

State of Alaska
FY2020 Governor's Operating Budget

Department of Health and Social Services
Senior and Disabilities Community Based Grants
Component Budget Summary

Component: Senior and Disabilities Community Based Grants**Contribution to Department's Mission**

Senior and Disabilities Services Community Based Grants component provides funding to a network of local service providers throughout the state with the sole purpose of supporting seniors and individuals with disabilities in the setting of their choice to ensure health safety and also to provide information about and access to services that are designed to help them maintain independence and remain in their own homes and communities. Programs and services are targeted to those most in need including individuals living in rural areas, low income, minority, and/or socially isolated. SDS Community based grant programs recognize the importance of community, family and culture and individual preferences in the delivery of services.

Core Services

- Aging and Disability Resource Centers and Short Term Assistance and Referral programs provide a centralized information, access and referral point for seniors and individuals with disabilities seeking long-term services and supports. Individuals receive a person centered intake and receive options counseling and assistance with accessing services if needed.
- Center's for Independent Living assist individuals of any age with any disability, address barriers with assistive technology and knowledge of accessibility modifications to maintain independence and remain in their own homes and communities.
- Home and community based services for seniors age 60 and over including congregate and home delivered meals, transportation, case management, adult day care, chore, respite, supplemental services and information and assistance about Alzheimer's Disease and Related Dementias, volunteer and social engagement opportunities, and health promotion and disease prevention activities, assisted living in rural communities, and support to family or relative caregivers.
- Legal assistance for seniors, their caregivers and individuals with disabilities.
- Resource navigation and case management for individuals who have experienced a traumatic brain injury.
- Resource navigation for individuals who are deaf and hard of hearing.
- Medicare counseling and outreach.

Major Component Accomplishments in 2018

The divisions' community based grant programs have continued to provide essential, high quality services to seniors and individuals with disabilities throughout the state despite the increasing needs in the senior population. The estimated number of individuals served in FY2018 was 35,750.
(Duplicated)

Full implementation of the Aging and Disability Resource Centers Person Centered Intake has reduced the need for Medicaid Waiver (Alaskans Living Independently & Adults with Physical and Developmental Disabilities waivers) and Personal Care Services from prior years. The Aging and Disability Resource Centers' specialists provide options counseling to identify long term support needs, explore options to meet their needs through a facilitated decision-support process, connect callers and visitors with the resources they choose, and follow up to ensure the needs have been met.

During FY2018, Senior Residential Services housed 32 individuals on a full time basis and provided short-term housing for seniors traveling from outlying communities to regional hubs for medical care. Consumers received assistance in managing their daily activities including: medication monitoring, meals, personal care, and housekeeping.

Key Component Challenges

Alaska is the state with the fastest growing senior population in the nation for the past five years, and people age 60+ are the fastest growing demographic in the state. People are living longer and many are

active; however, the numbers of seniors with dementia, chronic health conditions, and behavioral health needs are also increasing proportionately. (State Plan for Senior Services FY2016-2019, U.S. Bureau of the Census). This results in the increased need for long-term care services and increased waiting lists for seniors who need assistance to remain in their homes.

Additional key component challenges include:

Developing capacity and training providers for service delivery in order to meet the increasing needs of the growing senior population in each community. Providing additional support and technical assistance to grantees, especially in rural and underserved communities.

With the implementation of the Person Centered Intake, more individuals are learning about grant and other community resources, which has resulted in an increased demand for services.

Implement statewide efforts to raise public awareness and understanding about Alzheimer's disease and related dementias to encourage early screening, use of services to reduce the progression of the disease, and information to help overcome the stigma than can make Alzheimer's disease even more of a hardship.

Continued development and expansion of the Aging and Disability Resource Centers to provide streamlined, conflict free access to long-term care services and supports.

Availability of trained workforce for providing all home and community based services.

Limited state resources to develop and maintain consumer and service delivery database and reports to analyze and track performance of grant programs.

Significant Changes in Results to be Delivered in FY2020

The Aging and Disability Resource Center's Long Term Service and Support Person Centered Intake (PCI) was implemented for Nursing Facility Level of Care Home and Community Based waivers. In FY2019 additional prescreen activities will be added due to the implementation of the Community First Choice State Plan option and changes in access process with the children with complex medical conditions.

Aging and Disability Resource Centers and Short Term Assistance and Referral programs are utilizing Medicaid Administrative funds to support statewide services and expand service areas.

Aging and Disability Resource Center services expanded to service the Fairbanks and Northern Interior Alaska region beginning October 1, 2018.

The division will pilot a program beginning May 2019 to assess the needs of dementia caregivers and based on the results of the assessment, match them to services in order to extend the amount of time they can provide care in the home.

The division will implement a new 1915(c), Individualized Supports Waiver for individuals with intellectual and developmental disabilities. The waiver will begin transitioning eligible community developmental disabilities grant recipients effective October 1, 2018.

Statutory and Regulatory Authority

PL89-73	Title III Older Americans Act, as Amended
45 CFR, Part 1321	Code of Federal Regulations for Title III
AS 44.29	Department of Health and Social Services
AS 47.65	Service Programs for Older Alaskans and other Adults
AS 47.05	Administration of Welfare, Social Services and Institutions
7 AAC 78.010 - 320	Grant Programs

Component — Senior and Disabilities Community Based Grants

AS 47.80 Persons with Disabilities
7 AAC 78.010 - 320 Grant Programs
PL 100 - 203 Omnibus Budget Reconciliation Act of 1987
7 AAC 43.1000 - 1110 Home and Community Based Waiver Services Program

Contact Information

Contact: Shawnda O'Brien, Assistant Commissioner
Phone: (907) 465-1630
E-mail: shawnda.obrien@alaska.gov

Component Detail All Funds
Department of Health and Social Services

Component: Senior and Disabilities Community Based Grants (3201)
RDU: Senior and Disabilities Services (487)

Non-Formula Component

	FY2018 Actuals	FY2019 Conference Committee	FY2019 Authorized	FY2019 Management Plan	FY2020 Governor	FY2019 Management Plan vs FY2020 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	0.0	86.5	86.5	86.5	86.5	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	0.0	19,044.6	19,044.6	19,044.6	19,044.6	0.0	0.0%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	0.0	19,131.1	19,131.1	19,131.1	19,131.1	0.0	0.0%
Fund Sources:							
1002 Fed Rcpts (Fed)	0.0	6,706.9	6,706.9	6,706.9	6,706.9	0.0	0.0%
1003 G/F Match (UGF)	0.0	9,977.1	9,977.1	9,977.1	9,977.1	0.0	0.0%
1004 Gen Fund (UGF)	0.0	615.0	615.0	615.0	615.0	0.0	0.0%
1007 I/A Rcpts (Other)	0.0	651.5	651.5	651.5	651.5	0.0	0.0%
1037 GF/MH (UGF)	0.0	880.6	880.6	880.6	880.6	0.0	0.0%
1092 MHTAAR (Other)	0.0	300.0	300.0	300.0	300.0	0.0	0.0%
Unrestricted General (UGF)	0.0	11,472.7	11,472.7	11,472.7	11,472.7	0.0	0.0%
Designated General (DGF)	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Other Funds	0.0	951.5	951.5	951.5	951.5	0.0	0.0%
Federal Funds	0.0	6,706.9	6,706.9	6,706.9	6,706.9	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios with Descriptions
Department of Health and Social Services

Component: Senior and Disabilities Community Based Grants (3201)
RDU: Senior and Disabilities Services (487)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2019 Conference Committee To FY2019 Authorized *****												
FY2019 Conference Committee												
	ConfCom	19,131.1	0.0	0.0	86.5	0.0	0.0	19,044.6	0.0	0	0	0
1002 Fed Rcpts		6,706.9										
1003 G/F Match		9,977.1										
1004 Gen Fund		615.0										
1007 I/A Rcpts		651.5										
1037 GF/MH		880.6										
1092 MHTAAR		300.0										
Subtotal		19,131.1	0.0	0.0	86.5	0.0	0.0	19,044.6	0.0	0	0	0
***** Changes From FY2019 Management Plan To FY2020 Governor *****												
MH Trust: Housing - Maintain Aging and Disability Resource Centers												
	IncT	300.0	0.0	0.0	0.0	0.0	0.0	300.0	0.0	0	0	0
1092 MHTAAR		300.0										
Older Alaskans, persons with disabilities, family caregivers, and community members require a reliable source for information and referral on how to access a wide range of services (related to health, home care, financial support, housing, transportation, equipment and other health and social needs) which is critical to help individuals navigate complex programs and systems. The Aging & Disability Resource Centers (ADRC) also provide Options Counseling to assist individuals with understanding the services to make informed decisions. With the rapidly increasing number of older Alaskans, demand for access to this information is growing, while the current ADRCs are minimally funded and staffed. ADRCs are federally mandated to become the entrance into the state's long-term care services delivery system and are identified as a strategy under the Department of Health and Social Services' priority for long-term care.												
Reverse Mental Health Trust Recommendation												
	OTI	-300.0	0.0	0.0	0.0	0.0	0.0	-300.0	0.0	0	0	0
1092 MHTAAR		-300.0										
Reverse Mental Health Trust recommendation to reflect zero-based mental health budget.												
Totals		19,131.1	0.0	0.0	86.5	0.0	0.0	19,044.6	0.0	0	0	0

Line Item Detail (1676)
Department of Health and Social Services
Services

Component: Senior and Disabilities Community Based Grants (3201)

Line Number	Line Name		FY2018 Actuals	FY2019 Management Plan
3000	Services		0.0	86.5
Object Class	Servicing Agency	Explanation	FY2018 Actuals	FY2019 Management Plan
3000 Services Detail Totals			0.0	86.5
3003	Information Technology	Contract: Random Moment Study Software	0.0	61.5
3005	Health Services	Contract costs to provide youth transitional program services at organizations such as the National Deaf Academy or Latham Centers.	0.0	25.0

Line Item Detail (1676)
Department of Health and Social Services
Grants, Benefits

Component: Senior and Disabilities Community Based Grants (3201)

Line Number	Line Name		FY2018 Actuals	FY2019 Management Plan
7000	Grants, Benefits		0.0	19,044.6
Object Class	Servicing Agency	Explanation	FY2018 Actuals	FY2019 Management Plan
7000 Grants, Benefits Detail Totals			0.0	19,044.6
7001	Grants	Grants for the Nursing Facility Transition Program to help an elderly person or individual with a disability transition from a nursing facility back into the community.	0.0	94.5
7003	Sub-Recipient Pass-Through Grants	Grants for direct services including community-based services for those with limited income and high care needs. Grants are provided to seniors living alone, living with unpaid caregivers or living with paid caregivers in a residential setting such as an assisted living facility. Administration on Aging Supportive Services grants to provide outreach to identify seniors in need of services, local information, assistance and referral services, homemaker services including assistance with appointments, preparing meals, and shopping. Nutrition, Transportation and Support Services program grants to provide assistance to Alaskan seniors 60 and over as authorized under Title III of the Older Americans Act and AS 47.65. Congregate Meals and Home-Delivered Meals grants to provide nutrition services. These grants provide seniors aged 60+ with	0.0	18,950.1

Line Item Detail (1676)
Department of Health and Social Services
Grants, Benefits

Component: Senior and Disabilities Community Based Grants (3201)

Object Class	Servicing Agency	Explanation	FY2018 Actuals	FY2019 Management Plan
		7000 Grants, Benefits Detail Totals	0.0	19,044.6
		<p>nutritious food, companionship, access to other senior resources and volunteer opportunities; and home-delivered meals for ill and homebound seniors. Preventative Health Services grants to furnish direct services for evaluation of health and referral to health care providers and educational services. Adult Day Care Provider grants to local and regional non-profit or government agencies for services needed to help keep frail seniors at home. These services include Adult Day Services; In-home respite care; Case management/care coordination services; Alzheimer's Disease and Related Dementia (ADRD) education and family support services; Substance abuse treatment for the elderly; Family Caregiver Support Program and Geriatric Education. \$1,455.6 plus \$225.0 increment. Grants to develop and implement a community education program aimed to enhance the knowledge and skills of older Alaskans to be safe and effective consumers of medication.</p> <p>Grants to rural providers for supported residential living services to frail elders who do not have access to Pioneer Homes or other Long Term Care facilities in their community or region.</p> <p>Grants to address the needs of</p>		

Line Item Detail (1676)
Department of Health and Social Services
Grants, Benefits

Component: Senior and Disabilities Community Based Grants (3201)

Object Class	Servicing Agency	Explanation	FY2018 Actuals	FY2019 Management Plan
		7000 Grants, Benefits Detail Totals	0.0	19,044.6
		<p>individuals with developmental disabilities and provide services that support employment, respite care, care coordination, day habilitation, case management, specialized equipment and Core Services. Grant services provided by ARC of Anchorage to administer the Alaska State School for the Deaf and Hard of Hearing. Short Term Assistance and Referral (STAR) grants to assist people with developmental disabilities and their families in addressing short-term needs before a crisis occurs and to defer the need for more expensive residential services or long-term care. Mini-grants to beneficiaries with developmental disabilities for health and safety needs not covered by grants or other programs, to help beneficiaries attain and maintain healthy and productive lifestyles. Grants to improve employment and housing outcomes for Alaskans who are deaf or hard of hearing and reduce the number of placements in correctional institutions or the Alaska Psychiatric Institute.</p>		

Revenue Detail (1681)
Department of Health and Social Services

Component: Senior and Disabilities Community Based Grants (3201)

Revenue Type (OMB Fund Code) Revenue Source	Component	Comment	FY2018 Actuals	FY2019 Management Plan
5002 Fed Rcpts (1002 Fed Rcpts)			0.0	6,706.9
5002 Federal General Government - Miscellaneous Grants		Excess Federal Grant Authority	0.0	476.9
5007 Federal Health and Human Services - Miscellaneous Grants		State Health Insurance Assistance Program	0.0	70.0
5007 Federal Health and Human Services - Miscellaneous Grants		Senior Medicare Patrol	0.0	50.6
5007 Federal Health and Human Services - Miscellaneous Grants		Nutrition Services Incentive Program	0.0	464.9
5007 Federal Health and Human Services - Miscellaneous Grants		Part B: Independent Living State Grants Program	0.0	220.7
5007 Federal Health and Human Services - Miscellaneous Grants		Traumatic Brain Injury State Implementation Partnership Grant Program	0.0	158.0
5007 Federal Health and Human Services - Miscellaneous Grants		Title III B, C1, C2, D and E	0.0	5,265.8
5007 I/A Rcpts (1007 I/A Rcpts)			0.0	651.5
5301 Inter-Agency Receipts		Excess Interagency Authority	0.0	73.5
5301 Inter-Agency Receipts	Correct - Department-wide	RSA: Department of Corrections, Inmate Health for Behavioral Risk Management Sex Offender Treatment.	0.0	178.0
5301 Inter-Agency Receipts	E&ED - Department-wide	RSA: Department of Education and Early Development for Alaska State School for the Deaf Residential Services.	0.0	400.0
6003 G/F Match (1003 G/F Match)			0.0	9,977.1
6103 Match - Miscellaneous		GFM authority required to match federal grants	0.0	9,977.1
6004 Gen Fund (1004 Gen Fund)			0.0	615.0
6047 General Fund - Miscellaneous		Senior Residential Services Grants	0.0	615.0

Revenue Detail (1681)
Department of Health and Social Services

Component: Senior and Disabilities Community Based Grants (3201)

Revenue Type (OMB Fund Code)	Component	Comment	FY2018 Actuals	FY2019 Management Plan
6037 GF/MH (1037 GF/MH)			0.0	880.6
6123 General Fund Mental Health - Miscellaneous		GFMH Grant Authority	0.0	880.6
6092 MHTAAR (1092 MHTAAR)			0.0	300.0
6691 Mental Health Trust Auth Auth Rec - Miscellaneous		Mental Health Trust Authority Authorized Receipts for ADRC's	0.0	300.0