State of Alaska FY2016 Governor Amended Operating Budget

Department of Health and Social Services Rural Services and Suicide Prevention Component Budget Summary

Component: Rural Services and Suicide Prevention

Contribution to Department's Mission

To encourage and support regional and community-based efforts in rural and remote Alaska, focusing on prevention of suicide, depression, and other self-destructive behaviors by building a strong, skilled, and prepared workforce utilizing a service delivery system using a combination of traditional Alaska Native and western practices.

Core Services

- The Community-Based Suicide Prevention Program provides funds to develop data-driven, community-based strategies focused on mental health promotion, prevention of suicide, and increased mental health.
- The Rural Human Services System Project provides funds to regional agencies to hire, train, and supervise
 village-based counselors to attend the University of Alaska Fairbanks Rural Human Services Certification
 program. Rural Human Services trained village-based counselors provide integrated substance abuse and
 mental health outpatient, aftercare, and support services, as well as prevention and education activities
 throughout rural and remote Alaska.
- Both programs focus on ensuring that needed services are both available in, and culturally appropriate to, the
 villages and communities of rural Alaska. Services and strategies provide a wide range of prevention and early
 intervention services. Rural Human Services trained village-based counselors provide a full range of
 paraprofessional services from screening to aftercare under the supervision of more advanced practitioners.

Major Component Accomplishments in 2014

- Eight trainers were newly certified throughout Alaska to implement the National Alliance on Mental Illness suicide postvention training model Connect. There are approximately 35 postvention trainers that are implementing training throughout the state. Postvention training occurred in a variety of disciplines to include law enforcement, faith based organizations, education, mental health and substance abuse treatment centers, and social services.
- Approximately 120 Alaska Gatekeeper Trainers were certified in the internationally recognized QPR (Question, Persuade, Refer) training model. Various disciplines were trained in the model. In addition, the Division of Behavioral Health provides technical assistance and support to trainers as well as agencies who support the mission of adopting the model as best practice and a commitment to sustain the training in future years.
- Beginning in FY2013 and continuing into FY2014, the Division of Behavioral Health is working in partnership with
 the University of Alaska Fairbanks Social Work Program to assist in doing an 18-year look-back at the impact of
 the Rural Human Services program and the pipeline that continues from Rural Human Services to a Human
 Services associate of arts degree and a bachelor of social work degree. The evaluation is looking at enrollment,
 graduation, and retention in the rural workforce between 1995 and 2013.

Key Component Challenges

• The Rural Human Services Systems Project is a workforce development partnership with the University of Alaska's Rural Human Services certification program. The Rural Human Services program is a 32-hour rural behavioral health training program that brings rural-based students into the University of Alaska Fairbanks educational "pipeline," providing a two-year cohort educational model that is specifically geared toward rural social service providers. The current challenges are twofold: (1) not enough funding to support all the students who want to enter the Rural Human Services program, and (2) lack of adequate funding to pay salaries to retain these students once they complete their certification and are no longer able to be subsidized through the Rural Human Services grants. We currently fund 11 rural and Alaska Native service agencies to provide Rural Human Services training opportunities to their staff. The University receives approximately 20 additional requests per year for Rural Human Services scholarship funding from individuals not associated with one of the currently funded agencies. To meet the interest for this program, we are looking at ways to use limited funds in more creative ways to increase the number of participants and to expand who is eligible to participate in the Rural Human Services program (Village Public Safety Officers, educators, Indian Child Welfare Act workers, public health nurses, and others).

- Rural Services and Suicide Prevention coordinates with the Indian Health Service Behavioral Health Aide
 program to eliminate duplication and enhance the efforts of each group. We are working closely with the
 University of Alaska, Fairbanks to identify ways to increase our partnership, better utilize these limited funds, and
 maximize and sustain the outcomes of the Rural Human Service training program.
- The number of students who graduate from Rural Human Services and want to continue in the University of Alaska, Fairbanks rural pipeline is growing. In addition, we are seeing a growing number of Rural Human Services and Associates in Arts Human Services students continuing on to the University of Alaska, Fairbanks distance Bachelor of Social Work program. The challenge is making sure there are adequate funding sources to assist students who want to continue with their educational pursuits—giving Alaska a quality behavioral health work force.
- The Community Based Suicide Prevention program is a program developed to meet the needs of rural Alaska, where our state's suicide rates are often much higher than in urban areas of the state. These grant dollars help focus on the needs of small communities with limited resources and with a great many challenges with alcohol and drug use, unemployment, mental health concerns, and a loss of cultural identity. We are working to enhance training for project coordinators and establish or broaden links among projects. The division's prevention staff is working with grantees to develop better strategies, outcome measures, and community planning and readiness to deal with issues related to suicide. We will also continue to partner with the Statewide Suicide Prevention Council and the Alaska Native Tribal Health Consortium on increasing our focus on regional and community planning and readiness to address the difficult issues surrounding suicide.

Significant Changes in Results to be Delivered in FY2016

No changes in results delivered.

Statutory and Regulatory Authority

AS 47.30.470-500 Mental Health 7 AAC 78 Grant Programs

Contact Information

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3,992.0

0.0

Rural Services and Suicide Prevention Component Financial Summary										
			dollars shown in thousands							
	FY2014 Actuals	FY2015	FY2016 Governor							
		Management Plan	Amended							
Non-Formula Program:										
Component Expenditures:										
71000 Personal Services	0.0	0.0	0.0							
72000 Travel	0.0	0.0	0.0							
73000 Services	887.2	1,008.1	0.0							
74000 Commodities	5.1	10.0	0.0							
75000 Capital Outlay	0.0	0.0	0.0							
77000 Grants, Benefits	2,385.7	2,973.9	0.0							
78000 Miscellaneous	0.0	0.0	0.0							
Expenditure Totals	3,278.0	3,992.0	0.0							
Funding Sources:										
1002 Federal Receipts	335.9	412.1	0.0							
1004 General Fund Receipts	661.9	1,256.2	0.0							
1037 General Fund / Mental Health	136.9	136.9	0.0							
1180 Alcohol & Other Drug Abuse Treatment & Prevention Fund	2,143.3	2,186.8	0.0							

Estimated Revenue Collections										
Description	Master Revenue Account	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended						
Unrestricted Revenues None.		0.0	0.0	0.0						
Unrestricted Total		0.0	0.0	0.0						
Restricted Revenues Federal Receipts	51010	335.9	412.1	0.0						
Restricted Total Total Estimated Revenues		335.9 335.9	412.1 412.1	0.0						

3,278.0

Funding Totals

Summary of Component Budget Changes From FY2015 Management Plan to FY2016 Governor Amended All dollars shown in thousands Unrestricted Designated **Other Funds** Federal **Total Funds** Gen (DGF) Gen (UGF) **Funds** FY2015 Management Plan 1,393.1 2,186.8 0.0 412.1 3,992.0 Adjustments which continue current level of service: -Transfer to Behavioral -1,393.1 -2,186.8 0.0 -412.1 -3,992.0 Health Prevention and Early Intervention to More **Efficiently Deliver Services** FY2016 Governor 0.0 0.0 0.0 0.0 0.0

Amended

Component Detail All Funds Department of Health and Social Services

Component: Rural Services and Suicide Prevention (AR23135) (2597)

	FY2014 Actuals	FY2015 Conference	FY2015 Authorized	FY2015 Management	FY2016 Governor	FY2015 Managem	ent Plan vs
		Committee		Plan	Amended	FY2016 Governo	r Amended
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	887.2	1,008.1	1,008.1	1,008.1	0.0	-1,008.1	-100.0%
74000 Commodities	5.1	10.0	10.0	10.0	0.0	-10.0	-100.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	2,385.7	2,450.2	2,450.2	2,973.9	0.0	-2,973.9	-100.0%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	3,278.0	3,468.3	3,468.3	3,992.0	0.0	-3,992.0	-100.0%
Fund Sources:							
1002Fed Rcpts (Fed)	335.9	412.1	412.1	412.1	0.0	-412.1	-100.0%
1004Gen Fund (UGF)	661.9	732.5	732.5	1,256.2	0.0	-1,256.2	-100.0%
1037GF/MH (UGF)	136.9	136.9	136.9	136.9	0.0	-136.9	-100.0%
1180Alcohol Fd (DGF)	2,143.3	2,186.8	2,186.8	2,186.8	0.0	-2,186.8	-100.0%
Unrestricted General (UGF)	798.8	869.4	869.4	1,393.1	0.0	-1,393.1	-100.0%
Designated General (DGF)	2,143.3	2,186.8	2,186.8	2,186.8	0.0	-2,186.8	-100.0%
Other Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Federal Funds	335.9	412.1	412.1	412.1	0.0	-412.1	-100.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios with Descriptions Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)

RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type		Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	PFT	PPT	NP
record Title	***********			om FY2015 Co	onference Cor	nmittee To FY2	015 Authorized	******	******	***		
FY2015 Conference	e Committee		•									
	ConfCom	3,468.3	0.0	0.0	1,008.1	10.0	0.0	2,450.2	0.0	0	0	0
1002 Fed Rcpts	412.1	1						•				
1004 Gen Fund	732.5	5										
1037 GF/MH	136.9)										
1180 Alcohol Fo	2,186.8	3										
	Subtotal	3,468.3	0.0	0.0	1,008.1	10.0	0.0	2,450.2	0.0	0	0	0
								· · · · · · · · · · · · · · · · · · ·	*****			
		******	Changes			o FY2015 Mana	gement Plan *	******	******			
Transfer Prevention	on and Early Intervent											
	Trin	523.7	0.0	0.0	0.0	0.0	0.0	523.7	0.0	0	0	0
1004 Gen Fund	523.7	7										

Transfer authority to the Rural Services and Suicide Prevention Program to support the division's prevention and early intervention services.

\$291.0 from Alaska Fetal Alcohol Syndrome Program

\$232.7 from Community Action Prevention and Intervention Grants

This array of services includes promotion of mental health, physical health and wellness; traditional prevention strategies; and recognizing the need to act earlier and incorporate all aspects of health into our state and community health planning. Grant authority is being repurposed to work within available resources while addressing the state's critical needs for a more robust and stable system of well trained and culturally responsive rural behavioral health care providers.

Specific grantees will not be harmed. This change reflects a shift in the services that grantees are providing based on the circumstances of the individual Alaskans they serve.

	Subtotal	3,992.0	0.0	0.0	1,008.1	10.0	0.0	2,973.9	0.0	0	0	0
***	******	******	* Changes Fron	n FY2015 Man	agement Plan To	FY2016 Governo	or Amended *	******	*****	****		
ransfer to Behaviora	al Health Preve	ntion and Early Inte	ervention to More I	Efficiently Delive	er Services							
	Trout	-3,992.0	0.0	0.0	-1,008.1	-10.0	0.0	-2,973.9	0.0	0	0	0
1002 Fed Rcpts	-4	12.1										
1004 Gen Fund	-1,2	56.2										
1037 GF/MH	-1:	36.9										
1180 Alcohol Fd	-2,1	36.8										

Consolidate Alaska Fetal Alcohol Syndrome Program, Community Action Prevention and Intervention Grants, and Rural Services and Suicide Prevention components into the new Behavioral Health Prevention and Early Intervention Grants component to more efficiently deliver services.

Positions

<u>Change Record Detail - Multiple Scenarios with Descriptions</u> Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)

RDU: Behavioral Health (483)

Totals

0.0

0.0

0.0

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Pos PFT	sitions PPT	NP
quickly and request the year, and there	ing a grant budg is limited time to	et change, only to obtain approval t	proportions of the type have the trend chan o reallocate resource g ample authority to h	ge again. By the	time the change ction processing	es to the grant bud, , amend grants, an	get are requested, nd change grant er	it is often late in ncumbrances to				
By consolidating the budget change.	e prevention and	early intervention	components, the Div	vision of Behavior	al Health will be	better able to resp	oond to a provider	s need for a grant				
The components be Alaska Fetal Alcoho Community Action Rural Services and	ol Syndrome Pro Prevention and li	gram \$1,182.1 ntervention Grant	s \$5,688.3									

0.0

0.0

0.0

0.0

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Line Item Detail

Department of Health and Social Services Services

Component: Rural Services and Suicide Prevention (2597) Behavioral Health (483)

Line Number	Line Name			FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
73000	Services			887.2	1,008.1	0.0
Expendit	ure Account	Servicing Agency	Explanation	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
			73000 Services Detail Totals	887.2	1,008.1	0.0
73025	Education Services		Alaska Youth Suicide Prevention contracts	51.7	240.3	0.0
73050	Financial Services			25.6	0.0	0.0
73052	Mgmt/Consulting (Non IA Svcs Financial)		Spending authority for uncollectible federal receipts	0.0	10.1	0.0
73175	Health Services		Statewide Suicide Crisis Call Center	269.1	0.0	0.0
73450	Advertising & Promos			3.2	0.0	0.0
73750	Other Services (Non IA Svcs)		Suicide postvention and resource contracts	17.0	85.8	0.0
73750	Other Services (Non IA Svcs)			0.0	269.1	0.0
73750	Other Services (Non IA Svcs)		ADTP contracts not specifically assigned	0.0	46.3	0.0
73818	Training (Services-IA Svcs)			461.5	0.0	0.0
73818	Training (Services-IA Svcs)	Univ	RSA with University of Alaska Fairbanks for continued program administration and coordination of the Rural Human Services Program that provides training for rural counselors - GF	0.0	154.0	0.0
73818	Training (Services-IA Svcs)	Univ	RSA with University for School of Social Work, Rural Intensive Bachelor of Social Work	0.0	120.0	0.0
73979	Mgmt/Consulting (IA Svcs)			59.1	0.0	0.0
73979	Mgmt/Consulting (IA Svcs)	Univ	RSA with University for evaluation of the Alaska Youth Suicide Prevention project - federal	0.0	82.5	0.0

FY2016 Governor Amended
Department of Health and Social Services

Line Item Detail

Department of Health and Social Services Commodities

Component: Rural Services and Suicide Prevention (2597) Behavioral Health (483)

Line Number	Line Name			FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
74000	Commodities			5.1	10.0	0.0
Expendi	ture Account	Servicing Agency	Explanation	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
			74000 Commodities Detail Totals	5.1	10.0	0.0
74200	Business		Program resources - GF	5.1	6.7	0.0
74200	Business		Supplies for Alaska Youth Suicide Prevention project - federal	0.0	3.3	0.0

Line Item Detail

Department of Health and Social Services Grants, Benefits

Component: Rural Services and Suicide Prevention (2597)

Line Number	Line Name			FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
77000	Grants, Benefits			2,385.7	2,973.9	0.0
Expendit	ure Account	Servicing Agency	Explanation	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
			77000 Grants, Benefits Detail Totals	2,385.7	2,973.9	0.0
77110	Grants		Align Grant Authority by moving grant funds from FASD and CAPI Grants line.	2,385.7	0.0	0.0
77110	Grants		Rural Human Services grants-ADTP	0.0	1,991.6	0.0
77110	Grants		Suicide Prevention awards within the Comprehensive Prevention and Early Intervention Grant Program-GF	0.0	982.3	0.0

Restricted Revenue Detail Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)

Master Account	Revenue Description				FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
51010	Federal Receipts				335.9	412.1	0.0
Detail Info Revenue Amount		Component	Collocation Code	AKSAS Fund	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
51010	Federal Receipts SAMHSA Youth Suid	side Prevention Grant, CFDA 93.243			0.0	0.0	0.0
51010	Federal Receipts Uncollectible federal	receipt authority		11100	0.0	10.1	0.0
51010	Federal Receipts SAMHSA Youth Suid	cide Prevention Grant, CFDA 93.243	6337353	11100	0.0	402.0	0.0
57590	Fed Projects- Health				335.9	0.0	0.0

<u>Interagency Services</u> Department of Health and Social Services

Component: Rural Services and Suicide Prevention (2597)

Expenditu	ire Account	Service Description	Service Type	Servicing Agency	FY2014 Actuals	FY2015 Management Plan	FY2016 Governor Amended
		•		<u> </u>		Management i lan	Amended
73818	Training (Services-IA Svcs)		Inter-dept		461.5	0.0	0.0
73818	Training (Services-IA Svcs)	RSA with University of Alaska Fairbanks for continued program administration and coordination of the Rural Human Services Program that provides training for rural counselors - GF	Inter-dept	Univ	0.0	154.0	0.0
73818	Training (Services-IA Svcs)	RSA with University for School of Social Work, Rural Intensive Bachelor of Social Work	Inter-dept	Univ	0.0	120.0	0.0
		73	818 Training (Se	rvices-IA Svcs) subtotal:	461.5	274.0	0.0
73979	Mgmt/Consulting (IA Svcs)		Inter-dept		59.1	0.0	0.0
73979	Mgmt/Consulting (IA Svcs)	RSA with University for evaluation of the Alaska Youth Suicide Prevention project - federal	Inter-dept	Univ	0.0	82.5	0.0
		73	3979 Mgmt/Cons	ulting (IA Svcs) subtotal:	59.1	82.5	0.0
77110	Grants	Align Grant Authority by moving grant funds from FASD and CAPI Grants line.	Intra-dept	,	0.0	0.0	0.0
				77110 Grants subtotal:	0.0	0.0	0.0
		Rui	ral Services and	Suicide Prevention total:	520.6	356.5	0.0
				Grand Total:	520.6	356.5	0.0