

State of Alaska FY2009 Governor's Operating Budget

Department of Health and Social Services Designated Evaluation and Treatment Component Budget Summary

Component: Designated Evaluation and Treatment

Contribution to Department's Mission

To protect and improve the quality of life for consumers impacted by mental disorders or illness.

Core Services

The Designated Evaluation and Treatment component provides fee-for-service funding, on a payer-of-last resort basis, to designated local community and specialty hospitals for evaluation and treatment services provided to people under court-ordered commitment through AS 47.30.655-915, and to people who meet those criteria but have agreed to voluntary services in lieu of commitment.

With this funding, a designated facility may provide up to 72-hour inpatient psychiatric evaluations, up to 7 days of crisis stabilization, or up to 40 days of in-patient hospital services close to the consumer's home, family, and support system. Component funding also supports consumer and escort travel to designated hospitals and back to their home community.

FY2009 Resources Allocated to Achieve Results

FY2009 Component Budget: \$2,111,900

Personnel:

| | |
|--------------|----------|
| Full time | 0 |
| Part time | 0 |
| Total | 0 |

Key Component Challenges

Utilization of these services continues to grow every year and is passionately supported by the stakeholder groups. Often consumers prefer to avoid the perception of stigma associated with treatment at Alaska Psychiatric Institute (API).

The division has centralized management of this program to provide greater efficiencies. Our management efforts focused on increased review and oversight to ensure medical necessity within program guidelines and cost-effective transports. Policies and procedures were and continue to be updated to maximize efficiencies when possible. This has been a challenge since the program does not provide funding for personnel costs and the staff members assigned have other duties.

It is a further challenge that only two community hospitals in Fairbanks and Juneau provide inpatient psychiatric treatment beyond the evaluation and stabilization of patients in crisis. Behavioral Health encourages hospitals in Alaska's other communities to begin offering evaluation and stabilization services. Designated evaluation and stabilization (DES) services are available in Sitka, Bethel and Ketchikan, and Kenai is seeking DES status. However, the growth is accompanied by cost overruns. This will be a further drain on the limited resources of the program without additional funding. Patients requiring treatment elsewhere around the state must leave their community to receive services. In FY09 we are seeking a funding increment that is focused on the budget deficit, but with continuing efforts at cost efficiencies we expect to be able to support Kenai coming on line.

This is a mandated service that can be court ordered through a Title 47 hold. That means cost control of this program is difficult without appropriate legislation and legislative financial support.

Significant Changes in Results to be Delivered in FY2009

No significant changes in results are anticipated.

Major Component Accomplishments in 2007

The Division of Behavioral Health staff overseeing the DET Program continued to provide limited community education programs around the state to familiarize the designated evaluation and treatment hospital staff and local behavioral health centers with the program to facilitate early discharge and follow up with appropriate community services.

Behavioral Health revised the training manual and provided training and technical assistance in the updated DET policies and procedures to hospital and community behavioral health staff, mostly by phone and at existing training events. We continue to review and refine polices.

We acquired a new escort/guard service provider; this has improved times and reduced complaints. This provider has also received training via API and Bartlett Hospital staff on escorting patients and alternatives to using restraints.

Statutory and Regulatory Authority

| | |
|--------------------|--------------------------------------|
| AS 47.30.520 - 620 | Community Mental Health Services Act |
| AS 47.30.655 - 915 | State Mental Health Policy |
| AS 47.30.011 - 061 | Mental Health Trust Authority |
| 7 AAC 78 | Grant Programs |
| 7 AAC 72 | Civil Commitment |
| 7 AAC 71 | Community Mental Health Services |

| Contact Information |
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| <p>Contact: Laura Baker, Budget Chief Phone: (907) 465-1629 Fax: (907) 465-1850 E-mail: Laura.Baker@alaska.gov</p> |

**Designated Evaluation and Treatment
Component Financial Summary**

All dollars shown in thousands

| | FY2007 Actuals | FY2008 Management Plan | FY2009 Governor |
|-----------------------------------|----------------|---------------------------|-----------------|
| Non-Formula Program: | | | |
| Component Expenditures: | | | |
| 71000 Personal Services | 0.0 | 0.0 | 0.0 |
| 72000 Travel | 0.0 | 0.0 | 0.0 |
| 73000 Services | 0.0 | 0.0 | 0.0 |
| 74000 Commodities | 0.0 | 0.0 | 0.0 |
| 75000 Capital Outlay | 0.0 | 0.0 | 0.0 |
| 77000 Grants, Benefits | 1,866.9 | 1,211.9 | 2,111.9 |
| 78000 Miscellaneous | 0.0 | 0.0 | 0.0 |
| Expenditure Totals | 1,866.9 | 1,211.9 | 2,111.9 |
| Funding Sources: | | | |
| 1037 General Fund / Mental Health | 1,866.9 | 1,211.9 | 2,111.9 |
| Funding Totals | 1,866.9 | 1,211.9 | 2,111.9 |

**Summary of Component Budget Changes
From FY2008 Management Plan to FY2009 Governor**

All dollars shown in thousands

| | <u>General Funds</u> | <u>Federal Funds</u> | <u>Other Funds</u> | <u>Total Funds</u> |
|--|----------------------|----------------------|--------------------|--------------------|
| FY2008 Management Plan | 1,211.9 | 0.0 | 0.0 | 1,211.9 |
| Proposed budget increases: | | | | |
| -Designated Evaluation and Treatment Increment | 700.0 | 0.0 | 0.0 | 700.0 |
| -FFY09 Federal Medical Assistance Percentage (FMAP) Rate Change for Medicaid | 200.0 | 0.0 | 0.0 | 200.0 |
| FY2009 Governor | 2,111.9 | 0.0 | 0.0 | 2,111.9 |