>	<b>0</b>

**Key Component Challenges**

An increasing number of children have been placed in out-of-state residential psychiatric centers. System stakeholders are aligned in their desire to reverse this trend, and thus as a part of the Bring the Kids Home Initiative (BTKH), the Department will be initiating a number of actions. Some of these include collaborative stakeholder work groups, which include planning board staff, state staff, agency staff and parent advocates. These groups are collaborating to develop projects and obtain funding through the Alaska Mental Health Trust Authority and the State of Alaska for specific BTKH focused projects to be implemented in FY06. Funded projects include: improving existing gate keeping processes and incorporating new gate keeping and care coordination structures focused on non-custody children; working with partners to develop additional capacity at each level of service in order to serve more children in-state; stepping children down to less intensive services as quickly as it is appropriate; and developing the entire continuum of care to meet long-term system needs.

In the children’s mental health system, there is an increasing focus on infant and young children's needs. An ongoing challenge is to identify funding support for early intervention and prevention activities. The integration of substance abuse and mental health provides an opportunity to leverage prevention activities by pooling resources.

**Significant Changes in Results to be Delivered in FY2006**

Through the Co-Sig grant and the Bring the Kids Home (BTKH) initiative, the state has launched a major redesign of the service delivery system, with a specific focus on improving the system of care for children. Through this initiative, federal grant funding, state funding, and Alaska Mental Health Trust Authority funding will provide the funding bridge needed to start new programs. Funding now covering the cost of out-of-state care will be reinvested into the in-state service delivery system.

Projects during FY06 will include: continued integration of substance abuse and mental health delivery systems; new standardized assessment tools; new gate keeping and care coordination mechanisms for residential care usage; development of additional instate residential care capacity; development of additional crisis preschool, foster, and group

home capacity; and, an increase in school-based and day treatment services as well as establishing a pool of individualized funding to address funding gaps in the current system. Funding to develop in-state crisis preschools and/or stabilization homes for very young children was also allocated. Other BTKH priorities include developing additional day treatment services. The BTKH projects prioritize enhancement of community based services to reach children earlier and in less restrictive settings. These changes will allow children and families to receive services closer to home, in less restrictive environments, and more effectively.

An additional focus during FY06 will be development of a state trauma initiative. The high rates of domestic violence, abuse, suicide, and accidental death and injury in Alaska make this a priority for Alaskan children and families. Alaska is in the process of obtaining technical assistance in developing this initiative.

## Major Component Accomplishments in 2004

The division launched into a major redesign of the children's service delivery system with close participation by stakeholder groups. This redesign is currently underway. During FY04 and FY05, bridge and capital funding requests related to this system redesign were made to the Alaska Mental Health Trust Authority (AMHTA) and to the US Congressional Delegation. During FY04, a funding request to the AMHTA was approved to initiate work on care coordination and gate keeping and to develop a standardized level of care assessment tool. A major accomplishment during FY05 was approval of funding by the AMHTA for a number of additional projects. The Congressional Delegation has yet to appropriate the requested funding. Other accomplishments during FY04 and FY05 included on-going work on priority projects: regional traumatic brain injury trainings, integration of substance abuse and mental health service delivery systems, and issuance of new grant offerings focused on developing evidence based practices. One such grant will develop individualized services for seriously emotionally disturbed children with fetal alcohol spectrum disorders.

During FY04, the division developed a memorandum of agreement (MOA) with the Department of Education and Early Development (DEED) and the Division of Juvenile Justice (DJJ) to ensure coordination of efforts serving children with mental health service needs. During FY05 the division drafted (and soon will finalize) a new memorandum of agreement regarding the in-state placement and out of state psychiatric treatment of children experiencing severe emotional disturbances between the Division of Behavioral Health (DBH), Office of Children's Services (OCS), DJJ and DEED. This will facilitate the ongoing work around gate keeping and care coordination that began in FY04 and that the collaborative work groups continue to develop in FY05. This MOA will be revisited as the work group develops new structures and/or processes to better manage residential care during FY05 and FY06.

Another accomplishment during FY04 & FY05 was the establishment of new collaborative planning processes, integrating stakeholder feedback and participation into system redesign activities. These processes included the Bring the Kids Home (BTKH) joint work groups described earlier, but also a joint planning process with the Alaska Mental Health Board and the Advisory Board on Alcohol and Drug Abuse and a new DHSS internal policy group focused on children's issues. In addition, the division developed new website capabilities to allow stakeholder review and feedback on work group activities.

During FY05, the division requested technical assistance from the National Association State Mental Health Program Directors Technical Assistance Center to develop a trauma initiative around seclusion and restraint issues. Their representative came to Alaska to present at the Alaska Prevention and Treatment Symposium and also spent a day meeting with DBH staff and with Alaskan providers.

## Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

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**Services for Severely Emotionally Disturbed Youth  
Component Financial Summary**

*All dollars shown in thousands*

	FY2004 Actuals	FY2005 Management Plan	FY2006 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	0.0	252.0	450.0
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	3,033.9	4,550.4	6,445.4
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>3,033.9</b>	<b>4,802.4</b>	<b>6,895.4</b>
<b>Funding Sources:</b>			
1002 Federal Receipts	0.0	219.2	219.2
1004 General Fund Receipts	592.4	687.0	687.0
1037 General Fund / Mental Health	2,441.5	3,796.2	3,796.2
1092 Mental Health Trust Authority Authorized Receipts	0.0	100.0	2,058.0
1156 Receipt Supported Services	0.0	0.0	135.0
<b>Funding Totals</b>	<b>3,033.9</b>	<b>4,802.4</b>	<b>6,895.4</b>

**Estimated Revenue Collections**

Description	Master Revenue Account	FY2004 Actuals	FY2005 Management Plan	FY2006 Governor
<b>Unrestricted Revenues</b>				
None.		0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>				
Federal Receipts	51010	0.0	219.2	219.2
Receipt Supported Services	51073	0.0	0.0	135.0
<b>Restricted Total</b>		<b>0.0</b>	<b>219.2</b>	<b>354.2</b>
<b>Total Estimated Revenues</b>		<b>0.0</b>	<b>219.2</b>	<b>354.2</b>

**Summary of Component Budget Changes  
From FY2005 Management Plan to FY2006 Governor**

*All dollars shown in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2005 Management Plan</b>	<b>4,483.2</b>	<b>219.2</b>	<b>100.0</b>	<b>4,802.4</b>
<b>Proposed budget increases:</b>				
-Bring the Kids Home Community- Based Services	0.0	0.0	2,093.0	2,093.0
<b>FY2006 Governor</b>	<b>4,483.2</b>	<b>219.2</b>	<b>2,193.0</b>	<b>6,895.4</b>