

**State of Alaska**  
**FY2024 Governor's Operating Budget**

**Department of Health**  
**Behavioral Health Prevention and Early Intervention Grants**  
**Component Budget Summary**

**Component: Behavioral Health Prevention and Early Intervention Grants**

**Contribution to Department's Mission**

Ensure that effective community-based behavioral health prevention services are available statewide, incorporating community readiness, planning, partnerships and coalitions, and evidence-based strategies that demonstrate positive outcomes for individuals, families, and communities.

**Core Services**

- Coordinate statewide community-based Fetal Alcohol Spectrum Disorders diagnostic team network to provide local diagnostic services to families and individuals in their home or hub community.
- Coordinate rural case management services for individuals and their families receiving a diagnosis in Bethel, Kenai, Juneau, and Sitka.
- Provide service partner and family training about Fetal Alcohol Spectrum Disorders public awareness and education.
- Increase community support to individuals and families through grants and contracts and the ongoing development of partnerships to decrease the prevalence of Fetal Alcohol Spectrum Disorders across Alaska.
- Provide the foundation funding for Alaska's effort to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs.
- Decrease negative impacts of alcohol and substance abuse in Alaska.
- The Community-Based Suicide Prevention Program provides funds to develop data-driven, community-based strategies focused on mental health promotion, prevention of suicide, and increased mental health.
- Provide monitoring and education for tobacco vendors in order to deter sales of tobacco products to underage minors throughout the state.
- The Rural Human Services System Project provides funds to regional agencies to hire, train, and supervise village-based counselors to attend the University of Alaska Fairbanks Rural Human Services Certification program. Rural Human Services trained village-based counselors provide integrated substance abuse and mental health outpatient, aftercare, and support services, as well as prevention and education activities throughout rural and remote Alaska.

**Major Component Accomplishments in 2022**

- Behavioral Health Prevention and Early Intervention Grants funded 16 comprehensive behavioral health prevention and early intervention grants to local community-based prevention coalitions to complete a five-year funding cycle. A new funding cycle began in FY2020 and continued in FY2022. Students from over 20 agencies participated in the Rural Human Services program offered at the Interior Alaska Campus and Kuskokwim Campus of the University of Alaska. The Rural Human Services program trains village-based counselors to provide integrated substance use and mental health outpatient, aftercare, and support services, as well as prevention and education activities throughout rural and remote Alaska.
- The division implemented the national suicide prevention hotline number, 9-8-8 starting on July 15, 2022. The division has convened multiple stakeholders and has developed a comprehensive plan to be implemented in stages throughout the coming year.
- The division supported the development of a text line for the Careline (Alaska's suicide hotline) to meet increased service demand.
- The division regularly collaborates with the Division of Public Health's Office of Substance Misuse and Addiction Prevention (OSMAP) to coordinate the federal Alaska Prevent Drug/Opioid Overdose (PDO) Initiative's Project HOPE (Harm-reduction, Overdose, Prevention, and Education); and the Fetal Alcohol Spectrum Disorders (FASD) prevention projects.
- The division coordinated with the Department of Commerce, Community, and Economic Development to support the Prescription Drug Monitoring Program (PDMP) through use of federal state opioid response funding.
- Screening and Brief Intervention and Referral to Treatment (SBIRT) training development with behavioral health providers continue to occur around the state in both primary care and behavioral health settings. This will continue throughout the year.

- The division established the Alaska First Responders Relief Line, a confidential and anonymous 24/7 crisis call line, to support health and behavioral health professionals, emergency service providers, as well as any workers whose role in a first response setting puts them at risk for COVID-19. The immediate family of first responders are also eligible for services.

## **Key Component Challenges**

### **Comprehensive Behavioral Health Prevention and Early Intervention Grants**

- The integration of the Strategic Prevention Framework into the Comprehensive Behavioral Health Prevention and Early Intervention grants has been successful in several communities. Coalitions of social service agencies, schools, non-profits, and local governments are working together to increase community wellness and decrease the misuse of substances. Unfortunately, there are communities still struggling to maintain continuity at the staff and agency level. It has also been difficult to provide some services during the pandemic that require face-to-face contact.

### **Careline-Suicide Hotline**

- The division has partnered with the Division of Public Health to deliver messages to the public to encourage and support usage of the Careline hotline in response to the stressors of COVID-19. In July and August 2022, the call center saw a 22 percent increase in the number of Lifeline calls received compared to the same time last year. The division anticipates that this number will continue to grow. The call answer rate for 9-8-8 calls for August 2022 was 80 percent, a 26 percent increase from the previous month.
- The division has begun work on the national suicide prevention call line, 9-8-8, and will continue to meet with all stakeholders to ensure a smooth transition and continued quality of care. Historically, the Careline has a call answer rate of approximately 70 percent for calls to the Lifeline, the national suicide prevention number, from Alaskans. This equates to around 200 calls a month to the Lifeline that are not answered in Alaska and are routed to a Lifeline back-up call center. Back-up call centers for the Lifeline are paid a stipend to serve as back-up centers.
- The division continued to fund additional Careline services, including a texting option. Texting continues to be a preferred alternative for the younger population and suicide is the leading cause of death in Alaska for 15–24-year-olds. This targeted strategy increased texting services which was available 24/7 in FY2021. The option to text the Careline will continue to be available in FY2024.

### **Rural Services**

- Rural Services coordinates with the Indian Health Service behavioral health aide program to eliminate duplication and enhance the efforts of each group. The division is working closely with the University of Alaska Fairbanks to identify ways to strengthen partnerships, improve utilization of limited funds, and maximize and sustain the outcomes of the Rural Human Service training program.
- A growing number of Rural Human Services and Associates in Arts Human Services students are continuing their education at the University of Alaska Fairbanks Bachelor of Social Work distance learning program. The challenge is making sure there are adequate funding sources to assist students who want to continue with their educational pursuits to support Alaska's behavioral health workforce. It continues to be a challenge to build workforce stability in some regions and to expand advanced level capacity of local workforces with master's-level managers and administrators.

## **Significant Changes in Results to be Delivered in FY2024**

### **Comprehensive Behavioral Health Prevention and Early Intervention Grants**

- A new cohort of communities will join the efforts to prevent substance abuse within the state, with a special focus on preventing youth from experimenting with and becoming addicted to alcohol and other drugs, as well as more effective and innovative ways to respond to the current opioid crisis.

### **Suicide Prevention**

- The implementation of the National Suicide Prevention call line or 9-8-8 occurred in the summer of 2022 and call answer rates continue to slowly increase as the 9-8-8 option becomes more widely accepted.
- More people will be able to access help through an expanded Careline text service. There was an increase in participation in the Careline through the new 9-8-8 crisis number in FY2022 that is expected to continue into FY2023 and FY2024.

- The rollout of the best practice model, called the Zero Suicide Initiative, will begin by January 2023. The rollout will involve work with community-based agencies and coalitions. This model includes a framework, which helps organizations within a system of care to commit to a safer environment for providing care to those with behavioral health concerns. This effort will be supported by a federal grant that was awarded in September 2022.

### Statutory and Regulatory Authority

AS 28.35.030	Miscellaneous Provisions
AS 47.30.011-061	Mental Health Trust Authority
AS 47.30.470-500	Mental Health
AS 47.37	Uniform Alcoholism & Intoxication Treatment Act
7 AAC 29	Uniform Alcoholism & Intoxication Treatment
7 AAC 78	Grant Programs

Contact Information
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**Component Detail All Funds**  
**Department of Health**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)  
**RDU:** Behavioral Health (483)

Non-Formula Component

	FY2022 Actuals	FY2023 Conference Committee	FY2023 Authorized	FY2023 Management Plan	FY2024 Governor	FY2023 Management Plan vs FY2024 Governor	
71000 Personal Services	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
72000 Travel	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
73000 Services	107.6	0.0	3,079.0	3,079.0	0.0	-3,079.0	-100.0%
74000 Commodities	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
75000 Capital Outlay	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
77000 Grants, Benefits	6,400.9	8,592.0	13,149.4	13,149.4	7,692.0	-5,457.4	-41.5%
78000 Miscellaneous	0.0	0.0	0.0	0.0	0.0	0.0	0.0%
<b>Totals</b>	<b>6,508.5</b>	<b>8,592.0</b>	<b>16,228.4</b>	<b>16,228.4</b>	<b>7,692.0</b>	<b>-8,536.4</b>	<b>-52.6%</b>
<b>Fund Sources:</b>							
1002 Fed Rcpts (Fed)	1,648.9	0.0	0.0	0.0	0.0	0.0	0.0%
1037 GF/MH (UGF)	1,510.9	0.0	0.0	0.0	0.0	0.0	0.0%
1180 Alcohol Fd (DGF)	3,241.1	0.0	0.0	0.0	0.0	0.0	0.0%
1265 COVID Fed (Fed)	107.6	0.0	0.0	0.0	0.0	0.0	0.0%
1002 Fed Rcpts (Fed)	0.0	3,055.0	3,055.0	3,055.0	3,055.0	0.0	0.0%
1037 GF/MH (UGF)	0.0	1,975.0	1,975.0	1,975.0	1,075.0	-900.0	-45.6%
1180 Alcohol Fd (DGF)	0.0	3,562.0	3,562.0	3,562.0	3,562.0	0.0	0.0%
1265 COVID Fed (Fed)	0.0	0.0	7,636.4	7,636.4	0.0	-7,636.4	-100.0%
<b>Unrestricted General (UGF)</b>	<b>1,510.9</b>	<b>1,975.0</b>	<b>1,975.0</b>	<b>1,975.0</b>	<b>1,075.0</b>	<b>-900.0</b>	<b>-45.6%</b>
<b>Designated General (DGF)</b>	<b>3,241.1</b>	<b>3,562.0</b>	<b>3,562.0</b>	<b>3,562.0</b>	<b>3,562.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Other Funds</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0%</b>
<b>Federal Funds</b>	<b>1,756.5</b>	<b>3,055.0</b>	<b>10,691.4</b>	<b>10,691.4</b>	<b>3,055.0</b>	<b>-7,636.4</b>	<b>-71.4%</b>
<b>Positions:</b>							
Permanent Full Time	0	0	0	0	0	0	0.0%
Permanent Part Time	0	0	0	0	0	0	0.0%
Non Permanent	0	0	0	0	0	0	0.0%

**Change Record Detail - Multiple Scenarios with Descriptions**  
**Department of Health**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

**RDU:** Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
***** Changes From FY2023 Conference Committee To FY2023 Authorized *****												
<b>FY2023 Conference Committee</b>												
	ConfCom	8,592.0	0.0	0.0	0.0	0.0	0.0	8,592.0	0.0	0	0	0
1002 Fed Rcpts		3,055.0										
1037 GF/MH		1,975.0										
1180 Alcohol Fd		3,562.0										
<b>ARPA Mental Health Treatment Funding Sec67(j) Ch11 SLA2022 P176 L23 (HB281) (FY23-FY24)</b>												
	MultiYr	3,038.0	0.0	0.0	1,444.4	0.0	0.0	1,593.6	0.0	0	0	0
1265 COVID Fed		3,038.0										
Carryforward of the unexpended balance of the appropriation made in Sec18(e) Ch1 SSSLA2021 P115 L28 (HB69) for mental health treatment funding, which was reappropriated to the Department of Health in Sec67(j) Ch11 SLA2022 P176 L23 (HB281).												
Sec67(j) The unexpended and unobligated balance of the appropriation made in sec. 18(e), ch. 1, SSSLA 2021, page 115, line 28 (Department of Health and Social Services, mental health treatment funding), as amended by sec. 59(a)(9) of this Act, is reappropriated to the Department of Health for mental health treatment funding for the fiscal years ending June 30, 2023, and June 30, 2024.												
Original Appropriation: \$ 3,038.0												
FY2021 Expenditures: \$ 0.0												
FY2022 Expenditures: \$ 0.0												
FY2023 Carryforward: \$ 3,038.0												
<b>ARPA Substance Abuse Block Grant Funding Sec67(m) Ch11 SLA2022 P177 L8 (HB281) (FY23-FY24)</b>												
	MultiYr	4,598.4	0.0	0.0	1,634.6	0.0	0.0	2,963.8	0.0	0	0	0
1265 COVID Fed		4,598.4										
Carryforward of the unexpended balance of the appropriation made in Sec18(e) Ch1 SSSLA2021 P116 L2 (HB69) for substance abuse block grant funding, which was reappropriated to the Department of Health in Sec67(m) Ch11 SLA2022 P177 L8 (HB281).												
Sec67(m) The unexpended and unobligated balance of the appropriation made in sec. 18(e), ch. 1, SSSLA 2021, page 116, line 2 (Department of Health and Social Services, substance abuse block grant funding), as amended by sec. 59(a)(12) of this Act, is reappropriated to the Department of Health for substance abuse block grant funding for the fiscal years ending June 30, 2023, and June 30, 2024.												
Original Appropriation: \$ 4,706.0												
FY2021 Expenditures: \$ 0.0												
FY2022 Expenditures: \$ 107.6												
FY2023 Carryforward: \$ 4,598.4												
<b>Subtotal</b>		<b>16,228.4</b>	<b>0.0</b>	<b>0.0</b>	<b>3,079.0</b>	<b>0.0</b>	<b>0.0</b>	<b>13,149.4</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>
***** Changes From FY2023 Management Plan To FY2024 Governor *****												

**Change Record Detail - Multiple Scenarios with Descriptions**  
**Department of Health**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

**RDU:** Behavioral Health (483)

Scenario/Change Record Title	Trans Type	Totals	Personal Services	Travel	Services	Commodities	Capital Outlay	Grants, Benefits	Miscellaneous	Positions		NP
										PFT	PPT	
<b>Reverse MH Trust: Crisis Now Continuum of Care Grants</b>												
1037 GF/MH	OTI	-900.0	0.0	0.0	0.0	0.0	0.0	-900.0	0.0	0	0	0
<p>The Crisis Now system is a best practice framework for developing and implementing crisis stabilization services for people experiencing a behavioral health crisis. The Mental Health Trust Authority works with various departments within the state and community partners to stand-up this system of care in Fairbanks, Mat-Su, Anchorage, and Juneau. These care grants will be awarded to entities that are partnering with the community to provide less restrictive options for people having a behavioral health crisis. Currently, law enforcement agencies and/or emergency medical services are the typical responders to these individuals in crisis. These system care grants will unify community partners and develop a Crisis Now system of care with trained behavioral health professionals meeting the needs of Alaskans having a behavioral health crisis instead of law enforcement and/or emergency medical services.</p> <p>This program will be housed and administered in Behavioral Health Treatment and Recovery Grants.</p>												
<b>Reverse ARPA Substance Abuse Block Grant Funding Sec67(m) Ch11 SLA2022 P177 L8 (HB281) (FY23-FY24)</b>												
1265 COVID Fed	OTI	-4,598.4	0.0	0.0	-1,634.6	0.0	0.0	-2,963.8	0.0	0	0	0
Reverse one-time federal authority for funding received from the American Rescue Plan of 2021 (P.L. 117-2).												
<b>Reverse ARPA Mental Health Treatment Funding Sec67(j) Ch11 SLA2022 P176 L23 (HB281) (FY23-FY24)</b>												
1265 COVID Fed	OTI	-3,038.0	0.0	0.0	-1,444.4	0.0	0.0	-1,593.6	0.0	0	0	0
Reverse one-time federal authority for funding received from the American Rescue Plan of 2021 (P.L. 117-2).												
<b>Totals</b>		<b>7,692.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>7,692.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>

**Line Item Detail (1676)**  
**Department of Health & Social Services**  
**Services**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

<b>Line Number</b>	<b>Line Name</b>		<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
3000	Services		107.6	0.0	0.0
<b>Object Class</b>	<b>Servicing Agency</b>	<b>Explanation</b>	<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
<b>3000 Services Detail Totals</b>			<b>107.6</b>	<b>0.0</b>	<b>0.0</b>
3005	Health Services	ARPA Grants for the Prevention and Early Intervention of Alcohol and Other Substance Abuse	107.6	0.0	0.0



**Line Item Detail (1676)**  
**Department of Health & Social Services**  
**Grants, Benefits**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

Line Number	Line Name		FY2022 Actuals	FY2023 Management Plan	FY2024 Governor
7000	Grants, Benefits		6,400.9	0.0	0.0
Object Class	Servicing Agency	Explanation	FY2022 Actuals	FY2023 Management Plan	FY2024 Governor
		<b>7000 Grants, Benefits Detail Totals</b>	<b>6,400.9</b>	<b>0.0</b>	<b>0.0</b>
7002	Benefits	Benefits	551.6	0.0	0.0
7003	Sub-Recipient Pass-Through Grants	Provider Agreements for Fetal Alcohol Syndrome Diagnostic and case management teams and Prevention and Early Intervention grants to grantees in rural and urban communities	5,849.3	0.0	0.0

**Line Item Detail (1676)**

**Department of Health**

**Services**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

<b>Line Number</b>	<b>Line Name</b>		<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
3000	Services		0.0	3,079.0	0.0
<b>Object Class</b>	<b>Servicing Agency</b>	<b>Explanation</b>	<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
<b>3000 Services Detail Totals</b>			<b>0.0</b>	<b>3,079.0</b>	<b>0.0</b>
3005	Health Services	ARPA Grants for the Prevention and Early Intervention of Alcohol and Other Substance Abuse	0.0	1,444.4	0.0
3005	Health Services	ARPA Mental Health Treatment and Substance Abuse Block Grant Funding	0.0	1,634.6	0.0

**Line Item Detail (1676)**

**Department of Health**

**Grants, Benefits**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

<b>Line Number</b>	<b>Line Name</b>		<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
7000	Grants, Benefits		0.0	13,149.4	7,692.0
<b>Object Class</b>	<b>Servicing Agency</b>	<b>Explanation</b>	<b>FY2022 Actuals</b>	<b>FY2023 Management Plan</b>	<b>FY2024 Governor</b>
		<b>7000 Grants, Benefits Detail Totals</b>	<b>0.0</b>	<b>13,149.4</b>	<b>7,692.0</b>
7001	Grants	ARPA Mental Health Treatment and Substance Abuse Block Grant Funding	0.0	2,963.8	0.0
7002	Benefits	Benefits	0.0	551.6	696.7
7003	Sub-Recipient Pass-Through Grants	Provider Agreements for Fetal Alcohol Syndrome Diagnostic and case management teams and Prevention and Early Intervention grants to grantees in rural and urban communities	0.0	9,634.0	6,995.3

**Revenue Detail (1681)**  
**Department of Health & Social Services**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

Revenue Type (OMB Fund Code) Revenue Source	Component	Comment	FY2022 Actuals	FY2023 Management Plan	FY2024 Governor
<b>5002 Fed Rcpts (1002 Fed Rcpts)</b>			<b>1,648.9</b>	<b>0.0</b>	<b>0.0</b>
5019 Federal - Miscellaneous Grants		SAMHSA Grants, including: Strategic Prevention Framework Partnership for Success Grant, Project Hope Grant, as well as Substance Abuse Block Grant funding	1,648.9	0.0	0.0
<b>5265 COVID Fed (1265 COVID Fed)</b>			<b>107.6</b>	<b>0.0</b>	<b>0.0</b>
5028 Federal COVID Stimulus - Miscellaneous Grants		ARPA Mental Health Treatment	107.6	0.0	0.0

**Revenue Detail (1681)**  
**Department of Health**

**Component:** Behavioral Health Prevention and Early Intervention Grants (3098)

Revenue Type (OMB Fund Code) Revenue Source	Component	Comment	FY2022 Actuals	FY2023 Management Plan	FY2024 Governor
<b>5002 Fed Rcpts (1002 Fed Rcpts)</b>			<b>0.0</b>	<b>3,055.0</b>	<b>3,055.0</b>
5019 Federal - Miscellaneous Grants		SAMHSA Grants, including: Strategic Prevention Framework Partnership for Success Grant, Project Hope Grant, as well as Substance Abuse Block Grant funding	0.0	3,055.0	3,055.0
<b>5265 COVID Fed (1265 COVID Fed)</b>			<b>0.0</b>	<b>7,636.4</b>	<b>0.0</b>
5028 Federal COVID Stimulus - Miscellaneous Grants		ARPA Mental Health Treatment	0.0	3,038.0	0.0
5028 Federal COVID Stimulus - Miscellaneous Grants		ARPA Substance Abuse Block Grant	0.0	4,598.4	0.0
<b>6037 GF/MH (1037 GF/MH)</b>			<b>0.0</b>	<b>1,975.0</b>	<b>1,075.0</b>
6122 General Fund Mental Health - Prior Year Reimbursement Recvry		Prior year reimbursement	0.0	1,975.0	1,075.0
<b>6180 Alcohol Fd (1180 Alcohol Fd)</b>			<b>0.0</b>	<b>3,562.0</b>	<b>3,562.0</b>
6826 Alcohol/Drug Abuse Treat/Prvntn Fnd-PY Reimbursement Recovry		Alcohol Tax revenue promoting alcohol and other drug prevention initiatives, rural human services grants, and Alaskans affected by Fetal Alcohol Spectrum Disorder	0.0	3,562.0	3,562.0