# State of Alaska FY2006 Governor's Operating Budget

# Department of Health and Social Services Residential Child Care Component Budget Summary

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#### **Component: Residential Child Care**

#### **Contribution to Department's Mission**

The Residential Child Care component provides 24-hour care for children in the custody of the State who are not able to remain in their own home or who need more structure and treatment than can be provided in foster care. These children and youth often present severe and complex treatment problems such as sexual abuse, sexually aggressive behavior, substance abuse, severe emotional disorders, delinquent behavior, and other dysfunctional behavior.

#### **Core Services**

Residential care services are purchased from private providers throughout the state and include emergency stabilization and assessment centers, intensive residential treatment centers, residential diagnostic treatment centers and residential psychiatric treatment centers. Grants are also provided to residential centers that provide specialized services such as sex offender treatment and substance abuse treatment.

When the necessary level of care is not available within the state, services are purchased from out-of-state providers. Out-of-state providers are approved Alaska Medicaid providers of residential psychiatric treatment in both secure and non-secure settings.

Residential Care is operated on an unconditional care model, meaning programs are not to discharge clients or refuse their placement unless the child presents an "imminent risk of harm to themselves or others."

FY2006 Resources Allocated to Achieve Results				
FY2006 Component Budget: \$5,402,900	<b>Personnel:</b> Full time	0		
	Part time	0		
	Total	0		

#### **Key Component Challenges**

*Need for Additional Residential Care Beds:* The division intends to purchase additional residential care beds to serve children with needs that cannot be met without 24-hour care by professional staff. Due to the shortage of group care facilities, some of these children are in foster homes, causing strain on the foster parent system. This can result in failed placements, loss of capable foster care providers and the inability to recruit new foster homes. Without additional beds, out-of-state placements may increase, and the success rate of children returning to their home communities will continue to be poor. This generally results in continued residential treatment, hospitalization or placement in a detention facility. The Department has a Children's Workgroup to address the critical issue of bringing our children back from out-of-state care. Part of the solution will require expanded access to treatment services, including residential care. The Residential Child Care component will be impacted by the Governor's "Bring the Kids Home" initiative, intended to return Alaskan children, currently in out-of-state residential care, to Alaska so they may receive care in-state.

Accreditation of Residential Care Facilities: The Department will continue to work on improving the quality of care for children and families in our Residential Child Care programs through a combined strategy of increased training to staff and technical assistance to provider agencies in completing their accreditation process.

#### Significant Changes in Results to be Delivered in FY2006

The Office of Children's Services anticipates reducing the costs of education for children in out-of-state treatment. We

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have standardized the contracted rate for the education day to \$50.00. This is a decrease for 78% of the programs.

The Office of Children's Services will continue to work with providers who seek contractual relationships with Section 638 organizations (Indian Health Service providers) to decrease the match requirement for Medicaid.

The Office of Children's Services is working to improve our interface with the individual education plans for children who receive these services. The office anticipates that all out-of-state placements will be reviewed and approved by Individual Education Planning teams. OCS is also coordinating with the Department of Education & Early Development to increase each school district's compliance with on-going supervision of our children's Individual Education Plans, and to increase their fiscal responsibility for educational costs in out-of-state treatment centers.

#### **Major Component Accomplishments in 2004**

1) THE DEPARTMENT PROVIDED FOUR LEVELS OF RESIDENTIAL CARE

The Department's Residential Child Care programs provided a continuum of four levels of care based on the assessed need of the individual child and the availability of bed space.

Level II Emergency Stabilization and Assessment: The Department purchased 75 Emergency Shelter treatment beds throughout the state to provide temporary residential care for children who were in immediate danger in their present environment. These treatment beds were also used for children who are not committable to Alaska Psychiatric Institute or to a detention facility and for whom no other satisfactory plan was immediately found.

Level III Specialized Residential Care: The Department purchased 112 Specialized Residential Care treatment beds throughout the state to provide a range of services from basic residential care to residential care for children with specialized needs such as emotional disturbance, behavioral dysfunction, sexual offending, and preparation for emancipation.

Level IV Residential Diagnostic Treatment: The Department purchased 17 Residential Diagnostic and Treatment beds in Anchorage to provide treatment for children who were a danger to themselves or others.

Level V Residential Psychiatric Treatment Center Services: The Department reimburses 36 Level V Residential Psychiatric Treatment Center treatment beds in Anchorage for interdisciplinary, psychotherapeutic treatment for children with severe emotional or behavioral disorders.

#### 2) ESTABLISHMENT OF A PROTOCOL FOR REGIONAL RESIDENTIAL PLACEMENT COMMITTEES

The Department has established a uniform statewide protocol for operation of Departmental Regional Residential Placement Committees to assure necessary expertise and resources are devoted to planning and providing appropriate services for children in Department custody who require residential treatment. Establishment of this protocol assures the best utilization of available residential treatment resources to meet the needs of children in State custody. This process also establishes concrete steps for continued development of a seamless and integrated system of care for children in State custody, focusing especially on those who require residential treatment and on planning systematically to assure limited resources are focused to effectively meet the needs of those children.

The Department also established a secondary tier of review for any children in custody who are referred for treatment in an out-of-state residential psychiatric treatment facility. The team meets after a Regional Placement Committee refers the child for our review. This process also established concrete steps for gate keeping the children who require care in facilities outside of Alaska and focused our efforts on limiting the number of children who leave Alaska for care and also the time that children remain out of state for services.

#### 3) PSYCHIATRIC NURSE PROGRAM

The Office of Children's Services has five Psychiatric Nurses that serve as chair of the Regional Placement Committee. The nurses determine if the medical necessity for psychiatric residential services was met, assist each child's worker in monitoring the progress of children placed in out-of-state facilities, conduct site reviews and review treatment goals, discharge plans and medication.

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## Statutory and Regulatory Authority

AS 47.05.010 AS 47.10	Administration of Welfare, Social Services, and Institutions, duties of department. Children in Need of Aid
AS 47.17	Child Protection
AS 47.30	Mental Health Trust Authority
AS 47.40	Purchase of Services.
7 AAC 53 Article 1	Child Care Foster Care Payments
7 AAC 53 Article 3	Children in Custody or Under Supervision: Needs and Income
7 AAC 43.500-43.599	Medical Transportation Services; Inpatient Psychiatric Services
7 AAC 50	Family and Youth Services
7 AAC 78	Grant Programs
Titles IV-E and XIX of the Social	Security Act

### **Contact Information**

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Component — Residential Child Care

	Residential Child Care		
Com	ponent Financial Summa		ollars shown in thousands
	FY2004 Actuals	FY2005	FY2006 Governor
Non-Formula Program:	Mar	nagement Plan	
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.3	0.5	0.5
73000 Services	85.8	72.5	72.5
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	6,430.4	5,329.9	5,329.9
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	6,516.5	5,402.9	5,402.9
Funding Sources:			
1002 Federal Receipts	219.9	625.0	625.0
1003 General Fund Match	138.1	138.1	138.1
1004 General Fund Receipts	3,977.2	2,683.5	2,683.5
1007 Inter-Agency Receipts	125.0	0.0	0.0
1037 General Fund / Mental Health	1,956.3	1,956.3	1,956.3
1092 Mental Health Trust Authority Authorized Receipts	100.0	0.0	0.0
Funding Totals	6,516.5	5,402.9	5,402.9

Estimated Revenue Collections					
Description	Master Revenue Account	FY2004 Actuals	FY2005 Manageme nt Plan	FY2006 Governor	
Unrestricted Revenues None.		0.0	0.0	0.0	
Unrestricted Total		0.0	0.0	0.0	
Restricted Revenues					
Federal Receipts	51010	219.9	625.0	625.0	
Interagency Receipts	51015	125.0	0.0	0.0	
Restricted Total Total Estimated Revenues		344.9 344.9	625.0 625.0	625.0 625.0	

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Summary of Component Budget Changes From FY2005 Management Plan to FY2006 Governor				
	General Funds	Federal Funds	Other Funds	Total Funds
FY2005 Management Plan	4,777.9	625.0	0.0	5,402.9
FY2006 Governor	4,777.9	625.0	0.0	5,402.9

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