State of Alaska FY2014 Governor's Operating Budget

Department of Health and Social Services Services to the Seriously Mentally III Component Budget Summary

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 1

Component: Services to the Seriously Mentally III

Contribution to Department's Mission

Increase the number of at-risk adults with serious mental illness who are able to live safely in the least restrictive community based setting.

Core Services

• To provide psychiatric and rehabilitative services to adults with serious mental illness through grants to community mental health agencies. Core services are assessment, psychotherapy, case management, medication management, peer support services, and skill building services to support independent living and maximize quality of life. Specialized services include supported residential and employment programs.

Major Component Accomplishments in 2012

- Start-up funding was secured for the Alaska Complex Behavior Collaborative in the second half of FY2012. Increasing numbers of individuals with mental illness have co-occurring cognitive disabilities and such complex, challenging behaviors that they are at risk for psychiatric hospitalization, incarceration, or costly outof-state placement in Intermediate Care Facilities for the Mentally Retarded (ICF/MR). The Complex Behavior Collaborative was initiated to develop competency and capacity within the Alaska workforce to effectively deal with the challenging behaviors. The first referral to the Complex Behavior Collaborative was in March of FY2012, and three consulting agencies worked with 11 participants in the first four-month, start-up phase of the project.
- In FY2012 the Bridge Home program continued to demonstrate the effectiveness of the "housing first" model of intervention and care with persons having extensive histories of the use of inpatient psychiatric services and of the jail system. Of the 56 unduplicated clients served in FY2012, most had been stabilized in the program during FY2011 and remained stable during FY2012 while working toward independent housing. Consequently, the research data for FY2012 focused on the 14 new clients who entered the program during the FY2012 year. Data indicates that for this group the use of the Alaska Psychiatric Institute and Department of Corrections during the year prior to entering the Bridge Home program was 224 days and 704 days respectively. During FY2012, while receiving services, this same group was in the Alaska Psychiatric Institute or jail only 58 and 80 days respectively.
- Eighty clients released from Department of Corrections were housed through the Discharge Incentive grant, most of whom would have been otherwise homeless. Some of the people have extremely high needs to the extent that a one-to-one staff ratio was necessary to ensure the client would be able to remain out of institutional care. All of the clients would have been at high risk of homelessness and subsequently of return to jail if not for this program.
- During FY2012, 1,906 unduplicated persons were served by the Mental Health Web, a peer operated
 program serving a population with high representation of Alaska Natives. The program was originally started
 as a drop in center to provide a safe and welcoming environment for "street people" having a mental illness.
 It has expanded to being a major referral hub for many different types of services and resources, including
 employment and housing.
- A peer support specialist from a community-based, peer provider agency meets with hard-to-engage Alaska Psychiatric Institute patients prior to discharge in an effort to engage them in support services as they return to the community. The final report from the agency for FY2012 indicates a total of 508 documented unduplicated engagements.
- Eleven agencies utilized Adult Individualized Services Agreements to provide targeted services to 761 consumers at risk of hospitalization or de-compensation.

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 2

Key Component Challenges

- Seriously mentally ill (SMI) adults continue to experience hospitalization and incarceration, especially in Anchorage and the South Central regions, which are the most underserved according to prevalence data. Service gaps exist for individuals with seriously mental illness and complex cognitive and behavioral disorders resulting in hospitalization, incarceration, and out-of-state placement.
- People with serious mental illness lack personal resources on which to draw. Mental health services are financed primarily through Medicaid and grants. Non-resourced clients cause financial strain for providers.
- Individuals exiting correctional facilities or involved with the Court System lack supportive housing to prevent repeated episodes of homelessness and institutionalization. These clients are often denied housing due to the nature of their criminal offense (arson, sex offenses, and violent assault).
- There are not enough direct service mental health workers because wages are low and work is difficult.
- Supported employment is an evidence-based practice and key element in recovery for many individuals and needs continued support in the state.
- Assisted Living Home providers serve more than three hundred individuals around the state with mental health issues and need better preparation to work with increasingly complex resident mental health problems and behaviors.
- There is a statewide shortage of residential supportive housing that can accommodate people having behavioral health issues too severe to be managed in a standard assisted living home but who are not so ill that they require hospitalization.

Significant Changes in Results to be Delivered in FY2014

Alaska Complex Behavior Collaborative

The Complex Behavior Collaborative was envisioned as a three-part model: consultation and training (which is currently funded), brief stabilization, and longer-term intensive intermediate intervention services utilizing available beds within the communities. Depending on outcomes in FY2013, the Complex Behavior Collaborative will explore implementation of brief stabilization and longer-term intermediate intervention services.

Bridge Home

Continuation funding will assure support for the successful Bridge Home project located in Anchorage which provides transitional housing and services for clients who have failed in other placements and would otherwise likely be incarcerated or hospitalized due to their difficult and challenging behaviors. Continued funding will also allow further development and support of the assertive community treatment program initiated in FY2013 to better engage and serve the high needs of the complex, seriously mentally ill population in Anchorage.

Alaska Housing Finance Corporation Demonstration Program

The Division of Behavioral Health, Senior and Disability Services, Alaska Housing Finance Corporation, and Alaska Mental Health Trust collaborated in an application to the Department of Housing and Urban Development which would provide project-based rental assistance in the development of supportive housing for extremely low income persons with disabilities. If funded this project would address the disproportionate number of individuals who are disabled and who reside in institutional settings such as Assisted Living Homes and transition them to permanent supportive community housing.

Updated Status for FY 2013

Alaska Complex Behavior Collaborative (CBC)

In FY2013 with full funding for twelve months, the Complex Behavior Collaborative is serving clients in Anchorage, Fairbanks, the Kenai Peninsula and the Mat-Su Valley. Four additional agencies have signed the Provider Agreement making consultation expertise available for youth and adults in all of the intended populations: severe cognitive impairments/intellectual disorders; Alzheimer's, dementia, and related disorders; traumatic brain injury; mental health and substance use disorders. To date, 21 adults and

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 3

adolescents have been referred to the Complex Behavior Collaborative.

Bridge Home Program

Bridge Home is a Mental Health Trust funded pilot program operating in Anchorage, Alaska. It is based on a "Housing First" model where a person is housed first to get him/her safely off the streets, after which needed services are provided. The program is outcome driven and has shown repeatedly in past years to be able to reduce use of inpatient psychiatric services at Alaska Psychiatric Institute and to reduce use of Department of Corrections' resources by clients that have a documented history of high utilization of these resources. In FY2013 it is planned that the program will serve clients having some of the most severe behavioral health problems in the Anchorage area. A barrier that must be overcome is a lack of safe affordable housing. Clients cannot transition to a more independent level of care without affordable housing. There are also plans to expand the program's data gathering component in FY2013 to inform future program development. This year's increment will be used to develop an Assertive Community Treatment team in Anchorage.

Department Of Corrections Discharge Incentive Grants

The Department of Corrections (DOC) Discharge Incentive Grant originates with the Mental Health Trust and is passed through the Division of Behavioral Health to be used by the Department of Corrections operated community-based, post-release program. The purpose of this grant is to provide for the immediate needs (primarily supportive housing) of a person who has a serious mental illness who is exiting incarceration. This is a transitional program that provides supports until the person can be integrated into the standard community service delivery system. Though historically funded with Mental Health Trust Authority funds, in FY2012 the project received general fund/mental health funds for the first time. In FY2013, there is an expectation that the program will build on its successes and expand services to more people. Department of Corrections projects an increase of approximately 15% in the number of people that will be served by the program.

Statutory and Regulatory Authority

AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 78	Grant Programs
7 AAC 72	Civil Commitment
7 AAC 71	Community Mental Health Services

Contact Information

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	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 4

Component — Services to the Seriously Mentally III

	es to the Seriously Me		
Com	ponent Financial Sur		dollars shown in thousands
	FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
Non-Formula Program:		Management i lan	
Component Expenditures:			
71000 Personal Services	0.0	0.0	0.0
72000 Travel	0.0	0.0	0.0
73000 Services	44.7	45.9	45.9
74000 Commodities	0.0	0.0	0.0
75000 Capital Outlay	0.0	0.0	0.0
77000 Grants, Benefits	16,990.6	17,535.9	17,548.9
78000 Miscellaneous	0.0	0.0	0.0
Expenditure Totals	17,035.3	17,581.8	17,594.8
Funding Sources:			
1002 Federal Receipts	906.9	972.0	972.0
1004 General Fund Receipts	1,153.1	1,194.5	1,194.5
1037 General Fund / Mental Health	13,825.3	14,140.3	14,578.3
1092 Mental Health Trust Authority Authorized Receipts	1,150.0	1,275.0	850.0
Funding Totals	17,035.3	17,581.8	17,594.8

Estimated Revenue Collections					
Description	Master Revenue Account	FY2012 Actuals	FY2013 Management Plan	FY2014 Governor	
Unrestricted Revenues None.		0.0	0.0	0.0	
Unrestricted Total		0.0	0.0	0.0	
Restricted Revenues Federal Receipts	51010	906.9	972.0	972.0	
Restricted Total Total Estimated Revenues		906.9 906.9	972.0 972.0	972.0 972.0	

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 5

Component — Services to the Seriously Mentally III

Summary of Component Budget Changes From FY2013 Management Plan to FY2014 Governor All dollars shown in thousands					
FY2013 Management Plan	Unrestricted Gen (UGF) 15,334.8	Designated Gen (DGF) 0.0	Other Funds 1,275.0	Federal Funds 972.0	Total Funds 17,581.8
Adjustments which will continue current level of service:					
-Reverse FY2013 MH Trust Recommendation	0.0	0.0	-1,275.0	0.0	-1,275.0
-Transfer from Psychiatric Emergency Services to Consolidate Adult Individual Service Agreements	363.0	0.0	0.0	0.0	363.0
-Reverse FY2013 MH Trust Recommendation GF/MH	-325.0	0.0	0.0	0.0	-325.0
Proposed budget					
increases: -MH Trust: Housing - Grant 575.08 Bridge Home Program & Expansion	0.0	0.0	750.0	0.0	750.0
-MH Trust: Housing - Grant 604.08 Department of Corrections Discharge Incentive Grants	200.0	0.0	0.0	0.0	200.0
-MH Trust: Housing - Grant 604.08 Department of Corrections Discharge Incentive Grants	0.0	0.0	100.0	0.0	100.0
-MH Trust: Housing - Grant 575.08 Bridge Home Program & Expansion	200.0	0.0	0.0	0.0	200.0
FY2014 Governor	15,772.8	0.0	850.0	972.0	17,594.8

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 6

Component Detail All Funds Department of Health and Social Services

	FY2012 Actuals	FY2013 Conference Committee	FY2013 Authorized	FY2013 Management Plan	FY2014 Governor	FY2013 Manageme FY2014	ent Plan vs Governor
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	44.7	45.9	45.9	45.9	45.9	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	16,990.6	17,535.9	17,535.9	17,535.9	17,548.9	13.0	0.1%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	17,035.3	17,581.8	17,581.8	17,581.8	17,594.8	13.0	0.1%
Fund Sources:							
1002 Fed Rcpts (Other)	906.9	972.0	972.0	972.0	972.0	0.0	0.0%
1004 Gen Fund (UGF)	1,153.1	1,194.5	1,194.5	1,194.5	1,194.5	0.0	0.0%
1037 GF/MH (UĠF)	13,825.3	14,140.3	14,140.3	14,140.3	14,578.3	438.0	3.1%
1092 MHTAAR (Other)	1,150.0	1,275.0	1,275.0	1,275.0	850.0	-425.0	-33.3%
Unrestricted General (UGF)	14,978.4	15,334.8	15.334.8	15,334.8	15,772.8	438.0	2.9%
Designated General (DGF)	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Other Funds	1,150.0	1,275.0	1,275.0	1,275.0	850.0	-425.0	-33.3%
Federal Funds	906.9	972.0	972.0	972.0	972.0	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 7

Change Record Detail - Multiple Scenarios With Descriptions Department of Health and Social Services

Component:Services to the Seriously Mentally III (800)RDU:Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Po PFT	sitions PPT	NP
	*****	*****	***** Changes Fr	om FY2013 Co	onference Cor	nmittee To FY2	013 Authorized	******	******	***		
FY2013 Conference		47 504 0			45.0			17 505 0			•	
1002 Fed Rcpts	ConfCom	17,581.8 72.0	0.0	0.0	45.9	0.0	0.0	17,535.9	0.0	0	0	0
1002 Fed Repts		94.5										
1037 GF/MH	,	40.3										
1092 MHTAAR		75.0										
	Subtotal	17,581.8	0.0	0.0	45.9	0.0	0.0	17,535.9	0.0	0	0	0
	*********	*****	******* Changes	From FY2013	Authorized T	o FY2013 Mana	gement Plan *	*****	*****			
	Subtotal	17,581.8	0.0	0.0	45.9	0.0	0.0	17,535.9	0.0	0	0	0
		******	Change	s From FY2013	Managemen	t Plan To FY201	4 Governor **	*******	*****			
MH Trust: Housing				0.0	0.0	0.0	0.0	750.0	0.0	0	0	0
1092 MHTAAR	IncM	750.0 750.0	0.0	0.0	0.0	0.0	0.0	750.0	0.0	0	0	0
the project will ulti subsidies. Institut high-cost social se subsidy (estimate Development Hou pairing of resource been demonstrate	mately expand to ions targeted for ervice and health based on chargir sing Choice vouc es for beneficiarie ed in reduction of program in other of	include Anchorage re-entry include: Al programs. The pro- ng the tenant 30% of ther program (form as has proven succ return to Correction	in other states for inc e, Juneau and possib laska Psychiatric Inst oject allows for up to of income) in order to erly known as the Se essful in other states as and in use of eme state outside of Anch	bly other locations itution, Departme 100 individuals to b 'bridge' from inst action 8 housing ve in reducing recid rgency level servi	where Alaska H nt of Corrections receive less ex itutional dischar oucher program ivism and impac ces in the initial	lousing Finance Co s' facilities, hospita pensive, continuou ge onto the U.S. D) paired with intensits on service systery years of the project	orporation adminis I emergency servi us services, includ epartment of Hou- sive in-home supp ems. Alaska's suc t. This request a	sters rental ces and other ing a rental sing and Urban ort services. This cess rates have llows for				
MH Trust: Housing	- Grant 604.08 D											
1037 GF/MH	Inc 2	200.0 200.0	0.0	0.0	0.0	0.0	0.0	200.0	0.0	0	0	0
'community re-ent support services t	ry' by targeting be o prevent repeat i ome vouchers or s	eneficiaries exiting incarceration and b support service res	Housing Initiative ar Department of Corre becoming a public sa sources. Resources	ctions settings wh fety concern. The	no are challengir ese funds will be	ng to serve and wh administered by the	o require extende	d supervision and avioral Health as				

MH Trust: Housing - Grant 604.08 Department of Corrections Discharge Incentive Grants

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 8

Change Record Detail - Multiple Scenarios With Descriptions Department of Health and Social Services

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Component: Services to the Seriously Mentally III (800) RDU: Behavioral Health (483)

Positions Scenario/Change Trans Totals Personal Travel Services Commodities Capital Outlay Grants, Benefits Miscellaneous PFT PPT **Record Title** Services Type IncM 100.0 0.0 0.0 0.0 0.0 0.0 100.0 0.0 0 0 1092 MHTAAR 100.0 This project is a joint strategy in the Trust's Affordable Housing Initiative and the Disability Justice workgroups. It is consistent with the Housing focus on 'community re-entry' by targeting beneficiaries exiting Department of Corrections settings who are challenging to serve and who require extended supervision and support services to prevent repeat incarceration and becoming a public safety concern. These funds will be administered by the Division of Behavioral Health as Assisted Living Home vouchers or support service resources. Resources will also be targeted to increase the skill level and capacity for assisted living providers to successfully house this population. MH Trust: Housing - Grant 575.08 Bridge Home Program & Expansion Inc 200.0 0.0 0.0 0.0 0.0 0.0 200.0 0.0 0 0 1037 GF/MH 200.0 This project replicates successful transition programs in other states for individuals 'cycling' through emergency and institutional settings. The focus locations for the project will ultimately expand to include Anchorage, Juneau and possibly other locations where Alaska Housing Finance Corporation administers rental subsidies. Institutions targeted for re-entry include: Alaska Psychiatric Institution. Department of Corrections' facilities, hospital emergency services and other high-cost social service and health programs. The project allows for up to 100 individuals to receive less expensive, continuous services, including a rental subsidy (estimate based on charging the tenant 30% of income) in order to 'bridge' from institutional discharge onto the U.S. Department of Housing and Urban Development Housing Choice voucher program (formerly known as the Section 8 housing voucher program) paired with intensive in-home support services. This pairing of resources for beneficiaries has proven successful in other states in reducing recidivism and impacts on service systems. Alaska's success rates have been demonstrated in reduction of return to Corrections and in use of emergency level services in the initial years of the project. This request allows for expansion of the program in other critical parts of the state outside of Anchorage and assists in increasing the intensity of services for people with more complex service delivery needs. Reverse FY2013 MH Trust Recommendation 0.0 0.0 0.0 0.0 0.0 -1.275.00.0 0 Λ OTI -1.275.01092 MHTAAR -1.275.0This zero-based adjustment record includes all MHTAAR and/or MHT Admin funding for FY2013 for this component. AK Complex Behavior Collaborative Hub - \$325..0 MH Trust: Housing - Grant 604.07 Department of Corrections Discharge Incentive Grants - \$200.0 MH Trust: Housing - Grant 575.07 Bridge Home Program & Expansion - \$750.0 Transfer from Psychiatric Emergency Services to Consolidate Adult Individual Service Agreements Trin 363.0 0.0 0.0 0.0 0.0 0.0 363.0 0.0 0 0 1037 GF/MH 363.0 Transfer general fund/mental health receipt authority from the Psychiatric Emergency Service component to the Seriously Mentally III component to consolidate funding for adult individualized services under a single component. Funding for adult crisis respite individual service agreements was originally budgeted under the Psychiatric Emergency Service component, while funding for individualized services to adults with serious mental illness was budgeted under the Seriously Mentally III component. Since the target population for the two projects is the same, their separation created unnecessary work to balance the funding between components.

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 9

Change Record Detail - Multiple Scenarios With Descriptions Department of Health and Social Services

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay Gr	ants, Benefits	Miscellaneous	Po PFT	sitions PPT	NP
Without this transfe the Office of Manag			ed program requests	to move grant aut	hority from one	e component to an	other, which must be	approved by				
Reverse FY2013 MH 1037 GF/MH	OTI	ndation GF/MH -325.0 5.0	0.0	0.0	0.0	0.0	0.0	-325.0	0.0	0	0	0
This zero-based ad	ljustment record i	ncludes all GF/MH	funding for FY2013	for this component								
AK Complex Behav	vior Collaborative	Hub - \$325.0										
		17 50 4 0						17 5 40 0				
	Totals	17,594.8	0.0	0.0	45.9	0.0	0.0	17,548.9	0.0	0	0	0

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 10

Line Item Detail Department of Health and Social Services Services

Line Number	Line Name			FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
73000	Services			44.7	45.9	45.9
Expenditure Account		Servicing Agency	Explanation	FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
			73000 Services Detail Totals	44.7	45.9	45.9
73750	Other Services (Non IA Svcs)			44.7	0.0	0.0
73979	Mgmt/Consulting (IA Svcs)	AK MH/Alc & Drug Abuse Brds	RSA with AMHB for planning requirements of the CMHS Block Grant	0.0	45.9	45.9

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 11

Line Item Detail Department of Health and Social Services Grants, Benefits

Line Number	Line Name			FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
77000	Grants, Benefits			16,990.6	17,535.9	17,548.9
Expendit	ure Account	Servicing Agency	Explanation	FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
			77000 Grants, Benefits Detail Totals	16,990.6	17,535.9	17,873.9
77110	Grants			16,982.2	0.0	0.0
77110	Grants		Individual Case Management grants	0.0	0.3	0.3
77110	Grants		Bridge Home Program & Expansion - (\$750.0 Trust and \$500.0 GF)	0.0	1,020.0	1,250.0
77110	Grants		Services for critical adults (\$140.8 GF and \$159.2 CMHS Block Grant)	0.0	300.0	300.0
77110	Grants		DOC Incentive Discharge (\$100.0 Trust and \$395.0 GF)	0.0	395.0	495.0
77110	Grants		Supported Employment grants funded from the federal CMHS Block Grant	0.0	414.4	414.4
77110	Grants		Peer/consumer Evidence Based Practice Grants - GF	0.0	335.0	335.0
77110	Grants		PATH homelessness grant	0.0	300.0	300.0
77110	Grants		Behavioral Health Provider Association - GF	0.0	50.9	50.9
77110	Grants		SMI Individual Service Agreements	0.0	1,000.0	1,363.0
77110	Grants		Assisted Living provider agreements	0.0	2,719.5	2,719.5
77110	Grants		Services for Seriously Mentally III awarded under the Comprehensive Treatment & Recovery Grant Program	0.0	10,350.8	10,626.9
77110	Grants		Alaska Complex Behavioral Collaborative Hub provider agreements - GF	0.0	650.0	0.0
77110	Grants		SSI/SSDI Outreach, Assessment & Recovery (SOAR) training grant	0.0	0.0	18.9
77670	Benefits			8.4	0.0	0.0

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 12

Restricted Revenue Detail Department of Health and Social Services

Master Account	Revenue Description			FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
51010	Federal Receipts			906.9	972.0	972.0
Detail Infe Revenue	ormation Revenue	Collocation	AKSAS		FY2013	
Amount	Description Compor	nent Code	Fund	FY2012 Actuals	Management Plan	FY2014 Governor
51010	Federal Receipts SAMHSA Projects for Assistance ir	06338607 Transition from Homelessness (PATH) Federal CF	11100 DA 93.150	0.0	300.0	300.0
51010	Federal Receipts SAMHSA Community Mental Healt	06338704, 05, 06, 07 h Service Block Grant Federal CFDA 93.958	11100	0.0	672.0	672.0
57200	Alc/Da/Mh Sv Blk Grt			612.9	0.0	0.0
57590	Fed Projects- Health			294.0	0.0	0.0

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 13

Inter-Agency Services Department of Health and Social Services

Expenditu	ure Account	Service Description	Service Type	Servicing Agency	FY2012 Actuals	FY2013 Management Plan	FY2014 Governor
73979	Mgmt/Consulting (IA Svcs)	RSA with AMHB for planning requirements of the CMHS Block Grant	Intra-dept	AK MH/Alc & Drug Abuse Brds	0.0	45.9	45.9
		73	979 Mgmt/Consul	ting (IA Svcs) subtotal:	0.0	45.9	45.9
		s	ervices to the Seri	ously Mentally III total:	0.0	45.9	45.9
				Grand Total:	0.0	45.9	45.9

	FY2014 Governor	Released December 14th, 2012
12/17/12 2:43 PM	Department of Health and Social Services	Page 14