

State of Alaska FY2010 Governor's Operating Budget

Department of Health and Social Services Designated Evaluation and Treatment Component Budget Summary

Component: Designated Evaluation and Treatment

Contribution to Department's Mission

To protect and improve the quality of life for consumers impacted by mental disorders or illness.

Core Services

- The Designated Evaluation and Treatment component provides fee-for-service funding, on a payer-of-last resort basis, to designated local community and specialty hospitals. They provide evaluation and treatment services to people under court-ordered commitment through AS 47.30.655-915, and to people who meet those criteria but have agreed to voluntary services in lieu of commitment.
- A designated facility may provide up to 72-hour inpatient psychiatric evaluations, up to 7 days of crisis stabilization, or up to 40 days of in-patient hospital services close to the consumer's home, family, and support system. Component funding also supports consumer and escort travel to designated hospitals and back to their home community.

FY2010 Resources Allocated to Achieve Results

FY2010 Component Budget: \$3,031,900

Personnel:

Full time	0
Part time	0
Total	0

Key Component Challenges

- As a payer-of-last resort, the Designated Evaluation and Treatment (DET) program funds are made available to designated local community and specialty hospitals. They provide evaluation, stabilization and treatment services, inpatient physician services, transportation for people under court-ordered commitment, and to people who meet those criteria, but have agreed to accept services voluntarily in lieu of commitment and who would otherwise be going to the Alaska Psychiatric Institute (API). Local hospitalization is often the treatment of choice, keeps individuals connected to their family or other supports, and facilitates rapid return to their homes. Clinical management procedures have contained the growth rate to just the most needy individuals, only the necessary hospital days, and with the most economical transportation to API or other designated hospitals. Costs have continued to rise just as they have in other medical areas.
- Using this funding, a local Designated Evaluation and Stabilization (DES)/Treatment facility may provide up to 72-hour inpatient psychiatric evaluations, up to 7 days of crisis stabilization, or up to 40 days of inpatient hospital services close to the consumer's home, family, and support system. Component funding also supports consumer and escort travel to designated hospitals and back to their home community and inpatient physician services that are not covered under the hospitals daily rate. Fairbanks Memorial Hospital in Fairbanks and Bartlett Regional Hospital in Juneau provide designated evaluation and treatment services. Ketchikan General Hospital in Ketchikan and Yukon-Kuskokwim Health Corporation in Bethel provide designated evaluation and stabilization services while other hospitals across the state are seeking DES status.
- However, this State mandated program has continued to be underfunded each year for the last six years; budgets have usually been short between \$500,000 – \$750,000 each year. Due to an inadequate budget some of the payments to the hospitals, physicians and guard/escort services have been delayed. Efforts

are made to use subsequent year's budgets to pay unpaid bills from the previous year, continuing the inadequacy of each year's budget. 6,615 bed days were covered for 1,215 patients costing a total of \$10,541,653.85; the overall daily hospital rate has increased \$1,611.76 or 18.7% between FY03 and FY08. There were 992 physician bills paid costing a total of \$292,852.2. The amount of covered physician charges has increased \$11,507.32 or 16.8 % between FY03 and FY06. There were 3,015 transports to API or other designated hospitals costing a total of \$1,871,090.21. This cost has increased \$259,715.02 or 80.2% between FY03 and FY06.

- The Division of Behavioral Health (DBH) is currently working with community hospitals across the state to develop new DES beds, focusing on local stabilization, which is clinically and financially a better option. It is anticipated that new DES beds will come on line in FY10, so funding for these beds, and the cost to transport clients to DES facilities, is critical to support the statewide emergency response system. Most areas of the state have few psychiatrists, which contributes to their reluctance to develop DES beds. Developing telemedicine links between the psychiatrists at the API and regional hospitals will provide consultation to assist community hospital physicians to stabilize psychiatric patients locally.
- This is a mandated service that can be court ordered through a Title 47.30 hold. That means cost control of this program is difficult without appropriate legislation and legislative financial support.

Significant Changes in Results to be Delivered in FY2010

- Behavioral Health anticipates that efforts to recruit regional hospitals to the Designated Evaluation and Stabilization program will potentially result in new psychiatric beds in Mat-Su, Kenai Peninsula, Kotzebue, and Nome.
- Additional funds to support this program will reduce census pressure on API, improve fast access to hospitalization so that jails and emergency rooms do not become our default psychiatric facilities, and keep vulnerable individuals hospitalized as close to home as possible.

Major Component Accomplishments in 2008

- The Division of Behavioral Health (DBH) is currently working with community hospitals across the state to develop new DES beds, focusing on local stabilization, which is clinically and financially a better option.
- Most areas of the state have few psychiatrists, which contributes to their reluctance to develop DES beds. The division is developing telemedicine links between the psychiatrists at the Alaska Psychiatric Institute and regional hospitals to provide consultation to assist community hospital physicians to stabilize psychiatric patients locally.
- During FY08 we experienced an increase of 17% for the cost of transportation. The billing remains open for this program for 180 days following the last day in June 2008 so we anticipate that final FY08 totals will result in a rise to 20%.
- Hospital Medicaid rates for Acute Psychiatric beds are up 18% in Fairbanks and 31% in Juneau.
- In FY2008 the DET/DES Program served 383 clients, provided 800 bed days at approved DES/DET facilities, and paid for 285 transports.
- Partners established: Mat-Su Regional Hospital, Central Peninsula General Hospital, Maniilaq Health Center, South Peninsula General Hospital, Norton Sound Health Corporation, and API Telepsychiatry.

Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

Contact Information

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**Designated Evaluation and Treatment
Component Financial Summary**

All dollars shown in thousands

	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	0.0	0.0	0.0
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	1,285.9	1,781.9	3,031.9
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	1,285.9	1,781.9	3,031.9
Funding Sources:			
1037 General Fund / Mental Health	1,285.9	1,781.9	2,731.9
1092 Mental Health Trust Authority Authorized Receipts	0.0	0.0	300.0
Funding Totals	1,285.9	1,781.9	3,031.9

**Summary of Component Budget Changes
From FY2009 Management Plan to FY2010 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2009 Management Plan	1,781.9	0.0	0.0	1,781.9
Proposed budget increases:				
-MH Trust: AMHB/ABADA - Psychiatric Emergency Services: DES/DET Expansion	950.0	0.0	0.0	950.0
-MH Trust: AMHB/ABADA - Psychiatric Emergency Services: DES/DET Expansion	0.0	0.0	300.0	300.0
FY2010 Governor	2,731.9	0.0	300.0	3,031.9