

State of Alaska FY2009 Governor's Operating Budget

Department of Health and Social Services Community Action Prevention & Intervention Grants Component Budget Summary

Component: Community Action Prevention & Intervention Grants

Contribution to Department's Mission

To reduce alcoholism and other drug abuse, especially among youth.

The mission of this component is to ensure that effective community-based prevention services are available statewide. These prevention services strive to incorporate community readiness, planning, partnerships and coalitions and evidence-based strategies that demonstrate positive outcomes for individuals, families, and communities.

Core Services

The intent of this component is to provide the foundation funding for Alaska's effort to prevent substance abuse within the State, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs. Funds are granted to support community-based substance abuse prevention programs that utilize "Best Practices" as defined by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention. Prevention services delivered by the local providers can include a variety of prevention strategies including information dissemination, general education, alternative activities, problem identification and referral, community based processes, and environmental strategies. In addition, programs utilize the three Institute of Medicine (IOM) prevention categories: universal (direct and indirect), selected, and indicated. This allows services to reach a broad spectrum of individuals with promotion and early prevention activities, work with individuals who have already experienced problems and services to decrease the likelihood of relapse or recidivism. Specific strategies for service will be selected by the community providers following a community planning process that includes reviewing local data, assessing community resources and needs, reviewing community readiness and developing the evaluation component.

FY2009 Resources Allocated to Achieve Results

FY2009 Component Budget: \$2,873,300	Personnel:	
	Full time	0
	Part time	0
	Total	0

Key Component Challenges

The Division of Behavioral Health's prevention and early intervention services section, or CAPI, is working diligently to develop a clear, comprehensive approach to prevention and early intervention of all behavioral health issues. For too long we have segregated social and health problems into manageable but isolated parts, missing the powerful effects of a broad combination of interventions that can impact related and intertwined problems. We believe that by combining our funding (substance abuse, suicide and fetal alcohol syndrome prevention) we will begin paving the way for more creativity, more flexibility, more accountability and more measurable outcomes. This will help reduce the suicide rate, promote family wellness, reduce drinking among teens and adults, and increase healthy pregnancies.

Our approach is to develop comprehensive, integrated behavioral health prevention and early intervention services related to substance use and abuse; suicide; fetal alcohol spectrum disorders; youth development and resiliency; and to promote community, family and individual wellness across Alaska.

Over the past three years, the Prevention section has worked to promote strong community-based prevention efforts through increased use of data, assessment of resources, and planning to develop outcome-oriented programming that can begin to "turn the curve" on behavioral health problems experienced by Alaskans and our communities. With support and technical assistance from the federal Substance Abuse and Mental Health Services Administration

(SAMHSA), Alaska has begun to implement the Strategic Prevention Framework (SPF) in all of our grant programs. The SPF is a five-step process that helps states and communities do a better job of identifying the real issues they are struggling with and the most appropriate strategies for addressing these challenges. This move to an outcome-focused granting process has been deliberate, focused and challenging. These efforts, which began in FY06, have culminated in Behavioral Health using Performance Based Funding as a critical element of our decision-making and evaluation of the performance of our community-based grantees. Prior to refunding our Prevention grantees for FY08, each program was scored on their agency performance and program outcomes, to determine funding levels for the new year. The process has been a challenge to state staff, as well as community partners, but the end result is a focused partnership, better communication, and increased training and technical assistance to our community agencies/programs.

As part of this change, there have also been increased data collection requirements to our federal partner SAMHSA. This year the National Outcome Measures (NOMs) became official, requiring new data be collected and reported at the national level. This has required a revision of our quarterly reporting forms both in FY07 and FY08 as we eased in the new requirements. This year's change required demographic data on all participants served by community programs—in the past we collected only number of participants. We are now collecting age, gender and race data. We will continue offering training and technical assistance for our grantees.

Beginning in FY06 and continuing into FY08, the Behavioral Health's Prevention and Early Intervention Service section was awarded a contract to develop the Alaska Epidemiological Outcomes Workgroup. The Workgroup is a cross-discipline group, working to develop a population-based review of alcohol, tobacco and other drug use statistics to determine their impact on the health of Alaska. A first draft of the Alaska Epidemiological Profile of Substance Use has been completed developing a clear data-driven plan for reducing the harmful effects of alcohol and other drugs and prevents continuing substance abuse, dependency and addiction among Alaska's youth and adult population. The first draft included consumption and consequences data; we are now working to expand the report to include influences and indicators related to substance use in Alaska. Once the statewide data report is complete, we will begin developing a model for collecting community-level data.

Significant Changes in Results to be Delivered in FY2009

There will be no significant changes in results to be delivered in FY 09.

Major Component Accomplishments in 2007

- Alaska Epidemiological Profile of Substance Use :

Beginning in FY06, Alaska received a contract from SAMHSA to develop a statewide epidemiological (Epi) profile of substance use in Alaska. A cross-discipline working group has completed the first draft of the Alaska Epi profile, focusing on consumption and consequences. We are now focusing on the development of influences and indicators to provide a more complete picture of the impact alcohol, tobacco and other drugs have on the health and well-being of Alaska's individuals, families and communities. The full report will be completed in February 2008.

- Alaska's Plan to Reduce and Prevent Underage Drinking:

In response to the Acting Surgeon General's "Call to Action to Prevent and Reduce Underage Drinking" Alaska developed an interagency coordinating committee to prevent underage drinking (AKPUD). Agencies participating on the committee include the department, Behavioral Health and Juvenile Justice; Department of Education and Early Development; Department of Transportation, Highway Safety Office; Alaska Court System; Department of Public Safety, ABC Board; and the Alaska Native Justice Center. The plan is in final draft form and will be posted for public comment in November 2007, for final publication in early 2008. The plan defines clear recommendations and the responsibility of the state, as well as local communities in accomplishing the identified tasks.

- Suicide Prevention Initiative:

In partnership with the Alaska Statewide Suicide Prevention Council, Behavioral Health Prevention staff began working on a suicide prevention initiative, using the recently completed Alaska Follow-back Study and its findings as a basis for new strategies to better partner with communities and community agencies to focus their efforts on improved mental health, and reduced suicidal thoughts and actions. We will continue to work on developing the initiative and incorporating the strategies into our new FY09 Request for Proposals, including a strong focus on community planning, readiness and evaluation of program efforts. We are working closely with our national partners as well, to increase our state's capacity to respond to suicide crisis calls and evidence-based programming specifically aimed at suicide prevention.

- Strategic Prevention Framework (SPF):

All Behavioral Health grant programs have been trained in the five-step strategic prevention framework and are required to utilize this planning model in their program development, evaluation and revisions, as needed. This overall change in philosophy has helped to embed our vision into everything our grantees do. It has provided a framework for program staff to design more appropriate prevention programs, utilizing science-to-service, or service-to-science approaches to selecting programs. It has also provided grantees with baseline data that can guide them from year to year in documenting the change in their overall community and the participants in their direct programs. The SPF also encourages communities to develop a continuum of services across the spectrum from promotion of prevention ideas, to prevention, to early intervention, to treatment and to recovery. We will continue to use this planning tool and incorporate it into our new FY09 grant programs.

- Performance Based Funding:

FY07 was the first year Behavioral Health attempted to formalize and operationalize a process for making grantee funding decisions based on an objective review and scoring process. The process was a challenge, but a useful tool to improve the way state grant dollars are distributed and used by community agencies. Year one encountered a number of trials and revisions, but the overall process was productive and improved our ability to better document how grant funds are being used at the community level.

- SAMHSA Center for Substance Abuse Prevention System Review:

Every three years, state prevention programs receive a system site review from the SAMHSA Center for Substance Abuse Prevention (CSAP). The review is an opportunity for CSAP and its site review contractors to visit the state, meet with state prevention staff, and review the programs and prevention system/strategies in place. This review specifically analyzes the use of the prevention set-aside funding in the Substance Abuse Prevention and Treatment Block Grant, although Alaska reporting systems provide a more comprehensive overview of prevention efforts. The review was very positive and the federal staff gave us "high marks" for our implementation of the SFP, evaluation tools and outcome measures, and our tobacco enforcement (Synar) efforts.

Statutory and Regulatory Authority

AS 47.30.470-500	Mental Health
AS 47.37	Uniform Alcoholism & Intoxication Treatment Act
7 AAC 78	Grant Programs

Contact Information
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**Community Action Prevention & Intervention Grants
Component Financial Summary**

All dollars shown in thousands

	FY2007 Actuals	FY2008 Management Plan	FY2009 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	8.3	334.2	334.2
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	2,285.7	2,539.1	2,539.1
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	2,294.0	2,873.3	2,873.3
Funding Sources:			
1002 Federal Receipts	926.4	935.3	935.3
1004 General Fund Receipts	409.5	979.9	979.9
1037 General Fund / Mental Health	958.1	958.1	958.1
Funding Totals	2,294.0	2,873.3	2,873.3

Estimated Revenue Collections

Description	Master Revenue Account	FY2007 Actuals	FY2008 Management Plan	FY2009 Governor
Unrestricted Revenues				
None.		0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0
Restricted Revenues				
Federal Receipts	51010	926.4	935.3	935.3
Restricted Total		926.4	935.3	935.3
Total Estimated Revenues		926.4	935.3	935.3

**Summary of Component Budget Changes
From FY2008 Management Plan to FY2009 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2008 Management Plan	1,938.0	935.3	0.0	2,873.3
FY2009 Governor	1,938.0	935.3	0.0	2,873.3