

State of Alaska FY2021 Governor's Operating Budget

Department of Health and Social Services Designated Evaluation and Treatment Component Budget Summary

Component: Designated Evaluation and Treatment

Contribution to Department's Mission

Hospital-based designated evaluation and treatment (DET) services are provided to Alaskans experiencing mental health crises. When the needs of individuals in crisis exceed the treatment capacities of their local communities, including the service options of their grant-funded comprehensive behavioral health center staff, these individuals are court-ordered to a designated evaluation and treatment facility for involuntary evaluation and/or treatment. Designated evaluation and treatment services are generally provided as close to each individual's home as possible, as promptly as possible, in a manner that informs the individual of his/her rights, and allows him/her to participate, to the extent possible, in their own treatment.

Core Services

- The Designated Evaluation and Treatment component provides fee-for-service funding on a payer-of-last resort basis to designated local community hospitals. These designated hospitals provide involuntary evaluation and treatment services to people court-ordered under Alaska Statute 47.30.655 – 47.30.915, and to people who meet commitment criteria but have agreed to voluntary services in lieu of commitment under Alaska Statute 47.31.010(b)(1)(B).
- A Designated Evaluation and Treatment facility may provide up to 72 hours of inpatient psychiatric evaluation; seven to ten days of crisis stabilization and treatment services; and 30 to 40 days of inpatient psychiatric hospital services as close to the consumer's home, family, and support systems as possible. Component funding also supports consumer and escort travel to the designated hospitals and back to their discharge placement.
- Designated Evaluation and Stabilization / Designated Evaluation and Treatment psychiatric emergency services are a costly component within the division's continuum of behavioral health services and are essential to controlling admissions to Alaska Psychiatric Institute, Alaska's only public psychiatric hospital.
- There are Designated Evaluation and Stabilization hospitals located in Bethel and Ketchikan (Yukon Kuskokwim Delta Regional Hospital and PeaceHealth Ketchikan Medical Center) and Designated Evaluation and Treatment (DET) hospitals located in the Northern Interior and Southeast Alaska regions (Fairbanks Memorial Hospital and Bartlett Regional Hospital). DET hospitals feature self-contained behavioral health units within each of their hospitals including full psychiatric care.

Major Component Accomplishments in 2019

With the implementation of Medicaid Expansion, more patients were approved for Hospital Presumptive Eligibility (HPE) and retroactive Medicaid that covered their entire lengths of hospital stays and used less Mental Health Treatment Assistance Program (MHTAP) funding (General Funds and Medicaid Disproportionate Share Hospital), as a result.

Key Component Challenges

While Designated Evaluation and Stabilization (DES) and Designated Evaluation and Treatment (DET) services are a significant aspect of the division's continuum of behavioral health services, these services are subject to significant and enduring challenges:

- **Funding:** The current and primary funding source for Alaska's Designated Evaluation and Treatment (*not* stabilization) services – Medicaid Disproportionate Share Hospital (DSH) funds – will be reduced, as the DSH funds are scheduled to decline under the Affordable Care Act between 2016 and 2022.
- **Facilities:** Communities often lack adequate facilities or the professional staff necessary to safely stabilize individuals experiencing local behavioral health emergencies. Local responders have sometimes detained people in local jails pending transport.
- **Workforce:** Designated Evaluation and Stabilization and Designated Evaluation and Treatment facilities and local community behavioral health centers will continue to struggle with workforce issues including staff shortages and turnover. There is a need for ongoing training in the management of psychiatric emergencies and the short-term stabilization and treatment process.

- **Cost:** The current crisis system uses the highest cost of care for treatment. Individuals in crisis go to the emergency room and are either placed in inpatient care (voluntary or involuntary) or released. There are no intermediate levels of care to avoid emergency room visits and the system does not have options for stabilization, outside of inpatient or discharge.
- **Expanding Partnerships:** Maintaining functioning partnerships between local hospitals and community behavioral health providers and other key social service agencies, in order to facilitate efficient and effective shared responses to local behavioral health emergencies, is a continuing challenge. Department and division staff have worked to expand partnerships by reaching out to hospitals on an individual basis.
- **Response Time:** The Division of Behavioral Health faces significant pressure (both monetary and legal) to arrange transport for individuals subject to court-ordered involuntary 72-hour evaluation holds within 24 hours of the time and date of the court order.
- **Expansion of Designated Hospitals:** Over 80 percent of the Alaska Psychiatric Institute's annual admissions come from the Mat-Su Valley and Anchorage Bowl. The inability to successfully attract new hospitals to provide Designated Evaluation and Stabilization and Designated Evaluation and Treatment services in these areas creates a backlog of court-ordered patients awaiting transfer to the Alaska Psychiatric Institute from hospital emergency rooms statewide.

Significant Changes in Results to be Delivered in FY2021

- The implementation of the 1115 Waiver will be a phased-in approach, as region-by-region the crisis system responds to individuals in crisis with options to meet their needs. Within five years, the division aims to reduce the cost of care for statewide services. The new services will include peer crisis support, mobile crisis response, up to 23-hour crisis stabilization and short-term residential crisis stabilization. These services will reduce the high cost of care, treat people at the level they need and reduce the reliance on Designated Evaluation and Treatment beds.
- The division is currently working with Yukon-Kuskokwim Health Corporation (YKHC) to become a department approved Designated Evaluation and Treatment (DET) facility. YKHC will add six "Decision Unit" beds to the hospital that is currently under construction. YKHC's goal is to be functioning as a DET by April 2020.
- For the first time in many years, the division has been aware that there is interest by a local hospital in the Mat-Su, to provide Designated Evaluation and Treatment beds at this facility. Mat-Su Regional has submitted a Certificate of Need (CON) application to build a 16-room psychiatric unit on the campus of the Mat-Su Regional Hospital, with an agreement to provide DET services at this facility. North Star Hospital has expressed interest in becoming a treatment facility and discussions with that hospital are ongoing. Either addition would greatly assist in diminishing the admissions pressures on the Alaska Psychiatric Institute.

Statutory and Regulatory Authority

AS 47.07.030	Medical Services to be Provided
AS 47.07.040	State Plan for Provision of Medical Assistance
AS 47.07.073	Uniform Accounting, Budgeting, and Reporting
AS 47.30.520 - 620	Community Mental Health Services Act
AS 47.30.655 - 915	State Mental Health Policy
AS 47.30.011 - 061	Mental Health Trust Authority
7 AAC 43.687	Disproportionate Share Hospital
7 AAC 150.170(8)	Allowable Reasonable Operating Costs
7 AAC 150.180	Methodology and Criteria for Additional Payments as a Disproportionate Share Hospital
7 AAC 78	Grant Programs
7 AAC 71	Community Mental Health Services
7 AAC 72	Civil Commitment
13 AAC 60.010 – 900	Licensing of Security Guards and Security Guard Agencies
AS 18.65.400 – 490	Police Protection

Contact Information

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Component Detail All Funds
Department of Health and Social Services

Component: Designated Evaluation and Treatment (1014)
RDU: Behavioral Health (483)

Non-Formula Component

	FY2019 Actuals	FY2020 Conference Committee	FY2020 Authorized	FY2020 Management Plan	FY2021 Governor	FY2020 Management Plan vs FY2021 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	6,602.0	2,794.8	5,029.3	5,029.3	2,794.8	-2,234.5	-44.4%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Totals	6,602.0	2,794.8	5,029.3	5,029.3	2,794.8	-2,234.5	-44.4%
Fund Sources:							
1037 GF/MH (UGF)	1,836.5	2,794.8	2,794.8	2,794.8	2,794.8	0.0	0.0%
1248 ACHI Fund (DGF)	4,765.5	0.0	2,234.5	2,234.5	0.0	-2,234.5	-100.0%
Unrestricted General (UGF)	1,836.5	2,794.8	2,794.8	2,794.8	2,794.8	0.0	0.0%
Designated General (DGF)	4,765.5	0.0	2,234.5	2,234.5	0.0	-2,234.5	-100.0%
Other Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Federal Funds	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
Positions:							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

Change Record Detail - Multiple Scenarios with Descriptions
Department of Health and Social Services

Component: Designated Evaluation and Treatment (1014)
RDU: Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2020 Conference Committee To FY2020 Authorized *****												
FY2020 Conference Committee	ConfCom	2,794.8	0.0	0.0	0.0	0.0	0.0	2,794.8	0.0	0	0	0
1037 GF/MH		2,794.8										
Hospital-based Mental Health Care Sec13(a) Ch17 SLA2018 P74 L5 (HB286) (FY19-FY20)	CarryFwd	2,234.5	0.0	0.0	0.0	0.0	0.0	2,234.5	0.0	0	0	0
1248 ACHI Fund		2,234.5										
Carry forward the unexpended balance of the appropriation made in Sec13(a) Ch17 SLA2018 P74 L5 (HB286) for hospital-based mental health care.												
Sec. 13. DEPARTMENT OF HEALTH AND SOCIAL SERVICES. (a) The sum of \$7,000,000 is appropriated from the Alaska comprehensive health insurance fund (AS 21.55.430) to the Department of Health and Social Services, behavioral health, designated evaluation and treatment, for hospital-based mental health care, for the fiscal years ending June 30, 2019 and June 30, 2020.												
Original Appropriation: \$ 7,000.0												
FY2019 Expenditures: \$ 4,765.5												
FY2020 Carryforward: \$ 2,234.5												
Subtotal		5,029.3	0.0	0.0	0.0	0.0	0.0	5,029.3	0.0	0	0	0
***** Changes From FY2020 Management Plan To FY2021 Governor *****												
Reverse FY2019 BH Eval and Treatment for Hospital-based Mental Health Care Sec13a Ch17 SLA2018 P74 L5 (HB286)(FY19)	OTI	-2,234.5	0.0	0.0	0.0	0.0	0.0	-2,234.5	0.0	0	0	0
1248 ACHI Fund		-2,234.5										
The sum of \$7,000,000 is appropriated from the Alaska comprehensive health insurance fund (AS 21.55.430) to the Department of Health and Social Services, behavioral health, designated for evaluation and treatment for hospital-based mental health care for the fiscal years ending June 30, 2019 and June 30, 2020.												
Original Appropriation: \$ 7,000.0												
FY2019 Expenditures: \$ 4,765.5												
FY2019 Encumbered: \$ 0.0												
FY2020 Carryforward: \$ 2,234.5												
Totals		2,794.8	0.0	0.0	0.0	0.0	0.0	2,794.8	0.0	0	0	0

Line Item Detail (1676)
Department of Health and Social Services
Grants, Benefits

Component: Designated Evaluation and Treatment (1014)

Line Number	Line Name		FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
7000	Grants, Benefits		6,602.0	5,029.3	2,794.8
Object Class	Servicing Agency	Explanation	FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
		7000 Grants, Benefits Detail Totals	6,602.0	5,029.3	2,794.8
7002	Benefits	Travel, Physician, and Hospital Psychiatric Emergency Services	6,602.0	5,029.3	2,794.8

Revenue Detail (1681)
Department of Health and Social Services

Component: Designated Evaluation and Treatment (1014)

Revenue Type (OMB Fund Code) Revenue Source	Component	Comment	FY2019 Actuals	FY2020 Management Plan	FY2021 Governor
6037 GF/MH (1037 GF/MH)			48.5	0.0	0.0
6122 General Fund Mental Health - Prior Year Reimbursement Recvry			48.5	0.0	0.0
6248 ACHI Fund (1248 ACHI Fund)			0.0	2,234.5	0.0
6128 ACHI Pblc Prctn Fines/Forfeitures			0.0	2,234.5	0.0