

State of Alaska FY2010 Governor's Operating Budget

Department of Health and Social Services Suicide Prevention Council Component Budget Summary

Component: Suicide Prevention Council

Contribution to Department's Mission

The Council is the state planning and coordinating agency for issues surrounding suicide prevention and awareness.

Core Services

- The powers, duties and responsibilities of the Council are to act in an advisory capacity to the Governor and the legislature, with respect to what actions can and should be taken to improve health and wellness throughout the state, by reducing suicide and its effect on individuals, families, and communities.
- Broaden the public's awareness of suicide and the risk factors related to suicide.
- Enhance suicide prevention services and programs throughout the state.
- Develop healthy communities through comprehensive, collaborative, community-based approaches.
- Develop and implement a statewide suicide prevention plan.
- Strengthen existing and build new partnerships between public and private entities that will advance suicide prevention efforts in the state.

FY2010 Resources Allocated to Achieve Results

FY2010 Component Budget: \$82,800

Personnel:

Full time	0
Part time	0
Total	0

Key Component Challenges

- The Alaska Statewide Suicide Prevention Council (SSPC) has been moved from Boards and Commissions to the Division of Behavioral Health. This move allows for better coordination of statewide suicide prevention efforts between the SSPC and Behavioral Health. SSPC and Behavioral Health staff work together for a consistent, comprehensive and coordinated effort to reduce and prevent suicides in Alaska.
- Since the transfer, the coordinator responsibilities have been absorbed by existing division staff. These duties include communication with partner agencies, alignment of Council projects and priorities, coordination of quarterly meetings, collection and distribution of media materials, and revision of the Alaska Suicide Prevention Plan. It has become evident that dedicated staff is necessary to fulfill these responsibilities.
- The Council continues to be a Governor-appointed board, and will be responsible for reporting annually to the Governor, Legislature and the department's commissioner. The Council has recently made several changes to its membership, losing two executive member seats, assignment of a new chair and new executive committee. There are a total of four vacancies. In addition, four appointed legislative seats are inactive. This creates an undue disadvantage to conduct council business. A legislative audit is underway and a report will be released at the beginning of the 2009 legislative session. The Council will continue to work in close partnership with the Alaska Mental Health Board, the Advisory Board on Alcoholism and Drug Abuse and the Alaska Mental Health Trust.

Ongoing council tasks:

- Ensure that the FY09 performance measures are tracked and monitored.
- Develop a plan to implement key findings of the Alaska Follow-back Study and recommendations.
- Continue the suicide prevention bracelet campaign directed toward rural and urban youth and teenagers in school. The council has designed and will continue to distribute silicone bracelets to every middle and high school student in Alaska. The bracelet contains a message of hope and encouragement – LIVE YOUR

- DREAM – on the outside and the phone number to the Alaska CARELINE on the inside.
- Distribute various suicide prevention materials across the state (free of charge) for communities working on suicide prevention plans.
- Continue to implement the Alaska Gatekeeper Training Seminars directed towards instructors and suicide prevention trainers, to better implement training on a regional basis. Gather data from Behavioral Health on Gatekeeper Training:
 - a) Number of trainings held; and
 - b) Number of attendees.
- Partner with Behavioral Health to reduce the three-year average rate of Alaska suicides from 21 deaths per 100,000 population to 15 per 100,000. This represents a 29% decrease from the current rate, over a seven-year period in an effort to get Alaska off the national list of “top ten” states with the highest suicide rates.

The 3-year average rate for 2002 – 2004 = 21.1/100,000

2006	21.1 X 5% = 1.05 = 20.1/100,000
2007	20.1 X 5% = 1.01 = 19.1/100,000
2008	19.1 X 5% = 0.95 = 18.14/100,000
2009	18.14 X 5% = .91 = 17.23/100,000
2010	17.23 X 5% = .86 = 16.37/100,000
2011	16.37 X 5% = .82 = 15.55/100,000
2012	15.55 X 5% = .78 = 14.78/100,000

- Update and revise the five-year Statewide Suicide Prevention Plan (2009-2013) as indicated by community feedback and council member’s recommendations.
- Review data and information through the Follow-Back Study and other data sources, in an effort to identify trends, make analysis and forward recommendations to the department regarding prevention, education and services needed statewide.
- Support Behavioral Health in its efforts to increase the number of communities that can recognize the warning signs of suicide, by tracking the number of community-based suicide prevention grantees that align their community suicide prevention funding with the Statewide Suicide Prevention Plan.
- Support implementation of the newly awarded SAMSHA Garrett Lee Smith Memorial Act Youth Suicide Prevention Grant for federal fiscal year 2009-2011.

Significant Changes in Results to be Delivered in FY2010

There are no significant changes in results delivered.

Major Component Accomplishments in 2008

Accomplishments that the Suicide Council made in FY2008 are:

- “You Know Me” campaign to reduce stigma, including presentations at the First Alaskans, Youth and Elders Conference.
- Suicide Prevention Public Awareness Campaign – design and distribute suicide prevention plans, posters, magnets, pencils, pens, t-shirts, and CARELINE business cards.
- Dissemination of Follow Back Study (2007) findings and recommendations.
- The current five-year average Alaska suicide rate for 2003-2007 is 21.2/100,000. This is an increase from the previous 5-year average of 20.9/100,000. However the 2007 data is provisional and subject to change. There were 146 lives lost to suicides in 2007, giving Alaska a fatality rate of 22.5/100,000. This rate is well ahead of our scheduled decreases, but it is more accurate to rely on multiple year averages due to the annual fluctuation in rates.
- Council members attended legislative meetings and the American Association of Suicidology conference.

Statutory and Regulatory Authority

AS 44.29.300-390 DHSS, Statewide Suicide Prevention Council

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**Suicide Prevention Council
Component Financial Summary**

All dollars shown in thousands

	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
Non-Formula Program:			
Component Expenditures:			
71000 Personal Services	35.9	0.0	0.0
72000 Travel	51.1	35.0	35.0
73000 Services	18.2	30.6	30.6
74000 Commodities	2.1	17.2	17.2
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	0.0	0.0	0.0
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	107.3	82.8	82.8
Funding Sources:			
1037 General Fund / Mental Health	107.3	82.8	82.8
Funding Totals	107.3	82.8	82.8

**Summary of Component Budget Changes
From FY2009 Management Plan to FY2010 Governor***All dollars shown in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
FY2009 Management Plan	82.8	0.0	0.0	82.8
FY2010 Governor	82.8	0.0	0.0	82.8

Suicide Prevention Council Personal Services Information				
Authorized Positions			Personal Services Costs	
	<u>FY2009</u> <u>Management</u> <u>Plan</u>	<u>FY2010</u> <u>Governor</u>		
Full-time	0	0	Annual Salaries	0
Part-time	0	0	Premium Pay	0
Nonpermanent	0	0	Annual Benefits	0
			<i>Less 0.00% Vacancy Factor</i>	(0)
			Lump Sum Premium Pay	0
Totals	0	0	Total Personal Services	0

Position Classification Summary					
Job Class Title	Anchorage	Fairbanks	Juneau	Others	Total
No personal services.					
Totals	0	0	0	0	0