

Agency: Commerce, Community and Economic Development

Grants to Named Recipients (AS 37.05.316)

Grant Recipient: Anchorage School District

Federal Tax ID: 92-6000078

Project Title:

Project Type: Equipment and Materials

Anchorage School District - Chugiak High School Weight Room Equipment

State Funding Requested: \$43,455

House District: Anchorage Areawide (11-27)

One-Time Need

Brief Project Description:

A weight room to provide our students with the tools to improve their athletic ability through effective weight training.

Funding Plan:

| | |
|-------------------------------|------------|
| Total Project Cost: | \$43,455 |
| Funding Already Secured: | (\$0) |
| FY2015 State Funding Request: | (\$43,455) |
| Project Deficit: | \$0 |

Detailed Project Description and Justification:

Equipment from Rae Crowther Co.

Needs: 10 Varsity Sport Training Racks \$895 Ea = \$8,950
 10 Varsity Sport Platforms \$495 Ea = \$4,950
 10 Adjustable Benches \$550 Ea = \$5,500
 10 Olympic Bars \$349 Ea = \$3,490
 5 Bumper Plate Storage \$185 Ea = \$925
 10 Bumper Plate Sets \$500 Ea = \$5,000
 2 Kettle Bell Racks \$200 Ea = \$400
 2 Sets of Kettle Bells \$1,400 Ea = \$2,800
 1 Set of Med Balls \$550 Ea = \$550
 1 Med Ball Rack \$200 Ea = \$200
 1 Set of Slam Balls \$900 Ea = \$900
 1 Slam Ball Rack = \$200
 2 Sets of Jump Smart Boxes \$795 = \$1,590
 1 Shipping = \$8,000
 Total \$43,455.00

Project Timeline:

2015 - 2016

For use by Co-chair Staff Only:

\$43,455
 Approved

11:54 AM 5/13/2014

Entity Responsible for the Ongoing Operation and Maintenance of this Project:

Anchorage School District

Grant Recipient Contact Information:

Name: David Legg
Title: Principal
Address: 16525 S. Birchwood Loop Road
Chugiak, Alaska 99567
Phone Number: (907)742-3050
Email: legg_david@asdk12.org

Has this project been through a public review process at the local level and is it a community priority? Yes No

Chugiak High School Weight Room

Objective: Our goal is to create a weight room that promotes safety and has the equipment to provide our young people with the tools to improve their athletic ability through effective weight training. We are following the proven and established SST (Sports Specific Training) program. This program uses free weights and integrates muscle movement that mimics those motions used in sport.

Equipment from Rae Crowther Co.

| | | |
|--|------------|------------------|
| Needs: 10 Varsity Sport Training Racks | \$895 Ea | = \$8,950 |
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| Total | | \$43,455.00 |