

**Agency: Commerce, Community and Economic Development****Grants to Named Recipients (AS 37.05.316)****Grant Recipient: Alzheimer's Disease Resource Agency of  
Alaska****Federal Tax ID: 99999****Project Title:****Project Type: Other**

# **Alzheimer's Disease Resource Agency of Alaska - Education & Support Program**

**State Funding Requested: \$100,000**  
Future Funding May Be Requested**House District: Statewide (1-40)****Brief Project Description:**

Statewide Educational Program outreach materials and travel for Alzheimer's information, referrals, consultations, memory screenings, support groups, and education for professionals and the general public.
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**Funding Plan:**

Total Project Cost:	\$350,000
Funding Already Secured:	(\$127,000)
FY2013 State Funding Request:	(\$100,000)
Project Deficit:	\$123,000

*Funding Details:*

\$127,118 FY 10, FY 11, FY 12 SOA

**Detailed Project Description and Justification:**

Demonstrated knowledge and expertise in providing education, training and support to caregivers, individuals, service providers and the community about ADRD Statewide.
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Statewide outreach with particular attention to rural and underserved communities; Information, referral and assistance via a statewide toll-free line; Individual and family consultations; Group education and training; Education of professionals and provision of technical assistance to those who are serving ADRD clients; Support groups; Conduct public awareness activities;
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Maintain staffed offices in Anchorage, Fairbanks, Juneau and the Mat-Su; Maintain a lending library
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**Project Timeline:**

Services and needs are on-going.
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**Entity Responsible for the Ongoing Operation and Maintenance of this Project:**

Alzheimer's Disease Resource Agency of Alaska
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**\$100,000  
Approved**

**Grant Recipient Contact Information:**

Name:	Dulce Nobre
Title:	Excutive Director
Address:	1750 Abbott Road Anchorage, Alaska 99507
Phone Number:	561-3313
Email:	www.AlzAlaska.org

Has this project been through a public review process at the local level and is it a community priority?  Yes  No

**Alzheimer's Disease & Related Disorders (ADRD) - Education and Support Program  
Request for Funding Increment – FY 13**

The *ADRD Education and Support Program* of the Alzheimer's Disease Resource Agency of Alaska provides support and education services *statewide* for people with Alzheimer's disease and related dementias as well as healthcare professionals, service provider agencies and the general public. The program provides outreach, information & referrals, consultations, memory screenings, support groups, and education for professionals and the general public. Through this program's activities the Alzheimer's Resource of Alaska raises public awareness of ADRD (signs and symptoms, diagnosis, healthy behaviors, etc.) which helps reduce the stigma associated with the disease. This program is a portal into the continuum of care and has a tremendous reach considering its very few resources. The Alzheimer's Resource of Alaska has provided these services on-going for 27 years. Overtime, we designed new programs and expanded service offerings to keep up with the population growth and the demand for services.

The senior population in Alaska is growing at a staggering rate and the number of people affected by Alzheimer's disease is growing proportionately. In 1990 an estimated 2,200 people had Alzheimer's disease while today that number is over 6,000 (172% increase).

SDS currently provides a \$127,118 grant for this program. The original grant in 1984 was \$28,838. From FY 92 through FY 08 the grant remained flat at \$115,443. In FY09 the grant was increased approximately 10% to the current \$127,118. In 20 years (FY92-FY2012), the grant was increased once by 10%.

The expectations for the organization for the use of these funds are significant:

- ⇒ Statewide Services
- ⇒ Demonstrated knowledge and expertise in providing education, training and support to caregivers, individuals, service providers and the community about ADRD
- ⇒ Statewide outreach with particular attention to rural and underserved communities
- ⇒ Information, referral and assistance via a statewide toll-free line
- ⇒ Individual and family consultations
- ⇒ Group education and training
- ⇒ Education of professionals and provision of technical assistance to those who are serving ADRD clients
- ⇒ Support groups
- ⇒ Conduct public awareness activities
- ⇒ Maintain staffed offices in Anchorage, Fairbanks, Juneau and the Mat-Su
- ⇒ Maintain a lending library

The Alzheimer's Resource of Alaska supplements this grant with private funds from foundations, corporations and individuals. This amount varies but on an annual basis it can range \$20,000-\$40,000.

In FY 11, the ADRD Education & Support Program served an **unduplicated** 430 individuals and 253 service providers. In addition, the program provided education services to 5,147 individuals statewide (may include some, but minimal, duplication).

The following is a sample of the growth in the program in the last 10 years:

Service Levels	FY 2001	FY 2011	Increase in Service Levels
Information & Referral Contacts	6218	28,409	357%
Individual/Family Consultations	270	367	36%
Support Groups	72	153	113%
Consultations for Providers	121	268	121%
Education Activities	62	124	100%
Public Awareness Activities	84	353	320%
Communities Served	61	102	67%

Looking at a longer time span, the increase is even more dramatic. For example, from FY97 to FY11 the number of Information & Referral contacts increased almost 1600%. Given the demographics that we are familiar with, this is not much of a surprise. The demand for services is great now and increasing. The disparity is that in 20 years the State's investment has been minimal with only one increase of 10% in 2009.

The services provided through the *ADRD Education & Support Program* are preventative in nature, give individuals and families tools to preserve independence and maintain persons living at home for as long as it is feasible and are extremely cost-effective. These services also support professionals and thus raise the overall quality of care. How many individuals are admitted to API or the ER due to dementia related issues? Are all the staff at these facilities familiar with ADRD behaviors and knowledgeable of how to respond? How many care coordinators are writing care plans for those with ADRD with no understanding of the special needs of these individuals? How many clients with dementia are refused admission back to their assisted living home after a hospitalization or evicted due to behaviors? Training in this very specialized area is an investment in much needed workforce development.

The Alzheimer's Resource of Alaska has done well with the limited resources, however a great deal more work is needed to adequately respond to the demand in services: increased outreach/travel to rural areas, translation of materials to disseminate information to various communities, increased technical assistance and education to providers statewide, increased availability of qualified, professional staff to provide consultations and support to individuals and families, just to name a few of the areas that require attention. With the expected continued growth in this population, additional resources for these basic services need to be allocated to this program. To meet the current program expectations and address the population growth with a reasonable level of effectiveness the Alzheimer's Resource of Alaska respectfully requests an increase of \$223,000 for the **statewide ADRD Education & Support Program** for a total grant amount of \$350,000.