

**State of Alaska  
FY2013 Governor's Operating Budget**

**Department of Corrections  
Inmate Health Care  
Results Delivery Unit Budget Summary**

## Inmate Health Care Results Delivery Unit

### Contribution to Department's Mission

To provide essential behavioral and physical health care for offenders that are committed to the custody of the department.

### Core Services

- Provide Required Behavioral Health Care Services
- Provide Required Physical Health Care Services

### Major Activities to Advance Strategies

- Increase interventions and referrals to outside agencies

### Key RDU Challenges

Deliver essential mental health services, given the rise in acuity and the increase in number of mentally ill who are being incarcerated.

Containment of health care costs for an aging inmate population, increased chronic health conditions, and increased acute cases.

Mentally ill offenders are being placed under the department's custody in worse shape than ever before. This is evidenced by:

- More use of restraints to keep acute individuals safe
- Increased number of offenders who are so seriously mentally ill that they meet criteria for involuntary medication
- Release to Alaska Psychiatric Institute directly from jail has become commonplace

While housing access has improved, more housing is needed to address the needs of Mental Health Trust Beneficiaries. The Interagency Council, the Trust, and Housing Coalitions are working to improve access to safe, sober and appropriate housing resources for all Alaskans, including those being released from correctional facilities.

Deliver essential medical care while meeting appropriate quality and compliance standards. Challenges include:

- Growing inmate population and expansion of facilities
- Higher acuity level of care due to increase in chronic health issues
- Increased catastrophic health care cases
- Aging inmate population
- Rising medical costs

Implementation for standardization of records through an electronic system.

### Significant Changes in Results to be Delivered in FY2013

No changes in results delivered.

### Major RDU Accomplishments in 2011

Opened a new 36-bed sub-acute unit at the Anchorage Correctional Complex. This step down unit from the men's acute care unit was full as soon as it opened and has remained at capacity to-date.

Implemented a Utilization Management Plan for behavioral health providers. This included:

- A trial of group therapy before medication for offenders who are having difficulty adjusting to incarceration. A Healthy Living group was initiated in every facility with on-site mental health staff. This group, without medications, addresses the needs of offenders who are experiencing mild anxiety and depressive symptoms.
- Development of a Restricted Formulary for expensive atypical antipsychotics. Because research does not support the use of these antipsychotics for mood disorder patients, this change limits the way providers can prescribe and made them available only to those most likely to benefit.

Spring Creek Correctional Center (SCCC) expanded the sub-acute unit, Echo Mod, into the adjoining unit, Golf Mod. SCCC can now provide for two levels of sub-acute care with varying degrees of supervision and structure for those inmates who still are unable to safely function in general population. Many offenders in Golf Mod have depressive disorders, anxiety, adjustment disorders and learning disabilities.

Expanded relationships and improved collaboration with community agencies to address the needs of the mentally ill offender population. This includes a weekly strategy meeting between DOC and Alaska Psychiatric Institute (API) staff to coordinate transfers between facilities and develop release plans for shared clients.

Inmate Health assigned a staff physician to cover the Anchorage Correctional Complex 20 hours per week. This has allowed the Medical Segregation Unit to take on more complex needs patients that otherwise may have required outside medical services or who, if already hospitalized, may have required longer hospital stays. It also improves the continuity of care and increases clinical oversight of the midlevel providers.

Recognizing the need for more health care practitioners in Alaska, DOC entered into two Memorandums of Agreement to provide training sites for students:

- Through the University of Alaska Anchorage School of Nursing, DOC provided preceptor-ships for Advanced Nurse Practitioners (ANPs). In FY2011 ANP students were placed at both Hiland Mountain Correctional Center and the Anchorage Correctional Complex.
- Through the University of Washington/University of Alaska Joint Physicians Assistant (PA) Program, DOC placed PA students at Palmer Correctional Center and the Anchorage Correctional Complex.

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**Inmate Health Care  
RDU Financial Summary by Component**

*All dollars shown in thousands*

	FY2011 Actuals				FY2012 Management Plan				FY2013 Governor			
	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds
<b>Formula Expenditures</b> None.												
<b>Non-Formula Expenditures</b>												
Behavioral Health Care	6,274.1	723.1	0.0	6,997.2	6,759.8	885.8	0.0	7,645.6	7,279.1	975.6	0.0	8,254.7
Physical Health Care	31,965.4	0.0	0.0	31,965.4	32,352.3	0.0	0.0	32,352.3	32,690.6	0.0	0.0	32,690.6
<b>Totals</b>	<b>38,239.5</b>	<b>723.1</b>	<b>0.0</b>	<b>38,962.6</b>	<b>39,112.1</b>	<b>885.8</b>	<b>0.0</b>	<b>39,997.9</b>	<b>39,969.7</b>	<b>975.6</b>	<b>0.0</b>	<b>40,945.3</b>

**Inmate Health Care  
Summary of RDU Budget Changes by Component  
From FY2012 Management Plan to FY2013 Governor**

*All dollars shown in thousands*

	<u>Unrestricted Gen (UGF)</u>	<u>Designated Gen (DGF)</u>	<u>Other Funds</u>	<u>Federal Funds</u>	<u>Total Funds</u>
<b>FY2012 Management Plan</b>	<b>23,106.8</b>	<b>16,005.3</b>	<b>885.8</b>	<b>0.0</b>	<b>39,997.9</b>
<b>Adjustments which will continue current level of service:</b>					
-Behavioral Health Care	129.4	0.0	-416.4	0.0	-287.0
-Physical Health Care	1,338.3	-1,000.0	0.0	0.0	338.3
<b>Proposed budget increases:</b>					
-Behavioral Health Care	389.9	0.0	506.2	0.0	896.1
<b>FY2013 Governor</b>	<b>24,964.4</b>	<b>15,005.3</b>	<b>975.6</b>	<b>0.0</b>	<b>40,945.3</b>