

State of Alaska FY2010 Governor's Operating Budget

Department of Health and Social Services Community Action Prevention & Intervention Grants Component Budget Summary

Component: Community Action Prevention & Intervention Grants

Contribution to Department's Mission

The mission of this component is to ensure that effective community-based prevention services are available statewide. These prevention services strive to incorporate community readiness, planning, partnerships and coalitions and evidence-based strategies that demonstrate positive outcomes for individuals, families, and communities.

Core Services

- This component is to provide the foundation funding for Alaska's effort to prevent substance abuse within the State, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs.

FY2010 Resources Allocated to Achieve Results

FY2010 Component Budget: \$2,962,400

Personnel:

Full time	0
Part time	0
Total	0

Key Component Challenges

- The Division of Behavioral Health's prevention and early intervention services section (CAPI) is striving to develop a clear, comprehensive and integrated approach to prevention and early intervention of all behavioral health issues. For too long we have segregated social and health problems into manageable but isolated parts, missing the powerful effects of a broad combination of interventions that can impact related and intertwined problems. We believe that combining our funding (substance abuse, suicide and fetal alcohol syndrome prevention) we will create a more flexible, accountable, innovative and measurable program. This approach will help reduce the suicide rate, promote family wellness, reduce drinking and drug use among teens and adults, and increase healthy alcohol and drug free pregnancies, thereby reducing the number of infants born with effects of prenatal alcohol exposure.
- Our approach is to develop comprehensive, integrated behavioral health prevention and early intervention services related to substance use and abuse; suicide; fetal alcohol spectrum disorders; youth development and resiliency; and to promote community, family and individual wellness across Alaska.
- Since 2006, the Prevention section has promoted strong community-based prevention efforts through increased use of data, assessment of resources, and planning to develop outcome-oriented programming that can begin to turn the curve on behavioral health problems experienced by Alaskans and our communities. With support and technical assistance from the federal Substance Abuse and Mental Health Services Administration (SAMHSA), Alaska is utilizing the Strategic Prevention Framework (SPF) in all of our grant programs. The SPF is a five-step process that helps states and communities better identify the real issues they are struggling with and the most appropriate strategies for addressing these challenges. This move to an outcome-focused granting process has been deliberate, focused and challenging. These efforts, which began in FY06, have culminated in Behavioral Health using Performance Based Funding as a critical element of our decision-making and evaluation of the performance of our community-based grantees. No longer do we expect grantees to only provide output information (how much did we do), but now require a clear focus on outcomes (how well did we do it and is anyone better off). The process has been a challenge to state staff, as well as community partners, but the end result is a focused partnership, better communication, and increased training and technical assistance to our community agencies/programs.

- As part of this change, there have been increased data collection requirements from our federal partner SAMHSA. Last year the National Outcome Measures (NOMs) became official, requiring new data be collected and reported at the national level. This has required revisions to our state quarterly reporting forms in the past two years as we find better and more user-friendly ways to collect the needed data. As of FY08, we are collecting demographic data on all participants served by community prevention programs—age, gender and race data. We will continue offering training and technical assistance for our grantees to ensure the most accurate data collection.
- In FY06 the Behavioral Health's Prevention and Early Intervention Service section was awarded a contract to develop the Alaska Epidemiological Outcomes Workgroup, a cross-discipline group, working to develop a population-based review of alcohol, tobacco and other drug use statistics to determine their impact on the health of Alaska. We are currently in the third year of this contract and continue to develop and refine Alaska's process for collecting substance use data. The Alaska Epidemiological Profile of Substance Use was compiled, providing a clear data-driven plan for reducing the harmful effects of alcohol and other drugs and preventing continuous substance abuse, dependency and addiction among Alaska's youth and adult population. The Profile includes consumption and consequences data, as well as influences and indicators related to substance use in Alaska. We are now working on a process for regular updates of the data, developing a model for collecting community-level data, and designing a plan for easy access to and distribution of the available data.

Significant Changes in Results to be Delivered in FY2010

There are no significant changes in results to be delivered.

Major Component Accomplishments in 2008

- A cross-discipline working group has completed the first draft of the Alaska epidemiological (Epi) profile of substance use in Alaska that focuses on consumption and consequences. We are now focusing on the development of influences and indicators to provide a more complete picture of the impact alcohol, tobacco and other drugs have on the health and well-being of Alaska's individuals, families and communities. We are continuing to revise and update Alaska's Epidemiological Profile on Substance Use in Alaska and developing better ways for individuals to access, analyze and use the available data.
- In response to the Acting Surgeon General's "Call to Action to Prevent and Reduce Underage Drinking" Alaska developed an interagency coordinating committee to prevent underage drinking (AKPUD). Agencies participating on the committee include the divisions of Behavioral Health and Juvenile Justice; Department of Education and Early Development; Department of Transportation and Public Facilities, Highway Safety Office; Alaska Court System; Department of Public Safety, ABC Board; and the Alaska Native Justice Center.
- Twenty five Town Hall meetings were held across Alaska focusing on underage drinking and strategies for reducing drinking among our youth and increasing the perception of harm by alcohol consumption.
- A draft plan for preventing and reducing underage drinking was posted for public comment. The plan is currently being revised using public input, which defines clear recommendations for action by the state as well as local communities in accomplishing the identified tasks. The final report will be available January 2009.
- All Behavioral Health grant programs have been trained in the five-step strategic prevention framework (SPF) and are required to utilize this planning model in their program development, evaluation and revisions, as needed. This overall change in philosophy has helped to embed our vision into everything our grantees do. It has provided a framework for program staff to design more appropriate prevention programs, utilizing science-to-service, or service-to-science approaches to selecting programs. It has also provided grantees with baseline data that can guide them from year to year in documenting the change in their overall community and the participants in their direct programs. The SPF also encourages communities to develop a continuum of services across the spectrum from promotion of prevention ideas, to prevention, to early intervention, to treatment and to recovery.
- During FY08, five Behavioral Health Prevention and Early Intervention grantees were nominated and selected to participate in the SAMHSA "Service to Science" program. The Native Village of Nunam Iqua's Youth Program, Anchorage School District's Change of Heart Program, Yukon-Kuskokwim Health Corporation's Family Spirit Camp, Dillingham's Safe and Fear-Free Women's Shelter; and the statewide youth recognition program--Spirit of Youth-- all participated in a three-day Service to Science Academy.

Each organization received individualized evaluation and outcome measure training and technical assistance. The goal of the Service to Science program is to help community-based programs develop solid evaluation components within their program to document their viability as an evidence-based program. Following a year of training and technical assistance, each agency is eligible to apply for a \$30,000 grant to enhance and improve their evaluation plan and data collection mechanism.

Statutory and Regulatory Authority

AS 47.30.470-500 Mental Health
AS 47.37 Uniform Alcoholism and Intoxication Treatment Act
7 AAC 78 Grant Programs

Contact Information
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**Community Action Prevention & Intervention Grants
Component Financial Summary**

All dollars shown in thousands

	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	16.9	233.0	243.4
74000 Commodities	0.0	101.2	101.2
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	2,532.3	2,539.1	2,617.8
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	2,549.2	2,873.3	2,962.4
Funding Sources:			
1002 Federal Receipts	926.4	935.3	935.3
1004 General Fund Receipts	864.7	979.9	979.9
1037 General Fund / Mental Health	758.1	958.1	1,047.2
Funding Totals	2,549.2	2,873.3	2,962.4

Estimated Revenue Collections

Description	Master Revenue Account	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
Unrestricted Revenues				
None.		0.0	0.0	0.0
Unrestricted Total		0.0	0.0	0.0
Restricted Revenues				
Federal Receipts	51010	926.4	935.3	935.3
Restricted Total		926.4	935.3	935.3
Total Estimated Revenues		926.4	935.3	935.3

**Summary of Component Budget Changes
From FY2009 Management Plan to FY2010 Governor**

All dollars shown in thousands

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2009 Management Plan	1,938.0	935.3	0.0	2,873.3
Proposed budget increases:				
-Increased Grantee Costs	89.1	0.0	0.0	89.1
FY2010 Governor	2,027.1	935.3	0.0	2,962.4