

State of Alaska
FY2023 Governor's Operating Budget

Department of Health
Behavioral Health Prevention and Early Intervention Grants
Component Budget Summary

Component: Behavioral Health Prevention and Early Intervention Grants

Contribution to Department's Mission

Ensure that effective community-based behavioral health prevention services are available statewide, incorporating community readiness, planning, partnerships and coalitions, and evidence-based strategies that demonstrate positive outcomes for individuals, families, and communities.

Core Services

- Coordinate statewide community-based Fetal Alcohol Spectrum Disorders diagnostic team network to provide local diagnostic services to families and individuals in their home or hub community.
- Coordinate rural case management services for individuals and their families receiving a diagnosis in Bethel, Kenai, Juneau, and Sitka.
- Provide service partner and family training about Fetal Alcohol Spectrum Disorders public awareness and education.
- Increase community support to individuals and families through grants and contracts and the ongoing development of partnerships to decrease the prevalence of Fetal Alcohol Spectrum Disorders across Alaska.
- Provide the foundation funding for Alaska's effort to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs.
- Decrease negative impacts of alcohol and substance abuse in Alaska.
- The Community-Based Suicide Prevention Program provides funds to develop data-driven, community-based strategies focused on mental health promotion, prevention of suicide, and increased mental health.
- Provide monitoring and education for tobacco vendors in order to deter sales of tobacco products to underage minors throughout the state.
- The Rural Human Services System Project provides funds to regional agencies to hire, train, and supervise village-based counselors to attend the University of Alaska Fairbanks Rural Human Services Certification program. Rural Human Services trained village-based counselors provide integrated substance abuse and mental health outpatient, aftercare, and support services, as well as prevention and education activities throughout rural and remote Alaska.

Major Component Accomplishments in 2021

- Behavioral Health Prevention and Early Intervention Grants funded sixteen comprehensive behavioral health prevention and early intervention grants to local community-based prevention coalitions to complete a five-year funding cycle. A new funding cycle began in FY2020 and continues into FY2022. Students from over 20 agencies participated in the Rural Human Services program offered at the Interior Alaska Campus and Kuskokwim Campus of the University of Alaska. The Rural Human Services program trains village-based counselors to provide integrated substance use and mental health outpatient, aftercare, and support services, as well as prevention and education activities throughout rural and remote Alaska.
- The division received a planning grant to prepare for the transition to a three-digit, national suicide prevention hotline number, 9-8-8. To successfully implement this plan by July 2022, the division has convened stakeholders and will continue to develop a comprehensive plan.
- The division supported the development of a text line for the Careline (Alaska's suicide hotline) to meet increased call demand.
- Division of Behavioral Health staff regularly and consistently coordinates with the Division of Public Health's Office of Substance Misuse and Addiction Prevention (OSMAP) to better coordinate the federal Alaska Prevent Drug/Opioid Overdose (PDO) Initiative's Project HOPE (Harm-reduction, Overdose, Prevention, and Education); and the Fetal Alcohol Spectrum Disorders (FASD) prevention projects.
- Screening and Brief Intervention and Referral to Treatment (SBIRT) training development with behavioral health providers continue to occur around the state. Planning for the implementation of SBIRT trainings in primary care settings occurred in FY2021 and will continue FY2022.
- The division established the Alaska First Responders Relief Line, a confidential and anonymous 24/7 crisis call line, to support health and behavioral health professionals, emergency service providers, as well as any workers whose role in a first response setting puts them at risk for COVID-19. The immediate family of first

responders are also eligible for services.

Key Component Challenges

Comprehensive Behavioral Health Prevention and Early Intervention Grants

- The integration of the Strategic Prevention Framework into the Comprehensive Behavioral Health Prevention and Early Intervention grants has been successful in several communities. Coalitions of social service agencies, schools, non-profits and local governments are working together to increase community wellness and decrease the misuse of substances. Unfortunately, there are communities still struggling to maintain continuity at the staff and agency level. It has also been difficult to provide some services during the pandemic that require face-to-face contact.

Careline-Suicide Hotline

- The division has partnered with the Division of Public Health to deliver messages to the public to encourage and support usage of the Careline hotline in response to the stressors of COVID-19. In FY2020, calls to the Careline dramatically increased and 20,214 calls were answered. In addition, there were 6,523 new callers who had never called or used the Careline before.
- The division has begun work on the national suicide prevention call line, 9-8-8, and will continue to meet with all stakeholders to ensure a smooth transition and continued quality of care. Historically, the Careline has a call answer rate of approximately 70 percent for calls to the Lifeline, the national suicide prevention number, from Alaskans. This equates to around 200 calls a month to the Lifeline that are not answered in Alaska and are routed to a Lifeline back-up call center. Back-up call centers for the Lifeline are paid a stipend to serve as back-up centers.
- The division continued to fund additional Careline services, including a texting option. Texting continues to be a preferred alternative for the younger population and suicide is the leading cause of death in Alaska for 15–24-year-olds. This targeted strategy increased texting services which was available 24/7 in FY2021.

Rural Services

- Rural Services coordinates with the Indian Health Service Behavioral Health Aide program to eliminate duplication and enhance the efforts of each group. The division is working closely with the University of Alaska Fairbanks (UAF) to identify ways to strengthen partnerships, improve utilization of limited funds, and maximize and sustain the outcomes of the Rural Human Service training program.
- A growing number of Rural Human Services and Associates in Arts Human Services students are continuing their education at the UAF Bachelor of Social Work distance learning program. The challenge is making sure there are adequate funding sources to assist students who want to continue with their educational pursuits to support Alaska's behavioral health workforce. It continues to be a challenge to build workforce stability in some regions and to expand advanced level capacity of local workforces with master's-level managers and administrators.

Significant Changes in Results to be Delivered in FY2023

Comprehensive Behavioral Health Prevention and Early Intervention Grants

- A new cohort of communities will join the efforts to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs, as well as more effective and innovative ways to respond to the current opioid crisis.

Suicide Prevention

- The implementation of the National Suicide Prevention call line or 9-8-8 will be ready by summer 2022.
- More people will be able to access help through an expanded Careline text service. There was an increase in participation in the Careline in FY2021 that is expected to continue into FY2022 and FY2023.
- The partnership with public health to deliver messages to encourage and support the usage of the Careline because of the stressors of COVID-19.
- Senior centers will receive more informational posters and other materials to encourage seniors to reach out during the stress of the pandemic.
- The rollout of the best practice model called the Zero Suicide Initiative, which will involve work with community-based agencies and coalitions. This model involves a framework, which helps organizations

within a system of care to commit to a safer environment for providing care to those with behavioral health concerns.

Rural Services

- More students will be able to access Behavioral Health Coaching efforts through distance learning and e-modules created by the University of Alaska Southeast supported through the division.

Alaska Fetal Alcohol Spectrum Disorder Program

- The Alaska Fetal Alcohol Spectrum Disorder program is funded by the Division of Behavioral Health and coordinated through the Division of Public Health, Office of Substance Misuse, Abuse and Prevention. Quantitative data related to Fetal Alcohol Spectrum Disorder diagnosis and case management services are annually collected. In FY2021 and FY2022, the Fetal Alcohol Spectrum Disorder Program will continue partnering with statewide community stakeholders, in conjunction with the Governor’s Council on Disabilities and Special Education’s Fetal Alcohol Spectrum Disorder plan, to assess the provision of quality, relevant supports and services regarding the outcomes of both the Fetal Alcohol Spectrum Disorder diagnostic and case management services.

Statutory and Regulatory Authority

| | |
|------------------|---|
| AS 28.35.030 | Miscellaneous Provisions |
| AS 47.30.011-061 | Mental Health Trust Authority |
| AS 47.30.470-500 | Mental Health |
| AS 47.37 | Uniform Alcoholism & Intoxication Treatment Act |
| 7 AAC 29 | Uniform Alcoholism & Intoxication Treatment |
| 7 AAC 78 | Grant Programs |

Contact Information

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Component Detail All Funds
Department of Health

Component: Behavioral Health Prevention and Early Intervention Grants (3098)
RDU: Behavioral Health (483)

Non-Formula Component

| | FY2021 Actuals | FY2022 Conference Committee | FY2022 Authorized | FY2022 Management Plan | FY2023 Governor | FY2022 Management Plan vs FY2023 Governor | |
|-----------------------------------|----------------|-----------------------------|-------------------|------------------------|-----------------|---|---------------|
| 71000 Personal Services | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| 72000 Travel | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| 73000 Services | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| 74000 Commodities | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| 75000 Capital Outlay | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| 77000 Grants, Benefits | 6,049.0 | 8,345.3 | 16,089.3 | 16,089.3 | 9,245.3 | -6,844.0 | -42.5% |
| 78000 Miscellaneous | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| Totals | 6,049.0 | 8,345.3 | 16,089.3 | 16,089.3 | 9,245.3 | -6,844.0 | -42.5% |
| Fund Sources: | | | | | | | |
| 1002 Fed Rcpts (Fed) | 859.2 | 3,055.0 | 3,055.0 | 3,055.0 | 3,055.0 | 0.0 | 0.0% |
| 1037 GF/MH (UGF) | 1,660.9 | 1,728.3 | 1,728.3 | 1,728.3 | 2,628.3 | 900.0 | 52.1% |
| 1180 Alcohol Fd (DGF) | 3,528.9 | 3,562.0 | 3,562.0 | 3,562.0 | 3,562.0 | 0.0 | 0.0% |
| 1265 COVID Fed (Fed) | 0.0 | 0.0 | 7,744.0 | 7,744.0 | 0.0 | -7,744.0 | -100.0% |
| Unrestricted General (UGF) | 1,660.9 | 1,728.3 | 1,728.3 | 1,728.3 | 2,628.3 | 900.0 | 52.1% |
| Designated General (DGF) | 3,528.9 | 3,562.0 | 3,562.0 | 3,562.0 | 3,562.0 | 0.0 | 0.0% |
| Other Funds | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0% |
| Federal Funds | 859.2 | 3,055.0 | 10,799.0 | 10,799.0 | 3,055.0 | -7,744.0 | -71.7% |
| Positions: | | | | | | | |
| Permanent Full Time | 0 | 0 | 0 | 0 | 0 | 0 | 0.0% |
| Permanent Part Time | 0 | 0 | 0 | 0 | 0 | 0 | 0.0% |
| Non Permanent | 0 | 0 | 0 | 0 | 0 | 0 | 0.0% |

Change Record Detail - Multiple Scenarios with Descriptions
Department of Health

Component: Behavioral Health Prevention and Early Intervention Grants (3098)
RDU: Behavioral Health (483)

| Scenario/Change Record Title | Trans Type | Totals | Personal Services | Travel | Services | Commodities | Capital Outlay | Grants, Benefits | Miscellaneous | Positions | | NP |
|--|------------|---------|-------------------|--------|----------|-------------|----------------|------------------|---------------|-----------|-----|----|
| | | | | | | | | | | PFT | PPT | |
| ***** Changes From FY2022 Conference Committee To FY2022 Authorized ***** | | | | | | | | | | | | |
| FY2022 Conference Committee | | | | | | | | | | | | |
| | ConfCom | 8,345.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 8,345.3 | 0.0 | 0 | 0 | 0 |
| 1002 Fed Rcpts | | 3,055.0 | | | | | | | | | | |
| 1037 GF/MH | | 1,728.3 | | | | | | | | | | |
| 1180 Alcohol Fd | | 3,562.0 | | | | | | | | | | |
| ARPA Mental Health Treatment Funding Sec18(e) Ch1 SSSLA2021 P115 L28 (HB69) (FY21-FY24) | | | | | | | | | | | | |
| | CarryFwd | 3,038.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 3,038.0 | 0.0 | 0 | 0 | 0 |
| 1265 COVID Fed | | 3,038.0 | | | | | | | | | | |

Carry forward of the unexpended balance of the appropriation made in Sec18(e) Ch1 SSSLA2021 P115 L28 (HB69) for mental health treatment funding.

Sec18(e) The amount of federal receipts received from the American Rescue Plan Act of 2021 (P.L. 117-2) for the following purposes in the fiscal years ending June 30, 2021, and June 30, 2022, estimated to be \$94,351,400, is appropriated to the Department of Health and Social Services for the fiscal years ending June 30, 2021, June 30, 2022, June 30, 2023, and June 30, 2024, for the following purposes and in the following estimated amounts:

- Family violence and child abuse prevention and treatment funding -- \$291,000
- Low income home energy assistance program -- \$23,701,000
- Mental health treatment funding -- \$3,038,000
- Senior and disabilities services community-based grants -- \$7,045,000
- Special supplemental nutrition program for women, infants, and children benefits improvements -- \$1,160,000
- Substance abuse block grant funding -- \$4,706,000
- United States Centers for Disease Control and Prevention funding for COVID-19 testing -- \$22,033,800
- United States Centers for Disease Control and Prevention for COVID-19 vaccination activities -- \$32,376,600

Original Appropriation: \$ 3,038.0
FY2021 Expenditures: \$ 0.0
FY2022 Carryforward: \$ 3038.0

ARPA Substance Abuse Block Grant Funding Sec18(e) Ch1 SSSLA2021 P116 L2 (HB69) (FY21-FY24)

| | | | | | | | | | | | | |
|----------------|----------|---------|-----|-----|-----|-----|-----|---------|-----|---|---|---|
| | CarryFwd | 4,706.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 4,706.0 | 0.0 | 0 | 0 | 0 |
| 1265 COVID Fed | | 4,706.0 | | | | | | | | | | |

Carry forward of the unexpended balance of the appropriation made in Sec18(e) Ch1 SSSLA2021 P116 L2 (HB69) for substance abuse block grant funding.

Sec18(e) The amount of federal receipts received from the American Rescue Plan Act of 2021 (P.L. 117-2) for the following purposes in the fiscal years ending June 30, 2021, and June 30, 2022, estimated to be \$94,351,400, is appropriated to the Department of Health and Social Services for the fiscal years ending June 30, 2021, June 30, 2022, June 30, 2023, and June 30, 2024, for the following purposes and in the following estimated amounts:

- Family violence and child abuse prevention and treatment funding -- \$291,000
- Low income home energy assistance program -- \$23,701,000

Change Record Detail - Multiple Scenarios with Descriptions
Department of Health

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

RDU: Behavioral Health (483)

| Scenario/Change Record Title | Trans Type | Totals | Personal Services | Travel | Services | Commodities | Capital Outlay | Grants, Benefits | Miscellaneous | Positions | | NP |
|--|---------------|-----------------|----------------------|------------|------------|-------------|----------------|------------------|---------------|-----------|----------|----------|
| | | | | | | | | | | PFT | PPT | |
| Mental health treatment funding -- \$3,038,000 | | | | | | | | | | | | |
| Senior and disabilities services community-based grants -- \$7,045,000 | | | | | | | | | | | | |
| Special supplemental nutrition program for women, infants, and children benefits improvements -- \$1,160,000 | | | | | | | | | | | | |
| Substance abuse block grant funding -- \$4,706,000 | | | | | | | | | | | | |
| United States Centers for Disease Control and Prevention funding for COVID-19 testing -- \$22,033,800 | | | | | | | | | | | | |
| United States Centers for Disease Control and Prevention for COVID-19 vaccination activities -- \$32,376,600 | | | | | | | | | | | | |
| Original Appropriation: \$ 4,706.0 | | | | | | | | | | | | |
| FY2021 Expenditures: \$ 0.0 | | | | | | | | | | | | |
| FY2022 Carryforward: \$ 4,706.0 | | | | | | | | | | | | |
| Subtotal | | 16,089.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 16,089.3 | 0.0 | 0 | 0 | 0 |
| ***** Changes From FY2022 Management Plan To FY2023 Governor ***** | | | | | | | | | | | | |
| Reverse ARPA Substance Abuse Block Grant Funding Sec18(e) Ch1 SSSLA2021 P116 L2 (HB69) (FY21-FY24) | | | | | | | | | | | | |
| OTI | | -4,706.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | -4,706.0 | 0.0 | 0 | 0 | 0 |
| 1265 COVID Fed | | -4,706.0 | | | | | | | | | | |
| Reverse one-time federal authority for funding received from the American Rescue Plan Act of 2021 (P.L. 117-2). | | | | | | | | | | | | |
| Reverse ARPA Mental Health Treatment Funding Sec18(e) Ch1 SSSLA2021 P115 L28 (HB69) (FY21-FY24) | | | | | | | | | | | | |
| OTI | | -3,038.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | -3,038.0 | 0.0 | 0 | 0 | 0 |
| 1265 COVID Fed | | -3,038.0 | | | | | | | | | | |
| Reverse one-time federal authority for funding received from the American Rescue Plan Act of 2021 (P.L. 117-2). | | | | | | | | | | | | |
| MH Trust: Crisis Now Continuum of Care Grants | | | | | | | | | | | | |
| IncT | | 900.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 900.0 | 0.0 | 0 | 0 | 0 |
| 1037 GF/MH | | 900.0 | | | | | | | | | | |
| The Crisis Now system is a best practice framework for developing and implementing crisis stabilization services for people experiencing a behavioral health crisis. The Mental Health Trust Authority works with various departments within the state and community partners to stand-up this system of care in Fairbanks, Mat-Su, Anchorage, and Juneau. These care grants will be awarded to entities that are partnering with the community to provide less restrictive options for people having a behavioral health crisis. Currently, law enforcement agencies and/or emergency medical services are the typical responders to these individuals in crisis. These system care grants will unify community partners and develop a Crisis Now system of care with trained behavioral health professionals meeting the needs of Alaskans having a behavioral health crisis instead of law enforcement and/or emergency medical services. | | | | | | | | | | | | |
| Totals | | 9,245.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 9,245.3 | 0.0 | 0 | 0 | 0 |

Line Item Detail (1676)
Department of Health
Grants, Benefits

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

| Line Number | Line Name | | FY2021 Actuals | FY2022 Management Plan | FY2023 Governor |
|--|-----------------------------------|---|-----------------------|-------------------------------|------------------------|
| 7000 | Grants, Benefits | | 6,049.0 | 16,089.3 | 9,245.3 |
| Object Class | Servicing Agency | Explanation | FY2021 Actuals | FY2022 Management Plan | FY2023 Governor |
| 7000 Grants, Benefits Detail Totals | | | 6,049.0 | 16,089.3 | 9,245.3 |
| 7001 | Grants | Grants for the Prevention and early Intervention of Alcohol and other Substance Abuse | 525.0 | 3,823.2 | 2,475.3 |
| 7001 | Grants | ARPA Mental Health Treatment and Substance Abuse Block Grant Funding | 0.0 | 7,744.0 | 0.0 |
| 7002 | Benefits | Benefits | 989.4 | 0.0 | 1,250.0 |
| 7003 | Sub-Recipient Pass-Through Grants | Provider Agreements for Fetal Alcohol Syndrome Diagnostic and case management teams and Prevention and Early Intervention grants to grantees in rural and urban communities | 4,534.6 | 4,522.1 | 5,520.0 |

Revenue Detail (1681)
Department of Health

Component: Behavioral Health Prevention and Early Intervention Grants (3098)

| Revenue Type (OMB Fund Code) Revenue Source | Component | Comment | FY2021 Actuals | FY2022 Management Plan | FY2023 Governor |
|--|-----------|--|----------------|---------------------------|-----------------|
| 5002 Fed Rcpts (1002 Fed Rcpts) | | | 859.2 | 3,055.0 | 3,055.0 |
| 5019 Federal - Miscellaneous Grants | | SAMSHA Grants, including: Strategic Prevention Framework Partnership for Success Grant, Project Hope Grant, as well as Substance Abuse Block Grant funding | 859.2 | 3,055.0 | 3,055.0 |
| 5265 COVID Fed (1265 COVID Fed) | | | 0.0 | 7,744.0 | 0.0 |
| 5028 Federal COVID Stimulus - Miscellaneous Grants | | SAMSHA Grants, including: Strategic Prevention Framework Partnership for Success Grant, Project Hope Grant, as well as Substance Abuse Block Grant funding | 0.0 | 7,744.0 | 0.0 |
| 6037 GF/MH (1037 GF/MH) | | | 0.0 | 1,728.3 | 2,628.3 |
| 6122 General Fund Mental Health - Prior Year Reimbursement Recvry | | Prior year reimbursement | 0.0 | 1,728.3 | 2,628.3 |
| 6180 Alcohol Fd (1180 Alcohol Fd) | | | 0.0 | 3,562.0 | 3,562.0 |
| 6826 Alcohol/Drug Abuse Treat/Prvntn Fnd-PY Reimbursement Recovry | | Alcohol Tax revenue promoting alcohol and other drug prevention initiatives, rural human services grants, and Alaskans affected by Fetal Alcohol Spectrum Disorder | 0.0 | 3,562.0 | 3,562.0 |