

State of Alaska FY2021 Governor's Operating Budget

Department of Health and Social Services Behavioral Health Prevention and Early Intervention Grants Component Budget Summary

Component: Behavioral Health Prevention and Early Intervention Grants

Contribution to Department's Mission

Ensure that effective community-based behavioral health prevention services are available statewide, incorporating community readiness, planning, partnerships and coalitions, and evidence-based strategies that demonstrate positive outcomes for individuals, families, and communities.

Core Services

- Coordinate statewide community-based Fetal Alcohol Spectrum Disorders diagnostic team network to provide local diagnostic services to families and individuals in their home or hub community.
- Coordinate rural case management services for individuals and their families receiving a diagnosis in Bethel, Kenai, Juneau, and Sitka.
- Provide service partner and family training about Fetal Alcohol Spectrum Disorders public awareness and education.
- Increase community support to individuals and families through grants and contracts and the ongoing development of partnerships to decrease the prevalence of Fetal Alcohol Spectrum Disorders across Alaska.
- Provide the foundation funding for Alaska's effort to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs.
- Decrease negative impacts of alcohol and substance abuse in Alaska.
- The Community-Based Suicide Prevention Program provides funds to develop data-driven, community-based strategies focused on mental health promotion, prevention of suicide, and increased mental health.
- The Rural Human Services System Project provides funds to regional agencies to hire, train, and supervise village-based counselors to attend the University of Alaska Fairbanks Rural Human Services Certification program. Rural Human Services trained village-based counselors provide integrated substance abuse and mental health outpatient, aftercare, and support services, as well as prevention and education activities throughout rural and remote Alaska.

Major Component Accomplishments in 2019

- Behavioral Health Prevention and Early Intervention Grants funded nineteen comprehensive behavioral health prevention and early intervention grants to local community-based prevention coalitions to complete a five-year funding cycle and a new funding cycle has just begun for FY2020 which will continue into FY2022. Students from over 20 agencies participated in the Rural Human Services program offered at the Interior Alaska Campus and Kuskokwim Campus of the University of Alaska.
- The division supported thirteen alternative schools in their suicide prevention efforts throughout the school year, including You Are Not Alone programs; supported QPR (question/persuade/refer) Gatekeeper training; and adjusted Careline (Alaska's suicide hotline) staffing to meet increased call demand. Successfully implemented the text line project.
- Integrated Division of Behavioral Health staff with the Division of Public Health's Office of Substance Misuse and Addiction Prevention (OSMAP) to better coordinate the federal Partnerships for Success (PFS); the Alaska Prevent Drug/Opioid Overdose (PDO) Initiative's Project HOPE (Harm-reduction, Overdose, Prevention, and Education); and the Fetal Alcohol Spectrum Disorders (FASD) prevention projects.

Key Component Challenges**Comprehensive Behavioral Health Prevention and Early Intervention Grants**

- The integration of the Strategic Prevention Framework into the Comprehensive Behavioral Health Prevention and Early Intervention grants has been successful in several communities. Coalitions of social service agencies, schools, non-profits and local governments are working together to increase community wellness and decrease the misuse of substances. Unfortunately, there are communities still struggling to maintain continuity at the staff and agency level.

Careline-Suicide Hotline

- Calls to the Careline have more than doubled. In FY2015 the Careline answered 10,270 calls and in FY2019 20,617 calls were answered. In February of 2017, the State of Alaska renegotiated the contract with the Alaska Careline, providing additional funds to the call center. These funds provided the opportunity to create an additional 14 shifts a week, or 112 hours of staffing coverage. The increase in funding allowed the Careline to meet the demand for suicide intervention and support; however, demand has continued to rise.
- The division funded additional Careline services, including a “texting” option. Texting continues to be a preferred alternative for the younger population; however, it is only available Tuesday-Saturday from 3-11pm.
- The Careline historically has a call answer rate of approximately 70 percent, for Lifeline calls, (calls to the national suicide prevention number), from Alaskans. This equates to around 200 calls a month to the Lifeline that are not answered in Alaska that are routed to a Lifeline back-up call center. Back-up call centers for the Lifeline are paid a stipend to serve as back-up centers.
- As Lifeline call volume to the Careline has increased, so has the volume of direct dial calls. In addition to the Lifeline, Careline answers six designated lines for direct dial calls - those calls which are directly placed to the center. For direct dial calls to the Careline there is an average answer rate of 92 percent. This exemplary answer rate is in spite of the continuous increase in calls.
- As the program continues to evaluate call capacity, one measure of capacity is the number of calls that are unanswered in the center. In spite of the additional staffing, the Careline continues to be understaffed for the number of calls received. The Careline supervisory team has worked internally to maximize answer rates. The supervisory team continually evaluates call trends, reviews staff answer rates, shifts coverage to account for call trends, and identifies areas for improvement.

Rural Services

- Rural Services coordinates with the Indian Health Service Behavioral Health Aide program to eliminate duplication and enhance the efforts of each group. The division is working closely with the University of Alaska Fairbanks to identify ways to strengthen partnerships, better utilize these limited funds, and maximize and sustain the outcomes of the Rural Human Service training program.
- The number of students who graduate from Rural Human Services and want to continue at the University of Alaska Fairbanks is increasing. In addition, a growing number of Rural Human Services and Associates in Arts Human Services students are continuing on to the University of Alaska Fairbanks distance Bachelor of Social Work program. The challenge is making sure there are adequate funding sources to assist students who want to continue with their educational pursuits in order to give Alaska a quality behavioral health work force. It continues to be a challenge to build workforce stability in some regions and to expand advanced level capacity of local workforces with master level supervisors and administrators.

Significant Changes in Results to be Delivered in FY2021**Comprehensive Behavioral Health Prevention and Early Intervention Grants**

- A new cohort of communities will have joined the efforts to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs as well as more effective and innovative ways to respond to the current opioid crisis.

Suicide Prevention

- More people will be able to access help through an expanded Careline text service.

Rural Services

- More students will be able to access Behavioral Health Coaching efforts through distance learning and e-modules created by the University of Alaska Southeast and supported through the division.

Alaska Fetal Alcohol Spectrum Disorder Program

Quantitative data related to Fetal Alcohol Spectrum Disorder diagnosis and case management services have been collected annually. In FY2021, the Fetal Alcohol Spectrum Disorder Program will be partnering with statewide community stakeholders, in conjunction with the Governor’s Council on Disabilities and Special Education’s Fetal Alcohol Spectrum Disorder plan, to assess the provision of quality, relevant supports and services regarding the outcomes of both the Fetal Alcohol Spectrum Disorder diagnostic and case management services.

Statutory and Regulatory Authority

AS 28.35.030	Miscellaneous Provisions
AS 47.30.011-061	Mental Health Trust Authority
AS 47.30.470-500	Mental Health
AS 47.37	Uniform Alcoholism & Intoxication Treatment Act
7 AAC 29	Uniform Alcoholism & Intoxication Treatment
7 AAC 78	Grant Programs

Contact Information
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Component Detail All Funds
Department of Health and Social Services

Component: Behavioral Health Prevention and Early Intervention Grants (3098)
RDU: Behavioral Health (483)

Non-Formula Component

	FY2019 Actuals	FY2020 Conference Committee	FY2020 Authorized	FY2020 Management Plan	FY2021 Governor	FY2020 Management Plan vs FY2021 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	7,046.3	8,695.3	8,695.3	8,695.3	8,545.3	-150.0	-1.7%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	7,046.3	8,695.3	8,695.3	8,695.3	8,545.3	-150.0	-1.7%
Fund Sources:							
1002 Fed Rcpts (Fed)	2,075.4	3,255.0	3,255.0	3,255.0	3,255.0	0.0	0.0%
1037 GF/MH (UGF)	1,728.3	1,728.3	1,728.3	1,728.3	1,728.3	0.0	0.0%
1180 Alcohol Fd (DGF)	3,242.6	3,712.0	3,712.0	3,712.0	3,562.0	-150.0	-4.0%
Unrestricted General (UGF)	1,728.3	1,728.3	1,728.3	1,728.3	1,728.3	0.0	0.0%
Designated General (DGF)	3,242.6	3,712.0	3,712.0	3,712.0	3,562.0	-150.0	-4.0%
Other Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Federal Funds	2,075.4	3,255.0	3,255.0	3,255.0	3,255.0	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios with Descriptions
Department of Health and Social Services

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2020 Conference Committee To FY2020 Authorized *****												
FY2020 Conference Committee												
	ConfCom	8,695.3	0.0	0.0	0.0	0.0	0.0	8,695.3	0.0	0	0	0
1002 Fed Rcpts		3,255.0										
1037 GF/MH		1,728.3										
1180 Alcohol Fd		3,712.0										
Subtotal		8,695.3	0.0	0.0	0.0	0.0	0.0	8,695.3	0.0	0	0	0
***** Changes From FY2020 Management Plan To FY2021 Governor *****												
Transfer to Behavioral Health Administration for Family Wellness Warriors Program												
	Trout	-150.0	0.0	0.0	0.0	0.0	0.0	-150.0	0.0	0	0	0
1180 Alcohol Fd		-150.0										
Totals		8,545.3	0.0	0.0	0.0	0.0	0.0	8,545.3	0.0	0	0	0

Transfer authority from Behavioral Health Prevention and Early Intervention Grants to Behavioral Health Administration for the Family Wellness Warriors program and administer as a contract instead of a grant. The remaining authority is sufficient to cover anticipated expenditures.

Line Item Detail (1676)
Department of Health and Social Services
Grants, Benefits

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

Line Number	Line Name		FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
7000	Grants, Benefits		7,046.3	8,695.3	8,545.3
Object Class	Servicing Agency	Explanation	FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
7000 Grants, Benefits Detail Totals			7,046.3	8,695.3	8,545.3
7001	Grants	Grants for the Prevention and early Intervention of Alcohol and other Substance Abuse	834.0	3,973.2	3,823.2
7002	Benefits		125.0	0.0	0.0
7003	Sub-Recipient Pass-Through Grants	Provider Agreements for Fetal Alcohol Syndrome Diagnostic and case management teams and Prevention and Early Intervention grants to grantees in rural and urban communities	6,087.3	4,722.1	4,722.1

Revenue Detail (1681)
Department of Health and Social Services

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

Revenue Type (OMB Fund Code) Revenue Source	Component	Comment	FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
5002 Fed Rcpts (1002 Fed Rcpts)			2,096.8	3,255.0	3,255.0
5019 Federal - Miscellaneous Grants		SAMSHA Grants, including: Strategic Prevention Framework Partnership for Success Grant, Project Hope Grant, as well as Substance Abuse Block Grant funding	2,094.3	3,255.0	3,255.0
5021 Federal - Other Prior Year Reimbursement Recovery			2.5	0.0	0.0
6037 GF/MH (1037 GF/MH)			9.0	0.0	0.0
6122 General Fund Mental Health - Prior Year Reimbursement Recvry			9.0	0.0	0.0
6180 Alcohol Fd (1180 Alcohol Fd)			0.0	3,712.0	3,562.0
6826 Alcohol/Drug Abuse Treat/Prvntn Fnd-PY Reimbursement Recovery		Alcohol Tax revenue promoting Alcohol and other drug prevention initiatives, rural human services grants, and Alaskans affected by Fetal Alcohol Spectrum Disorder	0.0	3,712.0	3,562.0