

# **State of Alaska FY2010 Governor's Operating Budget**

## **Department of Health and Social Services Services to the Seriously Mentally III Component Budget Summary**

**Component: Services to the Seriously Mentally Ill**

**Contribution to Department's Mission**

To protect and improve the quality of life for consumers impacted by mental disorders.

**Core Services**

- The Services for the Seriously Mentally Ill component provides competitive grant funding to community mental health agencies for an array of support services for adults with severe mental illnesses. Core services are assessment, psychotherapy, case management, and rehabilitative services. Specialized services include residential services, vocational services and drop-in centers.

**FY2010 Resources Allocated to Achieve Results**

<b>FY2010 Component Budget: \$15,408,200</b>	<b>Personnel:</b>	
	Full time	0
	Part time	0
	<b>Total</b>	<b>0</b>

**Key Component Challenges**

- People with a serious mental illness frequently have multiple needs. In the early 1950s, most lived in state hospitals across the country and occupied more beds than all medical beds combined. However, the treatment of choice has since shifted to helping people live in the community. In the 1980's, Alaska Psychiatric Institute (API) had a census nearly twice today's census. Maintaining this low census and avoiding the costly expansion of API (census was over capacity in late FY06) requires treatment programs to respond to individually changing consumers' needs.
- If severe mentally ill people are to be successfully treated in community settings, then housing is one of their greatest needs. Currently, these services are stretched too thin. Providers cannot pay for the continuum of services and are getting out of the housing business, which has left consumers without the supports they need. The lack of adequate housing (safe and affordable with sufficient support services) results in the use of more costly inpatient services, and risks the safety of consumers, staff and public.
- Current grants and Medicaid do not support the outreach and support services required.
- Consumers who are discharged from correctional facilities present another challenge. The Mental Health Trust funds pay for a limited number of assisted living facility beds specifically for people leaving correctional facilities, and matches consumers with enhanced support services from behavioral health providers. However, placements are limited because those support services are limited, and many of these consumers have intense support service needs.
- Many of the consumers being released from correctional facilities and Alaska Psychiatric Institute have cyclically violent behaviors; therefore, they require intense wrap-around services. It is difficult to allocate resources to match only periodically dangerous behavior (it becomes a civil right issue to keep someone in a facility beyond their sentence, dangerous period or because the community lacks adequate resources). Discharge planning becomes very complicated and is simply avoided when community resources are lacking.

**Significant Changes in Results to be Delivered in FY2010**

If funded, the community mental health services pilot for the Department of Corrections will bring mental health services into the jails and result in a lower rate of re-arrest and incarceration for 50 adults leaving jail, by keeping them stable and productive in the community. Anticipated results include:

- Reduced recidivism,
- Reduced homelessness,
- Increased access to services,
- Increased family and community support for discharged offenders,
- Housing, and
- Increased employment

### Major Component Accomplishments in 2008

Behavioral Health continued to work with local providers in Anchorage, to improve access to assisted living for adults discharged from Alaska Psychiatric Institute. This provides a much “softer landing” for clients attempting to reintegrate into the community, and allows for closer supervision for those individuals who may require support to maintain their medication regimen. Alaska has continued to work on two other key initiatives:

- Supported Employment - A designated position provides assistance to supported employment programs, and has increased the number of existing programs to six.
- Traumatic Brain Injury – DBH co-sponsored the second traumatic brain injury (TBI) statewide conference, which was well attended and well-received. The TBI clients fit within the general federal category, "seriously mentally ill," and are thus eligible for certain federally funded services. This federal grant is supported by one position and continues to coordinate training and technical assistance to programs not familiar with how to provide effective services for this new target population, and works in partnership with the Alaska Brain Injury Network.
- Provided services to approximately 5,100 people that were seriously mentally ill.

### Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

### Contact Information

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**Services to the Seriously Mentally III  
Component Financial Summary**

*All dollars shown in thousands*

	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
<b>Non-Formula Program:</b>			
<b>Component Expenditures:</b>			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	45.0	135.9	135.9
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	10,215.8	14,522.3	15,272.3
78000 Miscellaneous	0.0	0.0	0.0
<b>Expenditure Totals</b>	<b>10,260.8</b>	<b>14,658.2</b>	<b>15,408.2</b>
<b>Funding Sources:</b>			
1002 Federal Receipts	751.1	989.5	989.5
1004 General Fund Receipts	200.0	1,194.5	1,194.5
1037 General Fund / Mental Health	7,709.7	11,374.2	11,924.2
1092 Mental Health Trust Authority Authorized Receipts	1,600.0	1,100.0	1,300.0
<b>Funding Totals</b>	<b>10,260.8</b>	<b>14,658.2</b>	<b>15,408.2</b>

**Estimated Revenue Collections**

Description	Master Revenue Account	FY2008 Actuals	FY2009 Management Plan	FY2010 Governor
<b>Unrestricted Revenues</b>				
None.		0.0	0.0	0.0
<b>Unrestricted Total</b>		<b>0.0</b>	<b>0.0</b>	<b>0.0</b>
<b>Restricted Revenues</b>				
Federal Receipts	51010	751.1	989.5	989.5
<b>Restricted Total</b>		<b>751.1</b>	<b>989.5</b>	<b>989.5</b>
<b>Total Estimated Revenues</b>		<b>751.1</b>	<b>989.5</b>	<b>989.5</b>

**Summary of Component Budget Changes  
From FY2009 Management Plan to FY2010 Governor**

*All dollars shown in thousands*

	<u>General Funds</u>	<u>Federal Funds</u>	<u>Other Funds</u>	<u>Total Funds</u>
<b>FY2009 Management Plan</b>	<b>12,568.7</b>	<b>989.5</b>	<b>1,100.0</b>	<b>14,658.2</b>
<b>Adjustments which will continue current level of service:</b>				
-Reverse FY2009 MH Trust Recommendation	0.0	0.0	-1,100.0	-1,100.0
<b>Proposed budget increases:</b>				
-MH Trust: Housing - Grant 604.04 Department of Corrections discharge incentive grants	0.0	0.0	350.0	350.0
-MH Trust: Housing - Grant 114.05 Flexible special needs housing "rent up"	0.0	0.0	200.0	200.0
-MH Trust: Housing - Grant 575.04 Bridge Home Pilot Project	0.0	0.0	750.0	750.0
-MH Trust: Benef Projects - Grant 1396.02 Peer operated support svcs	50.0	0.0	0.0	50.0
-Community Mental Health Services Pilot for Department of Corrections	500.0	0.0	0.0	500.0
<b>FY2010 Governor</b>	<b>13,118.7</b>	<b>989.5</b>	<b>1,300.0</b>	<b>15,408.2</b>