

State of Alaska FY2008 Governor's Operating Budget

Department of Health and Social Services Suicide Prevention Council Component Budget Summary

Component: Suicide Prevention Council

Contribution to Department's Mission

The Council is the state planning and coordinating agency for issues surrounding suicide prevention and awareness.

Core Services

The powers, duties and responsibilities of the Council are to act in an advisory capacity to the Governor and the legislature with respect to what actions can and should be taken to:

- Improve health and wellness throughout the state by reducing suicide and its effect on individuals, families, and communities;
- Broaden the public's awareness of suicide and the risk factors related to suicide;
- Enhance suicide prevention services and programs throughout the state;
- Develop healthy communities through comprehensive, collaborative, community-based approaches;
- Develop and implement a statewide suicide prevention plan; and
- Strengthen existing and build new partnerships between public and private entities that will advance suicide prevention efforts in the state.

FY2008 Resources Allocated to Achieve Results		
FY2008 Component Budget: \$132,400	Personnel:	
	Full time	0
	Part time	1
	Total	1

Key Component Challenges

- Ensuring the work of the Statewide Suicide Prevention Council (SSPC) is conducted because the coordinator is working only part time on these efforts due to other Commissioner appointed assignments.
- Ensuring that the FY07 Performance measures are tracked and monitored allowing for a favorable outcome report to the legislature.
- Ensuring that the Alaska Injury Prevention Center Follow Back Study is completed by 12/31/06 and the final report with recommendations is to the SSPC by 3/31/07.
- The SSPC budget allows for only a part-time coordinator.
- The suicide prevention bracelet campaign is directed toward rural and urban youth and teenagers in school. The Council has designed and will distribute silicone bracelets to every middle and high school student in Alaska. The bracelet contains a message of hope and encouragement – LIVE YOUR DREAM – on the outside and the phone number to the Alaska CARELINE, on the inside.
- Distribute and monitor the use of five SOS curriculum across the state.
- Assist Division of Behavioral Health in continuing to provide Gatekeeper training across the state.

Significant Changes in Results to be Delivered in FY2008

- In an effort to get Alaska off the national list of the "top ten" states with the highest suicide rates for the first time since 1991, the Statewide Suicide Prevention Council will partner with the Division of Behavioral Health to reduce the 3-year average rate of Alaska suicides from 21 deaths per 100,000 population to 15 per 100,000, representing a 29% decrease from the current rate, over a 7 year period.

The 3-year average rate for 2002 – 2004 = 21.1/100,000

2006	21.1 X 5% = 1.05 = 20.1/100,000
2007	20.1 X 5% = 1.01 = 19.1/100,000
2008	19.1 X 5% = 0.95 = 18.14/100,000
2009	18.14 X 5% = .91 = 17.23/100,000
2010	17.23 X 5% = .86 = 16.37/100,000
2011	16.37 X 5% = .82 = 15.55/100,000
2012	15.55 X 5% = .78 = 14.78/100,000

- Support the Division of Behavioral Health in its efforts to increase the number of communities who can recognize the warning signs of suicide by tracking the number of community-based Suicide Prevention Grantees who align their community suicide prevention funding with the Statewide Suicide Prevention Plan
 - a) Conduct 8 community trainings on the use of the Statewide Suicide Prevention Plan
 - b) Compile the number of trainings provided on a yearly basis.
- Assist the Division of Behavioral Health in their SAMSHA Garrett Lee Smith Memorial Act youth suicide prevention application and, if awarded, in its implementation.
- Provide technical assistance to Boys & Girls Clubs of Alaska statewide youth suicide prevention initiative, Project LEAD (Leadership, Education, Acceptance and Determination). Project LEAD builds protective factors in youth through academic and leadership programming, along with alcohol and substance abuse prevention programming.
- Begin gathering data from the Division of Behavioral Health on the SAMHSA funded Gatekeeper Training.
 - a) Number of trainings held
 - b) Number of attendees

Major Component Accomplishments in 2006

- “You Know Me” stigma reduction campaign with Ramy Brooks made possible with Trust funds.
- Suicide Prevention Public Awareness Campaign – design and distribution of suicide prevention plans; posters; magnets; pencils; pens; t-shirts; Ramy Brooks trading cards; CARELINE business cards.
- Completion of the FY06 Report to the Legislature.
- Extension of the Follow Back Study (contractor - Alaska Injury Prevention Center) through 12/31/06 which will allow for a larger sample size to provide more reliable recommendations; final report with analysis and recommendations due by 3/31/07.
- Division of Behavioral Health has been notified that they will receive a no-cost extension for the Targeted Gatekeeper Training.
- The current 3-year average Alaska suicide rate for 2003-2005 is 20.86/100,000. This is a decrease from the previous 3-year average of 21.1/100,000. There were 131 suicides in 2005, giving Alaska a fatality rate of 19.7/100,000. This rate is well ahead of our scheduled decreases, but it is more accurate to rely on the three year averages due to the annual fluctuation in rates.
- The Division of Behavioral Health (DBH) Request for Proposals required that all community-based suicide grantees align their suicide prevention efforts with the suicide prevention plan. To date the Council has provided 4 trainings on the use of the Statewide Suicide Prevention Plan. These trainings took place at the DBH Community Based Suicide Prevention grantee meetings, Alaska Federation of Natives and the Public Health Summit. Future trainings are scheduled in Juneau and Bethel.
- The Council actively participated in the planning and formatting the state’s Garrett Lee Smith Memorial Act youth suicide prevention application. Although Alaska’s application was not awarded funding, some of the activities that had been included in the response, such as the Gatekeeper training and extending the Follow-Back Study, have been funded through other avenues.
- The SSPC provides technical assistance, researched best practices updates, referral sources and support to the Boys and Girls Club's Project LEAD (Leadership, Education, Acceptance, and Determination). This program is targeted towards at-risk and in-crisis youth in Clubhouse communities throughout urban and rural Alaska.
- Targeted Gatekeeper Training provided training for approximately 100 law enforcement, health care, clergy and university campus staff.
- SSPC members provided 5 trainings on community planning and alignment with the SSPC plan; attended 7 legislative meetings; submitted 3 letters to the editor; and conducted 3 major events including testimony to the Senate Committee on Indian Affairs hearing on youth suicide in Washington D.C.

Statutory and Regulatory Authority

AS 44.29.300-390 DHSS, Statewide Suicide Prevention Council

Contact Information
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**Suicide Prevention Council
Component Financial Summary**

All dollars shown in thousands

	FY2006 Actuals	FY2007 Management Plan	FY2008 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	26.0	44.8	49.6
72000 Travel	32.7	35.0	35.0
73000 Services	195.2	28.7	30.6
74000 Commodities	6.3	17.2	17.2
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	0.0	0.0	0.0
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	260.2	125.7	132.4
Funding Sources:			
1037 General Fund / Mental Health	110.2	125.7	132.4
1092 Mental Health Trust Authority Authorized Receipts	150.0	0.0	0.0
Funding Totals	260.2	125.7	132.4

**Summary of Component Budget Changes
From FY2007 Management Plan to FY2008 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2007 Management Plan	125.7	0.0	0.0	125.7
Proposed budget increases:				
-FY 08 Retirement Systems Rate Increases	6.7	0.0	0.0	6.7
FY2008 Governor	132.4	0.0	0.0	132.4

**Suicide Prevention Council
Personal Services Information**

Authorized Positions		Personal Services Costs		
	<u>FY2007</u> <u>Management</u> <u>Plan</u>	<u>FY2008</u> <u>Governor</u>		
Full-time	0	0	Annual Salaries	29,592
Part-time	1	1	Premium Pay	0
Nonpermanent	0	0	Annual Benefits	19,999
			<i>Less 0.00% Vacancy Factor</i>	(0)
			Lump Sum Premium Pay	0
Totals	1	1	Total Personal Services	49,591

Position Classification Summary

Job Class Title	Anchorage	Fairbanks	Juneau	Others	Total
Coordinator,Suicide Prev Cncl	1	0	0	0	1
Totals	1	0	0	0	1